

VOLUME XXIV *Potomac Valley Skiers, Inc.* FEBRUARY, 1989  
NUMBER 2 WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

Our Nominating Committee Chairwoman, Gail Pease, and her distinguished crew, present to PVS the following slate of officers for the April election:

One year term as President:

Dick Commerford

Two year term on the Executive Committee:

Dina Taylor

Bill Anderson

Myra Evans

Thanks Gail!

Those of you who are sponsors of Applicant Members, get those ducks...er, skiers...in a row and check to see if they are presentable to Marilyn by the March meeting.

GUESS WHAT IS 10 THIS MONTH!!! *Jan* Jan Marx, President

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MONTHLY MEETING TUESDAY, FEBRUARY 21, 1989  
8:00 P.M.

Where: Home of Bob and Jan Marx  
8312 Oakford Drive  
Springfield, Va. Tel: 451-9158

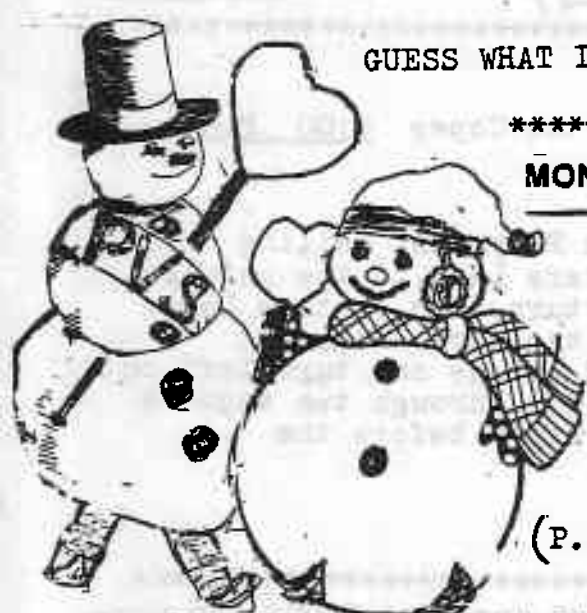
What: February Fun and Frolics with a Little Business Thrown in, all Accompanied by Appropriate Vittles and Potables.

(P.S. You better come 'cause Bob and Jan repainted the living room just for you! )

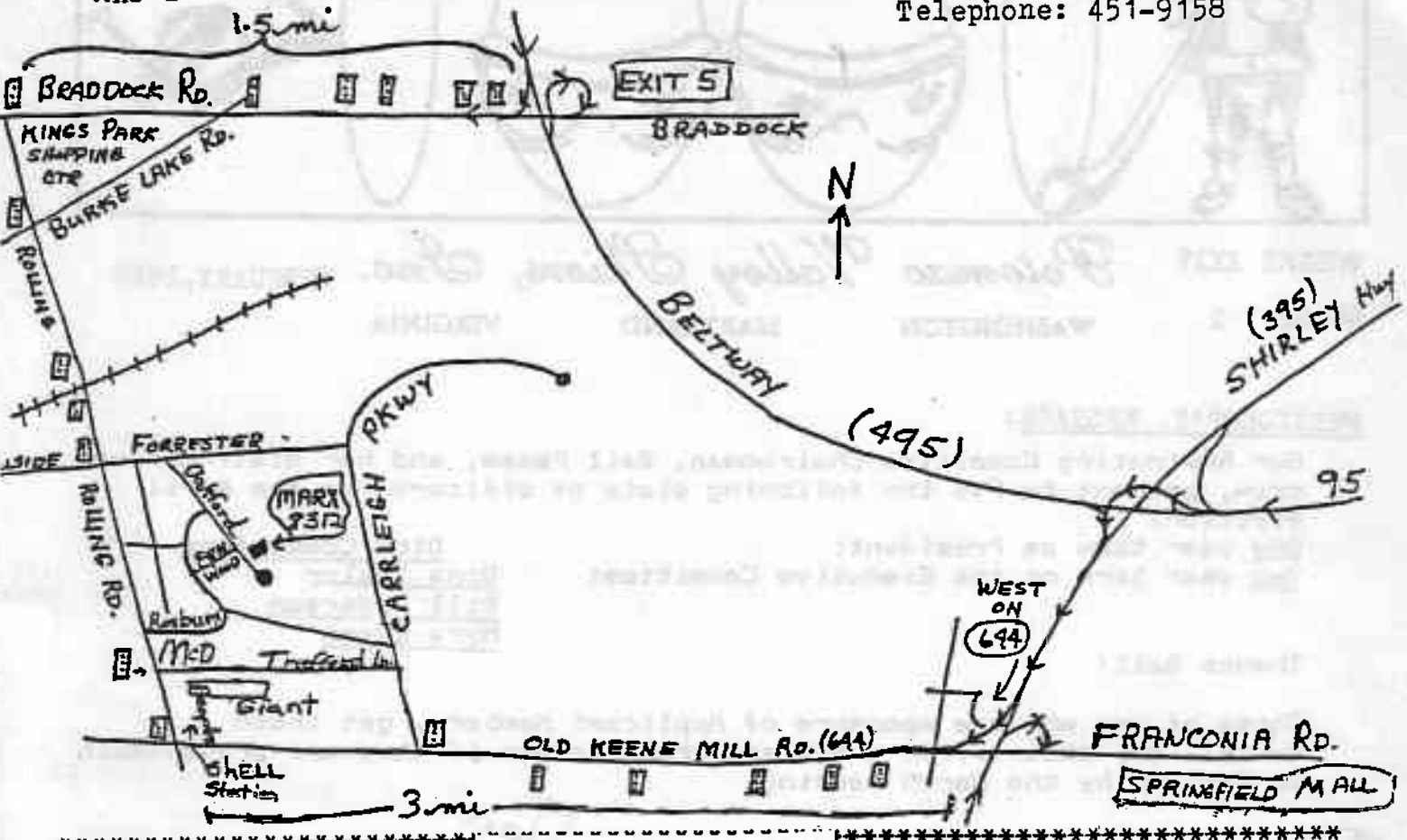
DIRECTIONS: From beltway: take Exit 5 West, Braddock Rd. Go to 5th traffic light and turn left onto Burke Lake Rd. At next light, turn left onto Rolling Rd. Go to 3rd traffic light and turn left onto Forrester Blvd (called Hillside on other side of Rolling Rd.). Take 2nd right onto Oakford Dr. (2 short blocks). We are after the deadend sign, on the left, cream and brown house, 8312.

From 95: Take Springfield Exit, West on Keene Mill Rd. Go to 7th traffic light (at Shell Station). Go past McDonalds and turn right onto Roxbury Ave. (opposite the P.O.). Turn at 2nd right onto Fenwood. Go one block and turn right onto Oakford. We are 8312 on the left, cream and brown house. Telephone: 451-9158 SEE MAP NEXT PAGE.

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MAP TO THE MARX HOUSE FOR FEBRUARY MEETING: 8312 Oakford Drive  
Telephone: 451-9158



**COMING EVENTS**

Saturday, March 4, 1989 - Gourmet Wine Tasting at the Copes 8:00 P.M.  
Wait-listed only. Call Don Cope (836-5436).

Directions to the Copes: Take Geo. Washington Pkwy past sailing marina to first right turn which is marked Slaters Lane, to the parallel service road. At the first signal, make a right turn onto Slaters Lane. Follow Slaters Lane through an angled left past the warehouses and make the first right turn. Go over the railroad bridge and turn left onto Monroe Ave. (The Monroe Ave. bridge is Rt 1.) Go through two signals and the Cope home is the big white house on the right before the 3rd signal. 117 W. Monroe Ave.

**Specials:**

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Saturday, May 6 - Derby Day at the Garretts. Watch upcoming TOOTS for more on this gala new event.  
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- Sunday, May 21 - Montgomery Playhouse to see Neil Simon's oldie "The Doctor is Out." Sara Huggins coordinating.  
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- Wednesday, May 31 - Ken Cen with Steve Grenleski for Beethoven's Ninth.  
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PAST EVENT

JANUARY MEETING AT THE YESSLERS by Bette Walker

On a balmy January 19th night, Kaye and Paul Yessler welcomed sixty (plus or minus) PVS stalwarts to their handsome Silver Spring home. The Eers were quickly drawn to the dining room to enjoy Kaye's "More" - (a family favorite), sweet-sour meat balls, various cheeses and, of course, liquid refreshments. The highlight, however, was Kaye's homemade baclava which disappeared before one could say "Jack Rab....!"

When reluctant nibblers ambled into the living room Jan Marx's meeting was over in less time than it took Norm Engleman's call for quiet to be answered - not because it wasn't heard. Business completed, entertainment was provided by Burr Schuler who showed his video of Sutton stars and/or performers, a group well-represented that evening.

Thank you, Kaye and Paul, for the culinary treats and your warm hospitality.

P.S. Overheard: Irene Farrell on Sutton - "The worse the conditions, the better the parties." Margaret Wyckoff (on conditions in Austria) - "One meter base at Kitzbuhel; one and a half at St Anton. We let you know when we get back if it's true!"

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!!!! SAIL THE GREEK ISLES!!!!

AT THE POST TRIP PARTY FOLLOWING THE SPANISH SKI TRIP A SAILING CRUISE TO THE GREEK ISLANDS WAS DISCUSSED. NOW, FIVE BEAUTIFUL BENETEAU OCEANIS 430 BOATS HAVE BEEN RESERVED FOR THE PERIOD SEPTEMBER 14 - 27, 1989 FOR SAILING OUT OF KALAMAKI, GREECE. FOR FURTHER INFORMATION CONTACT

BOB GRASLEY  
3800 POWELL LANE #907  
FALLS CHURCH, VA 22041  
Telephone: (703) 931-0415.

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PVS OFFICERS

President ..... Janet Marx  
Vice President .. Dick Comerford  
Secretary ..... Irene Farrell  
Treasurer ..... Margaret Wyckoff  
Membership ..... Marilyn Clark  
Program Chairman. Ray McKinley  
TOOT Editor ..... Lu Beale  
TOOT Production . Jan & Bob Marx  
BRSC Reps ..... Sheldon Drews  
                                  Gail Pease  
                                  Bob Wyckoff  
Answering Service The Marxes  
                                  (451-9158)  
Movie Mogul ..... Rosemary Soler

EXCOM

SECOND TERM:

Huey Roberts  
Rosemary Soler  
Phil Ufholz

FIRST TERM:

Knox Felker  
Nancy Garrett  
Barbara Leonhardt

# THE KNEE

by

Ray McKinley

Occasionally, writing this column is difficult due to a scarcity of news. This is not one of those times.



Having spent a week at Mont Sutton with almost half the club, in our own private hotel, I have more than enough dirt - er, information - to fill two or three columns.

First, the skiing - YUCK! Aina Thomas said it should be called the "Sutton Glacier." It wasn't that good. Glaciers usually have some snow on top of the ice and rarely have dirt and rocks sticking through the ice. It was the worst week of skiing I've ever had.

Now, about the rest of the trip - WONDERFUL! Our great host, Roland, at La Paimpolaise; his wonderful staff who came out on the balcony to wave goodbye as we left; our exuberant leader, Jack Peoples; Charlie Huggins, his able second-in-command; and, especially, some sixty fellow PVSers, made all the difference.

Despite the lousy skiing, overall it was a kneet trip and I think all of us had a ball. Sign me up for next year, Jack.

This was Mike Santoro's first trip with PVS since a 1973 Wyckoff trip where, as I recall, he shared a T-bar with the Knee. Could this be the reason for the 16 year hiatus?

Incidentally, Mike and Trudy Santoro met on an airplane returning from a SCWDC European trip. The only one I ever met on a plane returning from Europe was Don McBride! No contest, Mike!

Burr Schuler and Bill Anderson found five cigars on the slopes at Sutton. (The rest of us found only ice and rocks.) No comments, please, about old stogies for old fogies! (Old stogies never die, they just butt out.)

Carol Parmenter had a hard time finding a particular trail until she remembered to "turn at the birch tree." This was strange because the whole mountain is in a birch forest.

Ken and Myra Evans appeared dapper in several identical outfits. You could tell them apart, however, because Ken had a deeper voice.

One day when conditions were particularly awful, Pres Janet Marx took a break "to sharpen my ski poles." On returning to the hotel we were greeted by a sign reading "A ski day without snow is like a kiss without a moustache." Ladies, throw away your Nair.

When it came to getting senior discount lift tickets (which 16 of our group did) Lu Beale was asked her age. Expecting to be challenged, she replied "74." When no one questioned her veracity she was so chagrined she had to be restrained from belting the attendant with her cane.

While we were at Sutton, Don and Susannah Swaby were at their Park City condo; Chris and Janet Waln were (water) skiing in the Carribean and John Pulos was off to Aspen. John wrote me that rumors of his demise, reported here last month, were exaggerated. He did have a pulmonary embolism from a blood clot behind his knee but it was over a year ago. Kneea culpa.

As you read this, the Felkers and the Devorshaks are in Italy with an old friend from the Air Force. (It is not true, by the way, that due to inflation it is now the Air Fiftths. Ouch!)

Condolences to Veep Dick Comerford whose father recently died.

Weaver Brothers, who employ Jamie Miller and Bill Anderson (aka Mister Fancy Pants) has been sold and headquarters is being moved to Greenbelt. Neither PVSer is overwhelmed (or even whelmed) by the new commute.

Chuck McGrath told me he works for Sallie Mae. Sablle Mae who? Or what?

Emile Sherrard presented several ladies at the January meeting with beautiful pink camellias from his garden. All of us garden hackers were amazed. And I thought flower children were a thing of the past!

At the meeting, Charlie Gordon was describing skiing in Texas: "They just pile it up and you slide down it."

Aina Thomas noted in Sutton that you could tell a PVSer on the slopes because they wore the shabbiest ski outfits. We've come along way! \* \* \* \*



# COOK'S CORNER



by  
Nancy Garrett

For the 61 of us skiing/  
eating at Mont Sutton, the  
Auberge La Paimpolaise chef  
created an absolutely

delicious appetizer in our honor. As the  
trip report attests, all the meals were  
outstanding. I feel very honored to be able  
to provide "OUR" special PVS recipe for you.

## PVS SNAILS IN PUFF PASTRY

Saute in very hot skillet and set aside:

- 2 Tablespoons butter or margarine
- 60 snails
- 1 green onions, chopped

Saute:

- 2 Tablespoons butter or margarine
- 1 purple shallots
- 1 stalk celery, finely chopped \*
- 1 small carrot, finely chopped \*
- Pinch of salt
- Dash of pepper

Add and bring to boil:

- 1/2 cup white wine

Add and bring to boil:

- 1 cup heavy cream
- Bay leaf
- Pinch of thyme (1/4 teaspoon dried)
- 1/2 teaspoon crushed black pepper

Simmer mixture slowly until thickened.

Cook puff pastry shells according to  
package directions. Just prior to serving,  
mix cream sauce with snails. Allow five  
snails per person. Serves twelve.

\* Best if put through food processor.

\* \* \* \* \*

As promised in January, recipes from the  
Winter Fest Dinner continue. The Gourmet  
Crab Ring will be provided in the future.

\* \* \* \* \*

## WILD RICE AND MUSHROOMS WITH WATER CHESTNUTS

In large saucepan, combine; bring to boil:

- 4 cups chicken broth
- 1 large onion, chopped

Add:

- 1/2 cup wild rice, rinsed and drained
- Reduce heat, cover, and simmer 20 minutes.

Add:

- 1 cup uncooked brown rice
- 1 4-oz can sliced mushrooms, undrained
- 1 6-oz can sliced water chestnuts

Bring mixture back to boil. Then reduce  
heat, cover and simmer until liquid is  
absorbed, approximately 20-30 minutes.  
Garnish with parsley sprigs. Serves 12.

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## APPLE STUFFED ACORN SQUASH

Cut into half and remove seeds with  
grapefruit spoon:

- 4 acorn squash (about 1 pound each)

Place cut side down in shallow baking dish,  
and add 1/2 inch boiling water.

Bake, uncovered, at 375\* for 35 minutes.

(Microwave instructions: Place cut side  
down on paper towel. Bake two halves at one  
time for 5 minutes. Repeat.)

Turn cut side up. Brush cut surfaces and  
cavities with:

- 3 Tablespoons butter or margarine

Sprinkle with salt and ground cinnamon.

Combine:

- 4 apples, peeled, cored, and chopped
- 1 Tablespoon grated lemon rind
- 1 Tablespoon lemon juice
- 2 Tablespoons butter or margarine
- 1/2 cup honey

Spoon mixture into squash cavities. Bake  
uncovered, at 350\* for 30 minutes. Yield:  
8 servings.

For an easy alternative to the apple  
filling, use canned apple sauce to fill the  
cavity. Sprinkle with nutmeg and cinnamon  
and bake as directed.



## MT SUTTON, CANADA by Myra Evans

On Sunday, 8 January, 65 PVS'ers (give or take a few) left Washington National bound for Mt. Sutton, Canada. Everything went smoothly, though I did hear a few complaints about the Eagle pretzel snacks in flight--not to worry though; PVS tracked down some of the best food on the entire east coast once they arrived at La Paimpolaise hotel in Sutton. But wait, my stomach is getting ahead of the story. We arrived in Burlington, Vt. and waited for a couple of snowed in stragglers to arrive--President Jan Marx (who was supposed to arrive earlier in order to get the van) and Chris Harrison (a friend of Sally Finan's) from Tampa. Both were fogged in at Newark and delayed for several hours. After our fearless group leader, Jack Peoples, learned they would be much later than planned, the ones who had arrived set off for Sutton; Jan and Chris rented the van and came later. When we arrived at the hotel, we discovered that Carol Paramenter had somehow left her luggage in Burlington (it arrived the next day though). The Devorshak's and Jan Marx stayed at the Burns chalet but everyone else was housed in La Paimpolaise and it was fabulous.

Monday morning a group of hearty skiers set off to tackle Mt. Glacier--excuse me, Mt. Sutton--and after several runs, they managed to locate the ones with the most snow and the least ice--though, that in itself was not an easy task. Bill Anderson had come prepared with several different ski outfits just in case he hit any of the dirt and rock regions. What a wardrobe! (I'm not even going to mention the red plaid pants and the slacks with birds on them.) By the end of the day, people were beginning to wonder about the slope conditions. Several of the group decided to take ice skating lessons--excuse me, ski lessons--and they all felt like they learned alot. This group included Marilyn Clark, Elizabeth Esher, Jean Heitchue, Myron and Fumiko Marquardt, and Nancy Laymon. Myron even won a racing medal at the end of the week. Congratulations! Of course, there were also the ever present hot dog skiers who were rarely seen during the week because they were too fast for everyone else--Dick Clark, Reg Heitchue, Huey Roberts, Wayne Yessier, Cathy Peoples and Dave and Jeanne Rollins.

On Tuesday night, Jack informed us that we were going to play a game. Each person would put in one dollar and then guess how many total years of skiing the 65 PVS'ers on the trip had. Barbara Leonhardt and Mort Kuff were selected as game leaders--they collected the info and then tallied the years. Everyone at La Paimpolaise got their guesses in fast, but then we had to wait for Jan Marx's and Kirk and Peggy Burns' totals. While waiting, Mary Jane McCarthy said, "Well you know that will run the total up at least another two hundred and fifty years." I know you're dying to know the results so here goes: 1136 total years (about 19 1/2 average). Dean Worcester had the most with 55, but I can't recall the least, (it was somewhere around 10). The winner was Charles McGraph (he multiplied the 65 by 20 and then subtracted his age and hit it right on the nose). Ray Garrett came in second, though he did not use a scientific formula.

During the week several groups took off to different parts of the area to test the conditions, Orford, Owl's Head and Bromont were all sampled. None of these were as large as Sutton, but the conditions were a bit better.

La Paimpolaise was a marvelous place. They provided Jack and PVS with our own hospitality room where Jack and his right hand man Charlie Huggins could set up on beer, wine, liquor, sodas, and snacks. Note for future trip leaders: Helen Price only likes plain cookies--do not buy any cookies with nuts, chips or fillings. There was even a large game room attached where some played bridge, Pictionary and UNO late into the night. Kirk Burns brought song sheets over a couple of nights too so the group could practice their singing--just ask Ken Evans who lived down the hall. Show tunes, light opera, Rudy Vallee and the Beatles were all included.

Luckily, there were only a few injuries during the week and none were serious, though Svava Vernhards' eye looked like she'd gone a few rounds with Mike Tyson. Mort Kuff took a bad turn on his ankle and Jeanne Rollins twisted her knee, but with two doctors on the trip--Paul Yessler and Sal Mahallati--we were well taken care of. Paul even offered to give some group rates to people who insisted on spending every day on the ice--I mean slopes--and obviously were into masochism.

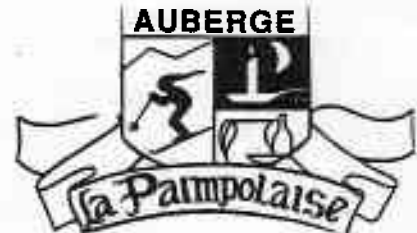
Thursday night after dinner, when things were beginning to lag, Burr Schuler and Bill Anderson took a video camera and, with microphone in hand, interviewed the dinner crowd on the week's happenings. I had no idea we had such comedians in PVS. Johnny Carson, watch out! We had everything from offers for tours of Graceland from Mrs. Presley (aka Lu Beale) to tips on teeth flossing from Aina Thomas. Video cameras really bring out the raw talent in some people and from the looks of this tape, we have a lot of untapped talent.

There were lots of other activities during the week--glühwein and hors d'oeuvres at the Burns chalet, video movies in the hotel, and several trips to town where people made some good purchases. Ray McKinley found an antique dough box, Nancy Garrett bought a sheepskin and Bill Anderson and Mary Jane McCarthy bought more clothes. One night a group of us went down to the bar and danced to old songs--Helen McMahon, Bette Walker and Aase Berling among others came down and had a good time. One evening we were serenaded by a local violin teacher who played some lovely music. She had a strange musical instrument called a psaltery; its unique sound was enjoyed by everyone. All of these went into making the trip a memorable experience.

On the last night of our trip, we had a farewell to Charlie Gordon. Charlie is moving to Texas very soon and we are all going to miss him. The hotel baked a cake and a few of his close friends in PVS reminisced about their skiing adventures with Charlie. Norm Engelman, Mary Jane McCarthy and others told some good stories though they almost all centered around the same theme--frugality. Charlie certainly has that characteristic down pat.

On Saturday, a group of skiers went to Bromont for the day. Some of the others stayed at Mont Sutton and Alice Swalm and Jack Hadler went to Montreal. We all had a great time on our last day in Canada. The group from Bromont even laughed at all of Jacks Peoples' jokes on the way home!

Even though the ski conditions were not perfect, the group and the accommodations could not have been better. Jack really put on a first class trip and I believe everyone had a good time. It is impossible to predict weather conditions anytime of year and the east has definitely had its share of weird weather this year. Anytime Jack puts on a trip, it is worth checking out and I am sure that all 65 of us are glad we checked out this one. Thanks, Jack.



- Feb. 21 ... Monthly Meeting at the Marx home. (See page 1 )
  - Feb. 28 ... ExCom at Bette Walker's. 7:30 P.M. (333-0766)
  - Mar. 4 ... Winetasting at the Copes' home.(See page 2)
  - Mar. 21 ... Monthly Meeting at the Ufholz home. 8 P.M.
  - Mar. 28 ... ExCom at the Wyckoffs'. 7:30 P.M. (589-5532)
  - Apr. 15 ... Annual Hike on Billy Goat Trail.Lu Beale leading.
  - Apr. 18 ... Annual Meeting at home of Adele Waggaman. 8:00 P.M.
  - Apr. 25 ... ExCom at the Leonhardts' home. 7:30 P.M. (279-9056).
  - May 6 ... Derby Day at the Garretts. (See page 2 )
  - May 13 ... Biennial Hike in White Oak Canyon.Lu Beale leading.
  - May 21 ... Neil Simon play at Montgomery Playhouse. Sara Huggins coordinating. (424-5725)
  - May 31 ... Kennedy Center for Beethoven's Ninth. Steve Grenleski coordinating. (384-9013).
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**ROSTER CHANGES:**

New Address: Bob Grasley, 3800 Powell Lane #907  
Falls Church, VA (703-931-0415)

New Home Telephone: Ray and Nancy Garrett - 323-6535.

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Bob and Jan Marx  
8312 Oakford Drive  
Springfield, VA 22152

