



CALENDAR OF EVENTS

- Sept. 19 PVS Meeting at Grosvenor Apartments
- Sept. 25 Excom Meeting at Pete Lang's
- Oct. 17 PVS Meeting at Marina Tower - Wine Tasting
- Oct. 25 Excom Meeting at Kirk Burns'
- Nov. 21 PVS Meeting at the Iam's
- Nov. 22 Four day Thanksgiving trip to Killington
Trip Leader: Pete Lang
- Dec. 9-10 Seven Springs Ski Trip Leader: Kirk Burns
- Dec. 12 PVS Meeting, site to be determined
- Jan. 12-14 Wisp Ski Trip Trip Leaders: Gerry and Sandie Deighton
- Jan. 16 PVS Meeting, site to be determined
- Feb. 3-10 Sutton, Quebec Ski Trip Trip Leaders: Gerry and Sandie Deighton
- Feb. 16-18 Avoriaz and Tigne, France Ski Trip
- Mar. 4 Leaders: Bob and Margaret Wyckoff
- Feb. 20 PVS Meeting, site to be determined
- Mar. 3-4 Ski-O-Ree, Canaan Valley Trip Leaders: Gerry and Sandie Deighton
- Mar. 20 PVS Meeting, site to be determined
- Mar. 24-25 Possible Seven Springs Ski Trip repeat
Trip Leader: Kirk Burns
- Apr. 17 PVS Meeting, site to be determined

SEPTEMBER PVS MEETING

The September PVS meeting will be held Tuesday, September 19 at Grosvenor Park Apartments, site of the August meeting. (See the August FOOT for map and directions.) The meeting will feature Simon Carmel, who will show a film and speak on ski touring. Why not bring your '73 dues to the meeting? Fees are Active \$10; Spouse \$8; Junior \$3; Absentee \$5; and Absentee Spouse \$4.

SKI TRIP INFORMATION

This winter PVS'ers are in for a fine selection of ski trips at Bargain rates. Your trip leaders are doing a superb job of planning these trips, and it will be a memorable winter for those of us fortunate to participate. On all trips PVS members will be given first choice and reduced rates (except for the European flights). However, after a reasonable sign-up period, vacancies will be offered to non PVS skiers. Our hopes, of course, are that these trips will be filled with PVS members and their friends. The message here is clear: don't procrastinate; sign up now. Contact the trip leaders for details and come to the meetings to hear more and to meet your trip companions.

- Keith W. Lyon

CONGRATULATIONS

- To Trudy and Mike Santoro on the birth of their son, John Michael, August 1, 1972.
- To Bruce Harstad, NASTAR Silver Medalist, Blue Knob, January 11, 1970.
- To Ron Broadhurst, NASTAR Bronze Medalist, Cannon Mountain, March, 1972.

We must have more NASTAR racers. If you've qualified, send in your name for the NASTAR Honor Roll.

SPECIAL EARLY SEVEN SPRINGS WEEKEND - Fri. Dec. 8 to Sun. Dec. 10. Look what you get for only \$33.00: Lodging at the slopes Fri. and Sat. nights; pool privileges; all lift tickets; day and night skiing; parties nightly with up to three dance and rock groups; use of recreation room; sauna baths; meals except lunch; etc. etc. etc. This is the way for beginners to get started and for the rest of us to make the most of an all too short season. Ski boots and poles are available at the special group rate of \$9.00; ski lessons for just \$4.00.

Send a deposit of \$15.00 NOW to Kirk Burns, 6503 Waterway Drive, Falls Church, Va. 22044 (phone 256-4443). PVSers have first priority until November 1, but the trip is filling fast...Aase Berling, Thelma Belloli, the Steckers, Burns, Wyckoffs and Cavanaghs all have signed up ahead of you, so don't delay.

EDITOR'S CHOICE - SKI TOURING

Following is an excerpt from Loon Mountain Ski School's Ski Touring Information regarding touring equipment:

While cross country skis, bindings and boots can be used, it is highly recommended to use Ski Touring equipment. Touring boots are a little sturdier than the ones used for cross country but can also be used for hiking. Touring skis are slightly heavier but more satisfactory on trails and packed snow. Many ski tourers prefer skis with steel edges which can also be used for Ski Mountaineering; they provide a better grip on ice. Many old, forgotten wooden skis have found new use. Any kind of ski poles can be used, but bamboo cross country poles are preferable because they are longer and lighter than downhill poles. Mittens, goggles for sun glare, any kind of ski pants or jeans or knickers and stockings and a lightweight jacket will complete your outfit.

Standard slalom or downhill skis may be used provided they are fitted with bindings which permit the boot heel to rise off the ski so that it will glide on the snow without being lifted.

Old bear-traps are satisfactory for general cross country touring as are Sylva's JOFA bindings, Model 370-64. For a good touring and mountaineering binding consider the RAMY SECURUS with a front throw safety cable. There is a Kandahar Super Touring which is very good, but available only in Switzerland. A Kandahar Attachment or a MARKER Steckbacken will convert any cable binding to ski touring.

Want to learn more about this fast-growing sport? Come hear Simon Carmel at the September PVS meeting.

This Year Plan to Ski Sutton!

The dates are February 4-11. The cost \$105.00 for members. \$115.00 for non-members. Now here are the details. The price includes 7 nights lodging, 3 meals/day, 7 days of lifts and carpooling transportation. The accommodations are two neighboring ski chalets on the slopes of Sutton. Total capacity is 18. In addition to Sutton, 5 other areas are close by to ski. If you wish lessons, the cost is an additional \$23 for 4 hours/day of lessons. Reservations are being taken now - first come, first served. Call Garry/Sandie Brighton - 424-5701.