

VOLUME XX111
NUMBER 1

Potomac Valley Skiers, Inc. JANUARY, 1988
WASHINGTON MARYLAND VIRGINIA

PRESIDENT'S MESSAGE:

The Nominating Committee for the 1988 PVS election has been formed; Chairman Bob Wyckoff, Steve Grenleski, Karen Felker, Myra Evans, Janet Waln, and Bob Marx. They will meet in January to present nominees for President, and three members of the Executive Committee which must be published in the February TOOT. Nominees must agree beforehand to serve if elected so if you are interested in a position in EXCOM or if you want to suggest someone else, please notify any of the committee members.

One of the conclusions drawn from the Trip Questionnaire, which PVS conducted last winter, was that both trip leaders and participants were interested in having evaluation forms for each trip. Dina Taylor has compiled a form which will be made available for all trips this winter. These forms will be returned to a Trip Evaluation Committee (TEC) which will review and summarize them for use by each leader and the club as a whole.

Please note Roster corrections and additions elsewhere in this TODT.

Ski season is finally here!! YEA!!

MONTHLY MEETING

When: Tuesday, January 19, 1988. 8 P.M.

Where: Home of Barbara and Fred Leonhardt

4919 Jongroner Court

Potomac, Md. Telephone: 279-9056

What: View one of the Best Decorated Christmas Trees in Town....See a Ski Movie....
Talk....Eat....Drink....Have Fun

DIRECTIONS: From Maryland, take #270 north to first exit (Old Georgetown Rd.). Bear right and go to first traffic light (Tuckerman Lane). Turn left and proceed 3.8 miles to Falls Rd. (Rt 189). Turn left at light and then take first right onto Winterset Dr. Go 2 blocks to end of street, go right onto Winterset Terrace and then right onto Jongroner Court. Second house on left is 9419. Enter there.

From Virginia take beltway to River Rd. exit. Go north to Potomac Village (about 3.5 miles). Right onto Falls Rd. (Rte 189). Go 2.5 miles to Winterset Dr. (1 block after light at Glen Rd.).

Turn left and proceed as above.



Coming Events

- Jan. 19 ... Monthly Meeting at the Leonhardts'. See Page 1.
- Jan. 26 ... ExCom at the Marx home. 7:30 P.M. (451-9158).
- Feb. 16 ... Monthly Meeting at Shirley Rettig's.
- Feb. 23 ... ExCom at Rosemary Soler's.7:30 P.M.(649-2155).
- Mar. 5 ... Special Wine Tasting at the Copes'.

 This gourmet event is limited to 12 participants.

 Cost: about \$20. Call the Copes(836-5436).
- Mar. 15 ... Monthly Meeting at Katherine Reynold's.
- Aug. 6 ... Les Miserables at the Kennedy Center

SKI TRIPS

BLUE KNOB - January 4th & 5th.

Pre-Sutton warm-up. Approximate cost of two days of skiing and one night's lodging in Bedford - \$50. Senior citizens (over 65) \$42. Departure will be from the Peoples' home early January 4th and cor pool to Blue Knob. Each car pool will share their own transportation cost.

Contact Jack Peoples (840-2213) or Charles Huggins (424-5725).

CANAAM VALLEY SKI-O-REE - January 29 - 31, 1988.

Now fully booked. For waitlisting or information call Dina Taylor-0: 427-3227. H: 301-663-6089.

WISP - February 12,13, 14, 1988.

Now fully booked. For wait-listing or information call Jan or Bob Marx - 451-9158.

MONT SUTTON, CANADA - January 9 - 15, 1988

Jack Peoples leading (301 -840-2213).

This trip is fully booked. Space may be available in Kirk Burns' chalet (256 - 4443).

FVS SPANISH SAFARI - January 23 - February 8,1988 Bob Grasley leading (565-9650).

PVS SWITZERLAND - January 22 - February 8,1988
Bob and Margaret Wyckoff leading. (589 - 5532)

SKI THE FAMOUS WEST: SOUTH LAKE TAHOE & SUN VALLEY
February 13-27,1988
Dina Taylor leading (0: 427-3227. H: 301-663-6089).

JACKSON HOLE/SALT LAKE CITY AREA - March 5 - 20,1988.
Gorman Young leading (244-2319)

SNOWBIRD, UTAH - April 2 - 9, 1988. Jean and Reg Heitchue leading (H: 860-9190. 0:733-5491)

PAST EVENT

WINTERFEST WAS WUNDERBAR by Jack Lilley

Pick a clear, moonlit, wintry night at Skyline House - ride the elevator up to the wild blue yonder for altitude adjustment - off at the 18th floor - enter the beautifully decorated party room where tables are set with cloths, candles and wine for the forty plus guests and there you have Winterfest Dinner, 1987.

Greeted by our gracious hosts, Karen and Knox Felker, we are exposed to a spectacular panoramic view, through large windows on three sides, of Alexandria, Arlington and environs. A myriad of lights sparkle everywhere, air safety beacons on surrounding skyscrapers twinkled like red Christmas trees - Seventh Heaven!

Spirits rose with the appearance of the JUPITER BOWL (spiked with rum and Grand Marinier) accompanied by MOUSSE TREMBLANT and ST. ANDRÉ CHEESE. Conversations abound about past skiing adventures - lots of stories about the first European trips in the early '60's (embellished, of course, by seasoned raconteurs) and more about the great variety of PVS trips available this winter. Bulletins from Bill Stecher and Dick King (Presidents Emeriti) provided interesting news of family ski activities.

Visions of deep powder snow appear with news that a severe winter is predicted for the Washington area (which has already had more snow than last year's two blizzards combined) due to weather conditions and air currents in the Pacific. This report comes via the WIZARD OF OZ!!

Back to the dinner: Our main course is served buffet style and consumed at beautifully decorated tables with red bows on the wine bottles, candles set in cored apples, and parchment menus artfully done (calligraphy by Dot Mills), made into scrolls and tied with red ribb[ons.

HUNTERS' BOUNTY (venison), the main course, was complimented by a variety of salads and RICE SNOWBIRD. Two great vintage wines, ERBEN SPATBURGUNDER 1985 and VERDILLAC BORDEAUX SUPERIOR 1983 helped to maintain the happiness level. CHAMONIX CHIFFON PIE (MIT SCLAG) and coffee topped off this gourmet's delight.

Everyone contributed to the meal and party, even some who were only listed as "Designated Eaters" (moi included). Accolades and kudos to Marilyn Clark for coordinating the event, Alice Swalm for her delicious gourmet rice, Sheldon Drews for the Jupiter Bowl that zoomed us into outer space, Margaret Wyckoff for her financial management in assuring solvency of the event, and, once. again, to Karen, our lovely Danish hostess, and Knox, the gentleman from Georgia.

There follows a Winter Theme for PVS:

"Heap on more wood - the wind is chill,
But let it whistle as it will,
We'll keep PVS merry still,
With lots of snow upon the hill."
(A parody on Sir Walter Scott.)

PAST EVENTS

CHILI REPORT by Bob Grasley

The annual McKinley hike and Mexican Fiesta went off with only one hitch: Ray did not have time to make the hot sauce (BOO!).

It was perfect hiking weather and 18 sturdy souls participated There were two animal sightings - one of a white-tail deer and one

of a small black critter identified as Josie.

One of the more eager hikers was Kirk Burns who, besides emitting weird noises, essentially ignored the trail and basically fell down the steeper portions presumably avoiding crowds on

the way down.

Not all attendees did the hike. Not all the hikers attended the Fiesta. For example, Knox Felker did not hike due to a pulled hamstring. (It is a well-kept secret that he plays halfback for the Redskins in disguise.) He did, however, join us at the McKinleys in appropriate garb as always.

Ray appeared in sombrero and serapi? sarapi? (Anyhow, a

Mexican blanket.)

Food-wise, we started with Betty Comerford's TEX MEX dip which was fantastic and disappeared rapidly. Some folks came late and missed it. The hot chill dish was terrific. Ocssert consisted of chocolate cake, cheese cake, a nutty confection (which the author consumed in quantity) and , from the kitchen of Karen Felker, Danish AEBLEKAGE, an apple cake which was delicious.

This was a great group. Congeniality-wise, I give it a 10.

And a 10 plus for hosts Lin and Ray. - Gracias!



CHRISTMAS PARTY by Helen Price

The fog got denser and denser the closer we got to Reston but inside the Heitchue residence all was bright and gay as Jean, in a beautiful Christmas red dress, and Reggie, in a matching sweater, greeted PVSers arriving for the annual celebration of the season.

Some forty or so members and guests gathered to enjoy Christmas fare, exchange season's greetings, and enjoy good conversation. Mulled wine and other beverages were enjoyed along with a countless

variety of goodies displayed on a table laden to capacity.

Among the somewhat smaller crowd attending this year, the one with the new chic coiffure was Vivian Barry who, with husband Bob, had recently returned from an extended stay in Geneva. And, just back from Australia and New Zealand, was Charlie Gordon with glowing reports on thoseareas.

A brief business meeting was held with reports from trip leaders on upcoming ski trips.

Our sincere thanks to the Heitchues for hosting our Christmas party in their lovely home for a sixth year.



COOK'S CORNER

Nancy Garrett

PVS can claim among its membership some of the best, if not THE best skiers around. That claim extends to the cooking talents of

the membership. Since we often refer to ourselves as PVS&E, it is time for the "E" to have its say!

Those who participate in the Great Falls Hike and Chili feast are familiar with Ray McKinley's SUPER NACHOS which Ray got from San Diego absentee member Jerry Clapp. Ingredients can

be changed according to taste.

SUPER NACHOS

In 10-inch high-sided pie plate, layer the following ingredients:

- -Spread 3/4-1 can (15 oz.) refried beans
- -Spread 1/4-1/2 cup salsa OR 3 scallions, thinly sliced
- -Brown well, 1/2-3/4 lb. ground beef and 1/2-3/4 lb chorizo***

Add $l^{\frac{1}{2}}$ tsp. chili powder (more to taste) Spread this mixture over onion layer

-Sprinkle 10 oz. grated cheddar and 10 oz. grated jalapeno monteray jack cheese over ground beef mixture.

Bake at 400° for 20 minutes or until cheese is melted and bubbly.

Remove from oven!!

Using the Mexican colors of red, green, and white, garnish with -

- -3/4 cup guacomole piled in center of cheese mixture
- -1-2 large tomatoes, chopped, and spread in a $2\frac{1}{2}$ -inch ring around guacomole
- -8-12 oz. sour cream spread to edge of pie plate.

Serve with corn chips of your choice.

***Chorizo is a Mexican sausage and is very difficult to find in this area. Ray uses spicy Italian sausage when he can't get the chorizo. I took a colorful salad to Ray's fiesta. It is a nice complement to the Super Nachos and the two could serve as a light meal.

SEVEN LAYER SALAD

Use shallow glass bowl, or individual salads Layer ingredients as follow:

- -Shredded lettuce (about $l^{\frac{1}{2}}$ inches)
- -Thinly sliced celery cut across grain 2-3 stalks, for large bowl
- -6-8 scallions, thinly sliced
- -l small pepper, thinly sliced red, if
 available
- -1/2 large package frozen green peas (Do not thaw)
- -Generously spread your favorite mayonnaise type salad dressing (I use Hellman's light) over top.
- -Sprinkle with onion salt and black pepper to taste
- -1-2 cups grated sharp cheddar cheese
- -Sprinkle lavishly with bacon bits

Cover bowl with plastic wrap and refrigerate at least 24 hours.

In proofing this recipe, I find that it truly has nine layers. I suppose the salt and pepper layer and bacon bit layer don't count. OR, you could call it NINE LAYER SALAD.

To top off your light meal, serve a light dessert. Marilyn Clark's recipe for CRANBERRY CHIFFON PIE was used for dessert at the Winter Fest Dinner. The recipe can be found on Page 113 of your PVS Cookbook. See Janet Marx if you don't have a copy.

If you like this addition to "TOOT", please call me with delicious recipes served at those functions that I don't attend. That way, all of our marvelous cooks will have an opportunity to share their recipes with the membership at large.

* * HAPPY SKIING * *

** HAPPY EATING **



THE KNEE

McKinley Ray

Let me be the first (and perhaps only) one to wish you a Happy

Knee Year. Did you know the Chinkneese have declared 1988 "Year of the Knee?"

This is the year to be good to your knees...after all, you don't ski with your elbows. Make a Knee Year's resolution to massage your knees. I often massage my knees with a light weight oil(kneetsfoot oil, of course) as it keeps the knees from getting red. I do not massage this column with kneetsfoot oil. This Knee is intended to be read.

At the Christmas party, Reg Heitchue was asking about Monmouth Mt. He had a business trip nearby and hoped to ski there.A business trip to Monmouth?

Who was the earliest PVS skier? Bob Grasley replaces Jack Lilley by years. Bob first skied in Iraquois Falls in northern Canada in 1929 on 716" skis with wooden edges and bear-trap bindings. Bob, is that what caused the stock market to crash?

Bob Wyckoff was also an early skier. He skied at age 32 in Scandinavia but apparently didn't like it as the next time he skied was more than a quarter

of a century later.

The Knee recently reported that Alice Swalm slipped in her kitchen enroute to a PVS meeting. A month later she discovered her arm was broken! She's recovering and luckily it hasn't affected her cooking.

Jim Slack and Mary Ward have volunteered to host a PVS meeting. Since they have 2 baths they suggest we limit attendance to 80. Directions to their house, which is just south of San Franciso, will be printed soon.

The Knee welcomes Nancy Garrett as a fellow columnist in TOOT. She will address the E in PVS&E (that's Eaters, for newcomers). The Knee thinks the column should be called The Mouth.

PVSers seldom make misteaks. But all of the following earned our special

Kneedles of the Month:

Betty Comerford showed up 2 hour late for the Great Falls hike. She went to the wrong park.

Lu_Beale provided everyone with directions to the post-hike chili dinner except Betty who received Lu's list of attendees.

The Solers called Friday to say they had colds and couldn't make the Saturday hike. Good thing. They were a week early.

Eleanor Peterson arrived early for Wyckoffs' pre-trip party. One week early, to be exact.

John Pulos recently in the hospital with blood clot problems. He won't be skiing this year. Best wishes, John.

While chatting during a bit of post-chili relaxation, Janet Waln (anything for another reader!) asked Don and Susannah Swaby "What do you call an old yuppie? A PVSer."

Lots of us have already returned from skiing. Veep <u>Dick Comerford</u> skied Aspen Dec. 11th. Secy Irene Farrell and Aase Berling were also there just finishing an early ski week.

Bob Barry, in Europe on business, skied Sasa Fe at Thanksgiving. He reports almost a meter of new snow and

not enough lifts open.

Charlie Huggins reports skiing on Nov. 11th - in his own back yard!

However, our earlies skiers were Bill and Elke Stecher. In letters to the Thomases and the Flakes they report skiing in Zermatt on July 4th. (Bill now recovered from his autobahn- related injuries.)

Rachel Abraham is recovering from a broken toe. (Hubby David keeps saying "I toe you so." And Dorothy Marsden is still in a cast after having a joint in her thumb replaced. "It was really thumbthing," says Dot without appearing a bit disjointed.

A special tip of the ol' Knee cap to Larry Pease for another wonderful job publishing the PVS roster. It really comes in handy. Did you all notice that every year the format is different? But, Larry, this one's no fun - it's in alphabetical order!

Bette Walker is the first PVSer to host 2 consecutive ExCom meetings. Because only 5 - instead of the usual 20 or so - showed up for the November meeting Bette had lots of leftover refreshments. Soooo - she all for the December meeting It was even better the second time around!

SPECIAL NOTE TO PVS PROGRAM CHAIRMAN RAY MCKINLEY FROM THE KNEE

Enough is enough, cool it, already! During the 11 days between Dec. 4 and Dec. 15, PVS ran five--(count 'em - 5) events: Dec 4. Grasley's pre-trip party; Dec. 5, the Felkers' Winterfest Dinner; Dec. 11, the Wyckoffs' pre-trip party; Dec. 12, the McKinleys' Chili/Hike; and, Dec.15, our annual Christmas Party at the Heitchues. Big Doings for a Little Club! Since the two trips overlap, no one attended all 5 events, but Charlotte Reith and Alice Swalm were among those who attended four. That's support!!

5KI-IN - SKI-IN - SKI-IN - SKI-IN

On Saturday, February 20,1988 there will be a SKI-In for the benefit of the American Lung Association of Maryland - the Christmas Seal people.

The event will take place at SKI LIBERTY. There will be more than \$10,000 in prizes available including a week-long vacation for two in Vail.

Skiers can enter the SKI-In by collecting a minimum of \$100 in pledges for the benefit of children with lung diseases.

For info contact Joe Buta 301-494-1100.

If you live in Maryland, call toll-free 1-800-499-7527

Box SEATS

BOB GRASLEY, LEADER OF SPANISH SAFARI, REQUESTS:
For information, if you cannot reach Bob at 565-9650, call
Myron Marquardt between 5 and 9 P.M. at 460-3269

PLEASE MAKE THESE ADDITIONS TO THE LATEST ROSTER:

Comerford: Home phone - 703-777-9374 Office - 648-6798

Nancy Garrett: Office phone -267-9068

Joe & Nancy Lewis: Box 35. 09509

Dina Taylor: Office - 427-3227

Bette Walker: 2801 N. Mexico Ave.N.W. #806 Wash. Dc. 20007

Wash. Dc. 20007 Phone: 333-0766

Pat Cricenti: 9621 Dilston Rd.

Silver Spring, Md. 20903

H-439-2479. 0- 301-427-7536

Gerald Lucyka/Sally Philbrook: 1821 Midlothian Ct.Vienna. Va.

22180

H - 281-6587

Margaret Wyckoff: Delete office no.

PVS OFFICIERS

President Janet Marx
Vice President ... Dick Comerford
Secretary Irene Farrell
Treasurer Margaret Wyckoff
Membership Marilyn Clark
Program Chairman. Ray McKinley
TOOT Editor Lu Beale
TOOT Production . Jan & Bob Marx
BRSC Reps Sheldon Drews
Gail Pease
Bob Wyckoff
Answering Service The Marxes
(451-9158)
Movie Mogul Rosemary Soler

EXCOM

SECOND TERM:

Aase Berling Bette Walker Margaret Wyckoff

FIRST TERM:

Huey Roberts Rosemary Soler Phil Ufholz

EX OFFICIO:

Sheldon Drews

Janet & Bob Marx 8312 Oakford Drive Springfield, Va. 22152



