



VOLUME XIII

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Potomac Valley Skiers, Inc.

AUGUST 1977

WASHINGTON

MARYLAND

VIRGINIA

PRESIDENT'S MESSAGE

What a summer it has been so far for P V S! After a turnout of some fifty (50) people at Jack Hadler's summer cottage on Chesapeake Bay during the month of June, we then improved on that with the largest turnout P V S has EVER had at any Event with some seventy-six (76) hungry and hot members and guests at the Elrod's Steak and Swim Event in July. Also, we sponsored three mixed doubles tennis teams in the July 16th Second Annual Blue Ridge Ski Council Tennis Tournament which drew a small but vocal P V S cheering squad to cheer the participants on. Incidentally, CONGRATULATIONS to Werner Koch and Connie Jo Worley who won the tournament (and first place plaque) in the name of P V S! The Club officers and planners are very pleased to observe this obviously pleasing acceptance of the summer Events.

We certainly believe, and recommend, that our upcoming Events will be equally worthy as these recent past Events of your attendance. I would like to mention just a couple of these upcoming Events. The Dinner Dance (with live band) is tentatively scheduled for December 3rd. Put it on your calendar NOW! Anyone who was at the last Dinner Dance knows that it was one of the best P V S Events ever. We again plan to sign up that great live band INNER LIGHT. THEY ARE GOOD! Those who heard INNER LIGHT last year will expound on their quality presentation. Don't even THINK about missing this Event.

The representatives from our geographical area who sit on the Eastern Ski Association Board of Directors, Mr. Gene King and Mr. Whitey Willauer attended our most recent P V S EXCOM meeting. They presented the case for remaining within ESA pointing out that ESA is our only contact with organized skiing; the Olympics, lobbying, etc. They made a very strong and persuasive statement that P V S should remain in ESA and continue to participate within organized skiing. We have invited Gene and Whitey to attend our September meeting and participate in our Club wide discussion on the merits of remaining a 100% ESA Club. This will be worthwhile - don't miss it.

And, let's not forget about skiing! It is NOT too early to sign up for P V S's excellent out-of-country trips: two to Europe and one to Canada. In January, to the French Alps, in March to the mountains of Spain, and in March to Mt. Sutton, just nine miles deep into Canada. See our several notices on these Ski Trips.

And, remember our Membership drive. We are well underway, nearly fifty renewals already! Surely we all have skiing friends who are not members of P V S. Why not do them a favor and introduce them to P V S. Show them our newsletter, TOOT. We welcome all new members to P V S.

I hope to see you all as P V S goes canoeing down the Shenandoah this month.

Ray McKinley

Ray McKinley
President

EXCOM REPORT

The monthly EXCOM meeting was held at the home of Dick and Julie King with appropriate hors d'oeuvres and liquid refreshment (Ray McKinley's recipe for Sangria). Attending were: President Ray McKinley, Vice President Marilyn Clark, EXCOMers Pat Cope, Bill Hager, and Julie King, Membership Chairlady Gail Gell, TOOT Editor Dick King, Trip Leader Bob Wychoff and P V S members at large John Gable and Larry Pease. Also, at the invitation of President Ray McKinley, the two Directors of ESA from our area, Mr. Gene King and Mr. Whitey Willauer attended for a portion of the meeting.

The following items were discussed at this meeting:

1. Most of the business meeting was taken up by scheduling P V S meetings, activities and Events up to and including December of this year. The results of these discussions are reflected in the Coming Events column. It is noteworthy that we are continuing to plan more than one Meeting and Event per month. Given the successful turn-outs at this year's activities, we are happy to continue planning multiple Club Events for the benefit of the members.

2. A lengthy give and take discussion took place regarding the advantages/disadvantages of remaining a 100% ESA Club. ESA Directors Gene King and Whitey Willauer were present to add their voices and experience to this discussion. Nothing was resolved but the discussion was lively and educational. We encourage ALL P V S members to attend the September meeting where this subject will be discussed at length and Directors King and Willauer are expected to be present.

3. John Gable, P V S member and National Ski Patrolman, visited the EXCOM meeting to invite P V S members to share his enthusiasm for antique cars. John reports that there will be antique car gatherings on August 20th at LaPlata, Maryland and on October 15th at Rockville, Md. There will be a separate notice on the October 15th gathering^{on} which John wants to plan some PVS participation. Meanwhile, anyone interested can reach John at: H: 525-3595 or O: 426-3338.

4. Bob Wychoff presented a Treasurer's report (replacing his vivacious wife) stating that the Club had actually made a modest profit at the Elrod's Steak and Swim. The profit will remain in the Club funds to support Club costs.

4. Membership Chairlady Gail Gell reported that of last year's total of 112 members, she already had 42 renewals. That's a fine early return. Keep up the good work, members!

IMPORTANT NOTICES

IMPORTANT NOTICE # 1

TOOT has just learned with sadness of the death of P V S member Mary K Joyce (on August 1st). Mary K's funeral was held August 4th in Chess Cheshire, Connecticut. It is always with a feeling of great loss when a friend among us is taken away by death. TOOT wishes to officially express P V S's feeling of sympathy and loss to Mary K's surviving family. Mary K's obituary contained the following entry: Memorial contributions may be made to Cancer Research Fund, c/o Dr. Peter Wiernik, BCRC, 22 South Green Street, Baltimore, Maryland 21201.

IMPORTANT NOTICE # 2

Subject: EXCOM meetings. The last EXCOM meeting started one half hour earlier than has been done previously. The earlier start is very popular with those attending. Thus, it was agreed that future EXCOM meetings would also begin at 7:30 instead of 8:00 P.M. so that those attending could get home earlier than with the later starting time.

IMPORTANT NOTICE # 3

From President Ray McKinley. P V Sers - - we need your help! We are in need of several bodies (and also your minds) to help us with our expanding schedule of upcoming activities. After all, it is your Club, so why, just this once, don't you be one to help? Call Vice President Marilyn Clark (H: 978-9435 after 3:00 P.M.) or any EXCOM member to volunteer for one of the following exciting (?), stimulating (?) and necessary (YES) jobs:

A. Coordinator, October Wine and Cheese party. Before we can order the wine for this Event, we need to know how many people are coming. Thus, we need someone with a telephone who can collect the names of people planning to come and relay this total to the wine procurer.

B. Coordinator, Dinner Dance on December 3. Same duties as noted above.

C. Dinner Committee. We need 2 or 3 people to decide on the menu for the December Dinner Dance.

D. Trip Leaders. We need 2 or 3 people to run local trips this winter. EXCOM can help you with a lot of data. We particularly need someone with a knowledge of Elk Mountain.

E. Meeting Place. We need volunteers who can help find some meeting locations. Rooms which can hold 30 or 40 people are appropriate. Apartment party rooms or free public places are desired. Call Program Chairladies Sandie & Penny, 424-5707 ← 657-8863

INTERNATIONAL DINNER RECIPES

Continuing our popular inclusion of recipes from the May 1977 International Dinner, we have four more recipes this month: two Entrees and two desserts. RECIPES ARE PUBLISHED UPON RECEIPT FROM OWNERS!

Recipe # 7

PAELLA (Spanish Entree), by the Copes

Opening comment: Don does his by guess and by gorry — Really has no idea regarding amounts. But, here is the recipe as a starter:

Add 2 large pinches of Saffron to 5 cups of boiling chicken stock.
Reduce heat and hold at a simmer.
Saute: 6 pieces of chicken in 1/2 cup of Olive oil until nearly done.

Remove and keep warm.
Add: 2 crushed garlic cloves } Saute until
1 large chopped onion } transparent.

Add: 2 cups raw rice, cook until golden
1 quart of stock
1 chopped tomato
1 tea-spoon of salt
pepper
pimento
frozen peas
sliced chorizo sausage (or kielbasa)

Cover and simmer until done (add stock as necessary)
Remove cover for last few minutes.

Add: cooked chicken }
cooked lobster } Whatever you
cooked shrimp } feel
cooked mussells } you can afford!
cooked clams }

Recipe # 8

Ratatouille (French Entree), by Billie Pease

Olive oil
1/2 lb zucchini
1 medium eggplant
1/2 lb yellow onions
2 green peppers
2 cloves garlic, mashed
1 lb red ripe tomatos (due to season, I used a large can of Italian pear tomatos).
Olive oil, parsley, basil, salt & pepper

Instructions: Wash and slice zucchini in about 1/4 inch slices. Peel and cut eggplant lengthwise resembling fat frenchfries. Place in a bowl and toss with a teaspoon of salt. Let stand for 1/2 hour. Slice onions, cut peppers into

strips; and peel, seed and chop the tomatos, while squeezing out the juice. Dry zucchini and eggplant on paper towels. Saute in hot olive oil one layer at a time until lightly browned; then set aside. Saute onions and peppers slowly until almost tender. Add garlic, salt and pepper, and place tomatos on top. Simmer covered for about five minutes. Then remove cover and turn up heat to boil off almost all of the juices.

Place alternate layers of 1/3rd of each mixture into a casserole, sprinkling with parsley and a little basil. Baste with the olive oil and juices from the skillet. Place uncovered in a 325° oven for 15 minutes, then tip and baste again with juices.

It may now be served hot, or cooled down to room temperature. It is excellent re-heated later.

The most important thing is to NOT overcook, but to allow vegetables to retain their texture and character. The olive oil imparts its distinctive flavor.

Above adapted from "The Too Hot To Cook Book" by Julia Childs.

Recipe # 9

Rum Cake by Gail Gell

1/2 cup chopped pecans (or walnuts)
1 box Duncan Hines yellow cake mix
1 package instant vanilla pudding
1/2 cup rum
1/2 cup water
1/2 cup Wesson oil
4 eggs

1. Grease and flour angel food (or bundt) cake pan. Crumble nuts in bottom.

2. Put cake and pudding mixes in large bowl. Add rum, water, oil and eggs. Mix 2 minutes. Pour into cake pan. Bake at 325° for 50 - 60 minutes.

3. Remove from oven and immediately pour on hot rum mixture. Cool at least 30 minutes before removing from pan. Cake will be high and puffed up after baking but will gradually sink and become like a pound cake after hot rum mixture is poured on it.

4. Hot rum mixture:

1 cup sugar
1 stick margarine
1/4 cup rum
1/4 cup water

} put in saucepan and boil 2-3 minutes.

Recipe # 10

CheeseCake, by Peggy Burns

1 1/2 cups graham cracker crumbs } Mix together and
1/4 lb butter (1 stick) melted } line 10" springform
pan

2 lbs cream cheese
4 eggs, separated
1 cup sugar (and 2 tablespoons)
1 teaspoon vanilla

1 pint sour cream } Mix together for
2 tablespoons sugar } the topping
1 teaspoon vanilla }

Beat egg whites until soft peaks form. Gradually beat in 2 T sugar until stiff. (Refrigerate). Beat egg yolks in a large bowl until light yellow color. Add 1 cup sugar, vanilla and cream cheese cut into cubes. Beat until smooth. Fold in beaten egg whites. Pour into crumblined springform pan. Bake at 350° (not pre-heated) for 45 minutes. Remove cake from oven and allow to "rest" for five minutes. Spread sour cream topping mix over cheesecake and return to oven and bake another 15 minutes at 475°.

Cool cake in pan and refrigerate for at least several hours before serving.

Serves 10 to 12.

JULY EVENT REPORT - The Elrod's Steak and Swim

Another GREAT time at Roy and Malda's house. And, SEVENTY-SIX bodies attended! Men, women and children, including some 10 or a dozen guests were there - all to turn a hot and humid city day into a cool and refreshing swim (and steak) at the Elrod's backyard pool. From 2 'til dark, the collected humanity cooled off with frequent dips and enjoyed one (or more) of the succulent steaks (Roy cooked up 65 of them) prepared by our hot but patient host. Our thanks again go to our hosts (and assisting D. C. area coordinators) who helped make this Event another GREAT success. Roy attributes the large turnout as being a result of having a Sunday Event vs a Saturday Event. Either way, it was pleasing to see this large turnout; and all that while our absent President was playing hookey on the high seas (how's that sunburn doing, Ray?).

JULY EVENT REPORT - The 2nd Annual BRSC Tennis Tournament

Held this year at the White Marsh Recreational Center in Bowie, Maryland, the BRSC Tennis Tournament was a successful afternoon and evening event. Six BRSC member clubs participated: the host club from Annapolis, Crabtowne SC, P V S, SCWDC, Baltimore SC, Richmond SC and the Goddard Ski Club. Afternoon free time and lesson time was filled to capacity. Hot dogs and hamburgers and drinks were served from noon 'til 2, and from 5 'til 7. And the highlight of the day was the Mixed Doubles competition which began at 5 P.M. and extended until after 11 P.M.!

AND, the WINNERS of the Mixed Doubles were Werner Koch and Connie Jo Worley representing P V S! In the final match, Werner and Connie Jo were matched against a top team from SCWDC (after defeating a Baltimore SC team and another SCWDC team) and managed to come thru with a solid and resounding win. P V S extends its sincere congratulations to these two good tennis players. We hope we will see the plaque awarded by BRSC to these winners.

AUGUST EVENT REPORT

A Picnic At Lake Barcroft, With The Burnses

For the second year in a row, Kirk and Peggy Burns hosted an informal gathering of hot and dusty travellers who ventured into the wilds of northern Virginia wending their way to the local watering hole known as Lake Barcroft. And what did the forty plus adventurers find? A lovely home with an expansive backyard which borders on the edge of a cool pleasant small lake with picnic tables and a delightful watered slide which occupied the children (and some adults, right, Penny?) for most of the afternoon and into the evening. An afternoon shower did nothing more to the group than cause an early return to the rec room for a short period of singing and conversation. The shower soon faded and the group of P V S ers plus several pleasant guests with an abundant number of young-uns returned to the water like it was magnetized. Everyone brought their own picnic and everyone had a pleasant relaxed time. Aina Thomas took the opportunity to warn all about the dangers of overexposure to the sun - which is truly a danger to all humans. Here, there are excellent shade trees, a cooling lake for swimming, and even a row boat for excursions out onto the lake. All in all, a wonderful time was had by all; and TOOT thanks Kirk and Peggy for opening their homeland (and water) to P V S!

COMING EVENTS

- Aug 20 - The August Event. Canoeing on the Shenandoah. See separate notice.
- Aug 23 - EXCOM Meeting. 7:30 P.M. At Bob and Jan Marx's home. A notice and map will be sent to attending officers.
- Sept 17 - P V S will participate in a "Ski Swap" being hosted by the Alpine Ski Shop in Oakton, Virginia from which a percentage of the take will be donated to the National Ski Patrol. All those with equipment to sell on swap are encouraged to participate in this Event - which benefits both YOU and the NSPS. Call the Alpine Ski Shop for full details.
- Sept 20 - The first P V S meeting of the 77-78 season. An especially GOOD meeting is planned. It will be a "Ski Clinic" to be held at the New Mark Commons Rec hall (thanks again to Bill and Elke Stecher). Our usual meeting time is 8:00 P.M. but those who come early may get a jump on their fellow P V S members in getting their own equipment "tuned up" for the coming season. Come early and join the fun. There will also be a full meeting discussion on the advantages/disadvantages of remaining as a 100% ESA club. This should lead to a lively discussion, so come early - and stay late!
- Oct 15 - The Antique Car Show at the Rockville Civic Center. John Gable is the trip leader. See EXCOM report. Separate notice will be published next month.
- Oct 18 - The regular monthly P V S meeting. A Wine and Cheese meeting. The detailed notice will be published in next month's TOOT. We hope to hold it at the same locale as last year's (that is, the President Monroe House at 2017 "Eye" Street N.W. on the triangle near Pennsylvania Avenue and 18th St. Northwest.
- Oct 28 - A Halloween Square Dance-Costume Party. There will be a live square-dance caller, and possibly a hay ride! Hosts will be Gerry and Sandie Deighton. Details in a later issue of TOOT.

- Nov 12 - The "Gold Mine" Event! A new P V S Event. It is being run by the Jim Slack/Mary Ward combo and should be a good occasion for getting in shape for the coming skiing season. More details on this event in a future issue of TOOT.
- Nov 15 - The November P V S monthly meeting. This will be a ski movie meeting. Place and time will be announced later.
- Dec 3 - A Dinner-Dance party. See the President's Message. It's not yet confirmed, but we hope to use the rec hall at the New Mark Commons again. A later notice will be published regarding this event.
- Dec 20 - The December P V S monthly meeting. It will be our annual Christmas Party at Mike and Penny Wiederhold's home. More details in a later issue of TOOT.

AUGUST EVENT CANOE THE SHENANDOAH!

When: August 20th
 Where: We meet at Bealers Ferry Recreation Area, ten miles from Luray, Virginia at 9:00 A.M. at the assembly point (maps and directions will be available to those signing up). Don't be late - YOU'LL MISS THE CANOE! Ground transport will take us to the "put-in" point, 4 to 6 hours going down river, then ground transport will take us back to the assembly point. Those who choose to will camp there overnight. If you decide to do this, you will need to bring your own camping equipment. Reservations MUST be made early. Call Gerry Deighton at home: 424-5707. At this printing, there are over a dozen signed up. SIGN UP NOW and join one of the most pleasant adventures that P V S has ever enjoyed in the past.

Anyone interested in Fall Fairs? Here's a schedule:

STATE AND COUNTY FAIRS

MARYLAND FAIRS: Cumberland Fair, Aug. 1-6; Carroll County Fair, Aug. 7-6; Hagerstown Fair, Aug. 8-13; Somerset County Fair, Aug. 9-13; Prince Georges County Fair, Aug. 9-14; Queen Anns City Fair, Aug. 10-12; Howard County Fair, Aug. 15-20; Maryland State Fair, Aug. 28 - Sept. 6; Garrett County Fair, Aug. 8-13; Montgomery County Fair (Gaithersburg), Aug. 22-27.
 Maryland Fair Information, (301) 269-3517.
 VIRGINIA STATE FAIRS: Frederick County Youth Fair (Winchester), Aug. 8-13; Prince William County Fair, Manassas, Aug. 15-20; Warren County Fair, Front Royal, Aug. 15-20; Page Valley Fair, (Germany), Aug. 22-27; Shenandoah County Fair, (Woodstock), Aug. 28-Sept. 3; Frederickburg Fair, Aug. 29-Sept. 3.
 Virginia Fair Information, 293-3350.

SKI TRIPS - 1978

Jan 19 to Feb 5: SKI THE RIVIERA! A ski trip to Southern France. Trip leaders: Bob and Margaret Wyckoff. See separate notice included with this issue of TOOT.

March 2 to 17: SKI IN SPAIN! Bob Grasley sends the following brief report on the P V S Spanish Ski Safari. The trip is nearly half full. A recent devaluation of the Spanish peseta means that our American dollars will be worth about 20% more in Spain. A separate flyer notice will be included in the next issue of TOOT. It will give complete details on the trip. For more information now on the trip, call Bob at: evenings - (301) 460-3167
days - (301) 953-7100, EXT 7577.

March (second or third week) A WEEK AT MT SUTTON, CANADA. Trip leader is Gerry Deighton. This is such a delightful trip that many of the regulars are already signed up for next year. Call Gerry early (424-5707) to be sure you get in on this one. It will be via private transportation but, once you are parked, you don't need to drive again until you leave! It is a good mountain, especially when it has SNOW! See you all there!

TOOT TIDBITS P-V Sers seen in attendance at the BRSC Second Annual Tennis Tournament to cheer on the P V S entries in the Mixed Doubles matches were Hank and Aina Thomas (who said she cracked the window with her enthusiastic applause?); Aase Berling (who is spending the month of August in Norway), and Jim Pinsham - among others. Summer vacations are upon us; and P V S Events are off to distant shores and seas. But, for those of us here, there are abundant P V S Events to share so take advantage of them. We hope to see you all out at one or more of them. We are including with this issue of TOOT an updated membership listing (being sent to members, only).

CLUB OFFICERS

President : Ray McKinley
Vice President : Marilyn Clark
Secretary : Geoff' Wadey
Treasurer : Margaret Wyckoff
Membership : Gail Gell
Program :
Co-Chairladies : Sandie Deighton and
TOOT Editors : Dick and Julie King
Activities :
Answering Service : Brooke and Mary Armat
(Telephone 362-4724)

EXCOM:
(Second Term): Pat Cope
Gerry Deighton
Penny Richards
(First Term) : Bill Hagen
Julie King
Bob Marx
(Ex-Officio) : Geoff' Wadey