



Vol. VIII No. 2

POTOMAC VALLEY SKIERS

Feb-March 1972

FEB MEETING AT NEW MARK COMMONS CLUB HOUSE

Feb. 15th - 8:00 pm come see & hear about Purgatory. Larry Tew will be our guest. Here's how to get to the meeting: take 70S North to Montrose Rd. exit and turn left across 70S and follow to Seven Locks Rd. Turn right at traffic light (Seven Locks & Falls Road). Turn right again (first stop sign), cross 70S again and take the first right (Maryland Avenue) and first right again (Potomac Valley Road) follow to end to New Mark Esplanade and the club house.

MARCH MEETING AT MARINA TOWERS

Save the 3rd Tues. - March 21st. See you at 8 pm at Marina Towers in Alexandria. Marina Towers is located at 501 Slaters Lane on the Potomac just south of National Airport. To get there from the North take George Washington Parkway past the Airport and the sailing marina and take the first diagonal right to traffic light. Turn left on green arrow and cross the Parkway to Marina Towers. From the South go through Alexandria on Washington St. past the Hot Shoppes on the right. Take the 2nd right (the 1st diagonal right) and go to the 2nd stop light and turn right to the apartment building. Turn only from the inside lanes as there are no turns from the Parkway).

SKI-O-REE RESCHEDULED FOR MARCH 4-5

The planned ski-o-ree weekend of Jan. 29-30 was cancelled due to lack of snow. The reschedule date is March 4-5. Gerry/Sandie Deighton (424-5707) are now taking reservations for this event. Our accommodations will be the same at the Hotel Bedford, with rooms being \$9.00 - \$10.00 per night. We must give the hotel a head count by Feb. 15th., so call Deightons now.

FEBRUARY WISP TRIPS

As this "TOOT" goes to press, the first Wisp Weekenders are about to depart. Cars have ski racks on them and all gased up; the menus printed & food purchased; snow report looks promising & so we say: "Good Skiing!"

PRESIDENTS MESSAGE:

It has been a long six year battle. You ask - 'What is he talking about?'. Well I'll tell you. Since our inception we have met in many different places, in many areas, and at various times.. Many of us have looked for a suitable 'meeting place'. We must abandon our alternate Md-Va meeting sequence as it does not make for stability and who can plan ahead not knowing in which state the next meeting is. I am asking everyone to ask themselves if they know of any place that might be suitable for us. What we need is a hall or room large enough to hold about 100 people; a refrigerator handy for beer & soft drinks; cost us at most \$25 per meeting. Have ample lighted parking; be easily reached by major roads; and be in the north Arlington, McLean or southern Bethesda area. This could be a bar, restaurant, fraternity hall, fire hall, who knows. CAN YOU HELP THE CLUB FIND A HOME?

PVS KEEPS GROWING

Welcome - welcome - welcome to LeRoy Hebbard, our newest applicant member. This makes our membership 95 strong. Please make the following addition to your '72 Roster.

HEBBARD, Leroy B., Jr. @
7507 Toll Court
Alexandria, Va. 22306
H: 768-7502
O: 436-1004

MEMBERSHIP CARDS BEING PRINTED:

For all members who do not yet have their official membership cards - hear ye hear ye - they'll be hot off the press and available at Feb meeting.

NEW MEMBERSHIP LIST AVAILABLE

For those members who did not get their copy of the Jan. meeting, membership lists will be available at the Feb. meeting. If you are unable to get yours at the meetings, call Keith Lyon (941-5018). Also please let Keith know of any wrong information so it can be corrected.

A NEW SKI AREA - MASSANUTTEN

A new ski area is presently being jointly developed by Del E. Webb Corp. & a group of Virginia investors. It's name is Massanutten and is located near Harrisonburg, Virginia. Phase I, ready for public use next season will consist of four chair lifts & one J-Bar. In addition to the runs 5,200 acres are being developed as a ski-golf oriented planned community. Both condominium & single family sites are planned. For more info contact Charley W. Buster, P.O. Box 1227, Harrisonburg, Va. 22801; phone 703-289-2711.

ASPEN SKI HOLIDAY

Anyone interested in skiing Aspen March 11-18, 1972 for \$222.00/person including transportation, 7 nights accomodations, & continental breakfast; contact Miss Helen Korba, pres. Parklawn Ski Club - phone 443-2160.

MEMBER NEWS

Skiing looks now like it really getting underway. Trips in various directions are being planned and the muscles are getting loosened. Here's some of the grapevine news: Jan 29 & 30 saw CLARK, JAN, CHERYL, DANA & KEVIN HOLMES with their Winnebago at Charnita; DON MEEK gave Wisn a workout on Sat. the 29th and then travelled to Mt. Canaan in W. Va. for Sun. the 30th where he saw fellow members LARRY PEASE and BOB & MARY ROGG. Meanwhile the weekend representatives to Blue Knob were RICHARD & BARBARA CAVANAGH and their 3 children. Other members have seen activity on more distant slopes. DON McBRIDE happened to be on work assignment to Los Alamos (the AEC weapons lab near Santa Fe) so he got some runs in on the community area of Parajaito. BOB GELL also was sent to New Mexico for a workshop in Hobbs, so he zipped up to Ruidoso, N.M. to experience excellent conditions at Sierra Blanca ski area. The week of Jan 17-21 saw RALPH ANDERSON in temperatures from -20 to +40 and weather from rain to blizzard at Sugarloaf Mt. in Maine. The conditions varied from ice to powder, the costs reasonable, and people wonderful; a return trip is being planned ASAP.

ED. NOTE: our grapevine needs more grapes so give a ring or drop a line.

FOR YOUR INFORMATION

Many Injuries Linked To Ski-Boot Friction

Hospital Tribune Report

SNOWMASS-AT-ASPEN, COLO.—The single most serious cause of ski injuries is the friction between boot and ski, according to Gordon C. Lipe, a ski equipment consultant of Skaneateles, N.Y.

Noting that the ski injury rate is 35,000 lower-extremity fractures a year, he said that "we can no longer tolerate the crude mechanisms for linking the boot to the ski."

Of more than 50 brands of releasable bindings on the market, "only about 10 would meet a minimum set of standards which, by the way, are nonexistent. . . . To be blunt, we know of no one releasable binding that fulfills the intended purpose," he told a meeting sponsored by the American Academy of Orthopaedic Surgeons.

Mr. Lipe predicted that the incidence of skiing injuries could be "significantly" reduced by the use of releasable bindings with mechanical antifriction devices properly installed to allow the units to function.

The bindings of the "near future," he said, will have the following advantages not presently available: the ability to maintain constant margins of retention and safety in any situation or skier attitude, simplicity of design; adaptable to any type boot and ski, easy to properly install, readily adjustable to boot size, and available in predetermined ranges of use with restricted adjustment for tension within the range of use.

Mr. Lipe warned that present bindings are too often placed at the wrong location in the ski—too far forward or backward—and that the skier wearing a size-6 boot needs a different location than one wearing a size-12.