



VOLUME XXIV
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Potomac Valley Skiers, Inc.
WASHINGTON MARYLAND VIRGINIA

DECEMBER
1989

PRESIDENT'S MESSAGE :

Please pay special attention to the article in this issue of Toot addressing our ski interests for the 1991 ski season. The Trip Planning Committee did an excellent job in canvassing the membership and coming to an ideal trip schedule. My thanks to the Committee for a job well done.

We are planning to use this schedule in selecting the trips for our official 1991 PVS ski adventures. Prospective trip leaders will be asked to offer trips in accordance with the geographic location and dates included in the schedule. From these offerings we will select the best trips for sanctioning. The detailed trip evaluation criteria that will be used for the selection will be printed in the January issue of Toot.

Dick

Dick Comerford, President

MONTHLY

TUESDAY DECEMBER 19, 1989
8 P.M.

ANNUAL GLUHWEIN CHRISTMAS PARTY

MEETING

Hosted by Jean and Reg Heitchue
2146 Owls Cove Lane, Reston
Telephone: 860-9190

Contributions of your special goodies welcomed!

DIRECTIONS:

Take #495 to Tysons Corner where take Rte 7 to Reston. Make left turn onto Rte 606 - Baron Cameron. (Before the turn there's a large Reston sign on the right side of the highway.) Take a left turn at the first light onto Whiele Avenue.*Continue to deadend, turn left onto Sunrise Valley Dr. At top of hill turn right at 1st traffic light onto South Lakes Dr. Go past shopping center on right and turn at first left onto Ridge Heights Rd. Take first right onto Owl's Cove Lane, go to end and park in cul-de-sac. 2146 is at the bottom of steep driveway.

A faster way is by the Dulles Toll Road at \$1.50 round trip. For this route, take Beltway #495 to Virginia Exit 12 Dulles Toll Road, Rte 267. Pass through the toll booths, 50¢. Exit at #4, Whiele Ave, pay 25¢ toll. Turn left onto Whiele Avenue and proceed as directed above*



COMING EVENTS

WINTER STEAK & SWIM AT THE ELRODS'

JANUARY 6, 1990 - 2 P.M.

Swim, eat and imbibe in the cold of winter under the bubble of Malda and Roy Elrod's heated pool at their lovely new home in Triangle. Loll in the jacuzzi before adjourning to bask before the indoor fireplace while enjoying Roy's terrific steaks and the mouth-watering "addenda" contributed by the swimmers.

Contact Dot Mills to reserve and coordinate your contribution. Telephone: 527-5036.

Cost - approximately \$12 for steak, potables, the works--plus terrific ambience, etc.: Reservations limited to 25. Those making reservations will be responsible for the cost of their steaks unless cancellation is received by December 30.

DIRECTIONS: Take I-95 South to Richmond. Take Dumfries/Manassas exit for Route 234. Go L on 234, then R on old Route 1, then L on Virginia Route 1107 at the Triangle Plaza sign. Follow 1107 to a T-type dead end and bear R on Cabin Road. Continue on Cabin Road to 3100 Hemlock Point - last street on left. Phone: 703-221-4122.

DINNER AND/OR DANCING at BLOB'S PARK, JESSUP, MD.

JANUARY 27, 1990.

Admission: \$3:00. Dinner available from 7:30 p.m. 'til midnight.

Your choice from an authentic Bavarian menu.

Dancing: Polka, waltz, etc., from 7:30 p.m. to 1:00 a.m.

Coordinator: Mary Jane McCarthy. Call her at 949-3703 before January 20th. Leave message on tape.

Directions: Baltimore/Wash. Pkwy to Route 175 exit to the east. Look for Blob's Park sign immediately on your right.

SATURDAY MARCH 24th GOURMET WINE TASTING AT THE COPE'S

Limited attendance. Call Don Cope to reserve your space. Telephone: 836-5436.

Start getting in shape for this one!

— !! SKI TRIPS !! —

MONT SUTTON - January 14 - 21, 1990. Call Jack Peoples (301) 840-2213.

PVS ALPS Feb. 24 - Mar 11, 1990. Trip Full. Call the Felkers 703-931-6843

MONT TREMBLANT - February 11 - 26, 1990. Call Jack Peoples 301-840-2213.

KILLINGTON, VT. - March 11 - 16, 1990. Call Jack Peoples 301-840-2213

SEE NEXT PAGE

!! SKI TRIPS !!

WISP - JANUARY 13 - 15, 1990

CALL DINA TAYLOR FOR INFORMATION AND/OR RESERVATION. 301-663-6089.

WHISTLER MOUNTAIN, B.C. January 27 - February 4, 1990

CALL

NOW!

No
time
to
lose!!

Gorman Young invites you to join him for some fantastic skiing at the Number 2 ski area in North America - Whistler, Blackcombe, two mountains which converge at Whistler Village - each having over 5000' of vertical.

The price of \$1199, double occupancy, includes R.T. air and ground transportation, 7 nights at Hotel Blackcombe in Whistler Village (short walk to the lifts), 5 of 6 days all-mountain lift ticket, and a final night at Hotel Vancouver.

IF YOU WANT TO GO YOU MUST ACT IMMEDIATELY - **BEFORE DEC. 10th.** AFTER THAT, ALL RESERVATIONS WILL BE RELEASED BY "ANY MOUNTAIN TOURS", THE SPONSOR OF THE TRIP.

For details, call Gorman at 202-244-2319

CLUB MED AT COPPER MOUNTAIN, COLORADO - February 24 - March 4, 1990

Seven nights lodging slope side; seven days meals (3 a day); lifts; lessons; evening entertainment including dancing. Cost: about \$1000.

Each guest, called a G.M. (gentil membre), has a host, called a G.O. (gentil organisateur) who makes sure he is having fun (the G.M., that is).

Several PVSers plan to go. If interested, call Kirk Burns 256-4443.

UTAH POWDER - March 8, 1990

If you're not yet skied out by March 8, join Shirley Rettig and fellow skiers for a week in Utah, skiing the world's greatest powder. Shirley says, "We will be flying to Salt Lake City on a weekday to take advantage of lower airfares. The best fare so far is \$318 on Delta non-stop from Dulles.

"We will stay in the luxurious (?) Motel 6 conveniently located in downtown Salt Lake. Rates should be approximately \$25 single, \$30 double.

"We will rent a car for every four skiers and visit a different area every day."

If interested, call Shirley (703) 836-0147.

CANAAN VALLEY SKI-O-REE - February 2-4, 1990

It isn't too late. Call Jan Marx 451-9158.

Approximate cost per person: Single - \$172. Double - \$115. Quad - \$86.

Includes two nights, 3 meals and parties.

Cross country available where snow is.



THE KNEE

by

Ray McKinley

Last month I discussed raking leaves. That's over, now it's winter. Our first white Thanksgiving in 51 years! On Oct. 10th, Killington had its earliest opening ever and three different areas at Tahoe were open by Oct. 14. It all bodes well for the white stuff!

Earliest skier of the year was almost Pres Dick Comerford who, on a business trip to Colorado planned to ski Keystone Nov. 10. However, he had to return early to D.C. for a meeting.

So, it was PVS's Northern California contingent, Jim Slack and Mary Ward, who were first. They skied Mt Bachelor in Oregon on November 15. The Slack-Wards have a lovely 50 year old adobe house only 20 miles from the epicenter of the San Francisco earthquake. They were visiting in Mississippi during the quake and it was 2 tense days before they returned to California. They report no serious damage. Furniture was moved around; a few new cracks in the plaster; some overturned wine bottles but nothing broken.

Others early to the slopes will be the Wyckoffs who are off to a Disabled Skiers event at Breckenridge in early December. The Wyckoffs, incidentally, are recently back from the Southern Hemisphere. They and the Elrods spent a month in Equador and the Galapagos Islands. They sent me a postcard with a picture of a moustachioed seal on it. Despite their innuendos, I see no resemblance. Seals don't even have knees.

Bing Poon noticed that Karen Felker's shrimp recipe in last month's Cook's Corner called for Knox Gelatin. Perhaps we should check his finger-nails.

More on the sick and injured list: David Abraham is recovering from major heart surgery. He missed 6 weeks of work but hopes to ski this winter.

Tony Soler is home from the hospital recovering from cancer surgery. He's progressing slowly but surely. I always knew those "bear trap" bindings he wore for so long were bad for him.

Less seriously, Pres Dick is wearing a brace for a sprained wrist. He is also nursing several broken ribs and a gashed head. He says that doing a head plant from a bicycle hurts more than doing it in snow.

At a recent ExCom meeting, some wine was spilled on club Secretary Irene Farrell's minutes. One was observed that this time she did not need to read the minutes as they were already red.

Future planning: Jan Marx, Irene Farrell and Lu Beale recently scouted an interesting Little Devil Staircase/ Piney Branch Trail as a potential club hike in SNP. It's a challenge. You'll love it. Shape up!

Partially personal: it was wonderful to get a chance to talk to so many of you while working on the Trip Planning Committee. All five committee members found it a time-consuming task as it is impossible to have a short conversation with any PVSer about skiing.

Larry Pease made the season's first trip to Wisp on November 3. No he didn't ski, he was looking for lodging to rent for the winter months

Huey Roberts opted to go on the Chili Hike rather than attend a wedding. Could it be fear of catching the bouquet? Mary Jane McCarthy, on the other hand, recently attended a wedding rather than a PVS event. Sounds okay to the Knee - especially since the bride was Mary Jane's daughter.

More pre-ski vacations: Bill and Susan Brown just back from the Grand Canyon where Susan found the snow cover too sparse to ski down.

Pat and Don Cope spent 18 days in Portugal where they toured a Port Lodge as the only guests of the owner. They sampled some of the host's 1935 and 1890 vintage Ports. What Don and Pat won't suffer to prepare for a PVS wine tasting!

It is customary for ski magazines to run articles about ski areas having the best of this or that. Frank Shelburne proposes Mont Sutton for the best ice.

Ken Evans has recently taken off 60 pounds. Right on, Ken - or better, right off!

COOK'S CORNER



by

Nancy Garrett

-DECEMBER PARTIES-

For those small intimate parties, or the large ones for your office or ski club,

the following recipes are presented by popular request:

BETTY'S TEX-MEX DIP

Betty Comerford

On serving platter, layer as you go:

Layer 1. Mix together well:

- 1 (10 1/2 oz) can bean dip
- 1 (16 oz) can refried beans w/green chilies

Layer 2. Defrost and spread:

- 1 (6 oz) can frozen avocado dip (Mexican is a bit spicier)

Layer 3. Blend together and spread:

- 1 package Taco Seasoning Mix
- 3 Tablespoons mayonnaise
- 3 Tablespoons sour cream

Layer 4. Spread:

- Remainder of 8 oz. carton sour cream

Layer 5. Grate finely and sprinkle over last layer:

- 1/2 lb. Monterey Jack Cheese
- 1/2 lb. Colby Cheddar Cheese

Garnish with chopped black olives, finely chopped scallions, and/or chopped tomatoes. Serve with tortilla chips.

Betty reports that spreading the layers is really an art. Her method is to place several dollops of the mixture to be spread around the last layer and then gently smooth as best you can. This is always a hit at the Chili hike.

The following two recipes were eaten with much gusto at the October hike that ends at the Miller's Strasburg home.

BAR-B-Q CHICKEN

Your choice of chicken may be used in this recipe. Shahrads used thighs.

Lay chicken pieces side by side in baking dish. Cover with:

- 1 onion, chopped
- 1 lemon, squeezed over pieces

Cover with foil. Bake 350* for 1 hour.

You may prepare ahead to this point and chill until 1-2 hours prior to serving.

Mix together:

- 1 large Kraft Bar-B-Q sauce
- 1 1/2 cups brown sugar

Spread over chicken. Place under broiler, basting every minute or so, until brown and bubbly. Cover with foil to keep warm until ready to serve.

CALICO BEANS

Fry until crisp, then drain and crumble:

- 8 slices bacon

In baking drippings, saute until transparent, then drain:

- 4 medium onions, chopped

Mix onions and bacon with:

- 1 (15 oz) can green beans, drained
- 1 (15 oz) can white lima beans or butter beans, drained
- 1 (15 oz) can kidney beans, undrained
- 1 (1 lb. 14 oz) can B&M pork and beans, undrained

Combine and add to bean mixture:

- 3/4 cup dark brown sugar
- 1/2 cup vinegar
- 1/2 teaspoon garlic salt
- 1/2 teaspoon dry mustard
- Pepper to taste

Mix all ingredients well. Bake at 350* in uncovered 3-qt casserole for 1 hour. Mixture freezes nicely either before or after cooking. Feeds 12 - 16.

Dorothy Mason also used this recipe for hikes ending at their cabin. (PVS Cookbook - p 75.)

PAST EVENTS

SECRET BEDROOM PARADISE FOUND IN OAKTON, VIRGINIA by Lu Beale

On Tuesday, November 21st, some 55 PVSers met at the Oakton home of Ken and Myra Evans for munching, sipping, trip-planning, socializing and the annual inspection of what's new in ski equipment as presented by the Ski Center's Brian Eardley.

Heated boots - for as little (?) as \$289 were shown and recommended; weight balancing on the skis (especially for women) was emphasized as it was last year; and fabulous new, safer modes of binding releases were demonstrated.

A tour of the recently remodeled Evans' home, including a whole wing more or less dedicated to la dolce vita, was a highlight of the evening. Not to be missed was the whirl pool bathtub with adjacent fireplace, TV screen, tropical fish tank, and nearby wet bar. All of this in the BATHROOM, mind you. In the next room was a king-sized bed with water mattress on which a few of us bounced before checking out the walk-in, room-size closet and the exercise room.

Consensus: not a bad place for slope-tired and travel-worn skiers to come home to. And a splendid place for their ski friends to congregate. Many thanks, Ken and Myra, for once again hosting a PVS meeting and allowing us to enjoy your home.

CHILI CON SPORTI by Bette Walker

On November 18, a beautiful, cool, crisp day, 25 PVS stalwarts (led by Lu and Josie) began a 6-mile circuit hike in Virginia's Great Falls Park. Halfway along, the group split into cowards and heroes, the latter taking the more difficult path down to Difficult Run. The cowards then had the pleasure of watching the heroes and heroines make their way down a narrow, steep rock-mud- and leaf- strewn hill, some on two feet, some on a more stable part of the anatomy. The audience had the courtesy to withhold comment.

At the end of the trail, it was off to the home of Señor McKinley (who had donned sombrero and serape) to enjoy Tex-Mex hors d'oeuvres, some fiery, some just hot, all delicious; and Ray's famous chilis, one fiery, one just hot.

Fresh, cooling salads were offered and a selection of superb desserts which included Fumiko's famous cheesecake and Bill Anderson's pecan pies. (His recipe begins, "Take two very dry martinis ...")

An altogether athletically and gustatorially satisfying day! Thank you, Ray, for the warmth of your hospitality and your chili!

WASHINGTON SKI SHOW AT BALLSTON REPORT by Jan

The show had its second successful year at Ballston Commons. I give special thanks to our volunteers who helped the show help the handicapped groups. Lucky snowflakes to Jim Arnold, Dick, John, Bette and Huey.

CALENDAR

- Dec. 19 ... Christmas Gluhwein Party at the Heitchues'. 8 P.M.
 - Dec. 26 ... ExCom at Dot Mill's. 7:30 P.M.
 - Jan 6 ... Winter Steak&Swim at the Elrods'. See page 2.
 - Jan. 23 ... ExCom at Barbara Leonhardt's. 7:30 P.M.
 - Jan. 27 ... Dinner/Dancing at Blab's Park . See Page 2.
 - Jan. 30 ... Monthly Meeting at Aase Berling's.(5th Tuesday, not 3rd!)
 - Feb. 20 ... Monthly Meeting at Jack Peoples' home. 8 P.M.
 - Mar. 20 ... Monthly Meeting at the Marquardts' home. 8 P.M.
 - Mar. 24 ... Special Wine Tasting at the Copes. See page 2.
 - NOVEMBER 3, 1990 - 25th ANNIVERSARY DINNER.FT. MCNAIR OFFICERS' CLUB.
- *****



... Audi Ski Buddy. Wheel Stay Awhile!

In absence of the Knee at the last EX-COM meeting, a KNEECAP is called for.

Bill Anderson really laid out the Red Carpet for us...literally...down his front walk. Little did he know how hospitable he would have to be!

Following the meeting Marilyn thoughtfully moved her Audi behind Barbara's car in the driveway. She came into the house to retrieve her passengers, Jan, Jan's mom Ruth, and Myra. They piled in and Marilyn discovered that she could not turn the ignition key or get the front wheels unlocked. We even rolled into the street to see if the car liked it better on level ground. It didn't. So we pushed it back. Barbara

declined to drive over Bill's newly seeded lawn and new flagstone walk. So while we waited for Dick to come and apply his magic touch, we ate and drank some more, helped put food away, washed and dried the dishes, mopped the floor, washed windows...oops, I got a little carried away! The Audi would not respond to The Masters touch either, so we waited for the tow truck. Jan called Bob to check in and Ruth said her good-byes to him because she was leaving in the morning. In the middle of this, someone noticed Bill rolling up his red carpet and putting it away! Well, we couldn't have had a more pleasant place and company to wait out an unpleasant situation.

Jan & Bob Marx
8312 Oakford Drive
Springfield, Va. 22152

