

VOLUME XXIII *Potomac Valley Skiers, Inc.* JULY/AUGUST  
NUMBER 7 WASHINGTON MARYLAND VIRGINIA 1988

PRESIDENT'S MESSAGE:

REMEMBER.... this is a JULY/AUGUST issue.... SAVE IT!

Bette Walker is our Life Saver of the month. With assorted flavors of unflappable graciousness, she has agreed to be TOOT Production Manager this month assisted by Editor Lu Beale, our multi-talented Life Guard. The Marx family will be on holiday. Enjoy the summer ... snow and ice will soon be here.

*Janet* Janet Marx, President

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PICNIC/SWIM/SAIL AT THE FLAKES

When: Saturday, July 23rd. (Rain date: Sunday, July 24)  
Anytime after 1 P.M. (Supper will be around 5 P.M.)

Where: the Glade Flakes' home in Annapolis

RESERVATIONS: Guests are limited to 40. If you reserved a spot with coordinator Charlotte Reith you are safe. Charlotte is now going away so call Barbara Leonhardt. (279-9056) or Alice Swalm (979-6756). to make reservation or to break a reservation.

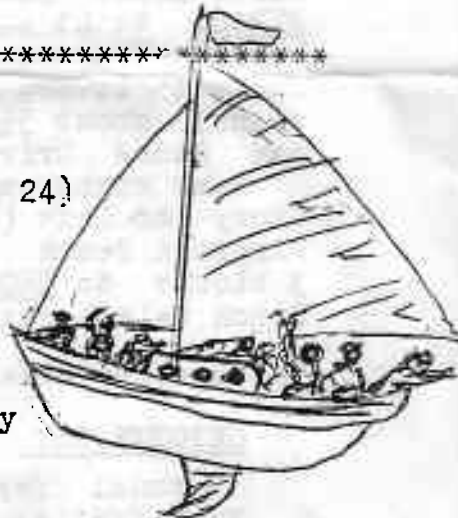
INSTRUCTIONS: Bring your own burger/weenie/steak (and roll) to grill. Plus a dessert or salad to share. (Check with coordinator).

COST: For a small fee, beverages, utensils, etc. will be provided.

DIRECTIONS:

From Highway #50 exit at PAROLE Exit (first exit for Annapolis) take left turn on West Street and go to second stop light where turn right on Solomon Islands Road.. Go one long block to first stop light and take a left on Forest Drive and proceed about 5 miles - (name of Drive will change to Bay Ridge Rd and, then, to Farragut Avenue). Enter gates which have a sign "Bay Ridge" and take first left on East Lake Drive. Bear to right and continue around lake until reaching Number 40 - the Flakes! (Don't PARK ON STREET!)  
40 East Lake Drive, Bay Ridge. Telephone 301-267-0729)

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### COMING EVENTS

#### PICNICING AND BOATING WITH DEAN WORCESTER

Saturday, July 9th. (Rain date - July 10th) 1 P.M.

This TOOT may not reach you until after the event. If not, there may still be room for you. Call the Heitchues (860-9190).  
Directions to 256 Long Point Rd. Crownsville, MD.:

Approach Annapolis on Route 50. Turn off at first Annapolis exit (also labelled "Parole"). Stay right--road loops back under highway and becomes Route 178, General's Highway. Stay on it for about five miles. At the seventh stop light turn right onto Herald Harbor Road (Texaco and Gulf stations at intersection). At first stop sign turn left (still Herald Harbor Road). Follow winding street past Herald Harbor Mini-Mart and Fire Station, make no unnecessary turns. A sign indicates when it becomes Long Point Road; continue for 1/2-mile to 256, on your left.

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#### A DAY AT VIRGINIA BEACH - Saturday, July 30th.

Charlotte Eddy will welcome 25 PVSers to her home at Virginia Beach for a swim and cookout. Bring salad or dessert. You can stay overnight if you bring your own sleeping bag.

Call coordinator Dot Mills (527-5036) to reserve.

Directions: From Washington Beltway, go south on Rt 95 to Richmond where BYPASS to Rt 64 - marked "Norfolk" Exit. Proceed through tunnel between Hampton and Norfolk. Stay on #64 (Approx. 9 miles) to exit on route 13 toward Chesapeake Bay Bridge-Tunnel (following the blue gull signs) about 5 1/2 miles to Route 60 East (Shore Drive - sign may say Shore Drive - last exit to beaches).

Bear right on Route 60 and proceed over Lynhaven Bridge past Fort Story on left (about 10 miles on route 60). Route 60 comes out at Virginia Beach "North End." It is also 83rd Street. Go LEFT for 3 blocks to 8606 Atlantic Avenue on left. Charlotte will be waiting. Beach telephone: 804-425-8552.

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#### OKTOBERFEST - October 1st.

Annual fest at the Wyckoffs. Limited. Reserve now. Call the Wyckoffs at 589-5532.

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#### FALL HIKE AND DINNER WITH THE MILLERS - October 22nd

Location of the hike has not yet been determined but it is not too early to make reservations. Limited to 45. Call the Millers to reserve (533-7651). Be sure and notify the Millers if you must cancel. No-shows are responsible for their share of expenses.

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#### CHILE HIKE - Saturday, November 19th.

Annual Great Falls Trek followed by Ray McKinley's Chili Blast. Limited to 25. Call the Swabys to reserve (978-7764).

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COMING EVENTS

STEAK AND SWIM AT THE ELRODS

What: Annual cookout and swimming party at the beautiful new home of Malda and Roy Elrod in Triangle, Virginia. Bring your own plate, eating utensils, and salad or dessert -- check with coordinator Dorothy Mills (527-5036).

When: Saturday, August 20th (Rain date: Sunday, August 21st) 2:00 until dark

Cost: Approximately \$9.00 a person will get you a delmonico steak, potatoes, potables, plus salads and desserts contributed by guests.

Reservations: Call Dorothy Mills to reserve a place. Limit of 50. Reservation deadline is Sunday, August 14. No-shows will be responsible for the cost of their steaks.

Directions: Take Route 195 south towards Richmond. Take the Dumfries/Manassas exit for Route 234. Go left on Rte. 234, then right on old Route 1 to left on Virginia Route 1107 at the Triangle Plaza sign. Follow 1107 to a T-type deadend and bear right on Cabin Road. Continue on Cabin Road to Hemlock Point - last street on left.  
Address: 3100 Hemlock Point Phone: 703-221-6364

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**CRAB FEAST**

When - Monday, September 5th. 2 P.M.

This year the Labor Day Crabfest will be on surprise! Labor Day! Come prepared for a swim and a crab-out at the lovely Potomac, Md. home of Barbara and Jim Wingrove



Crabs and beverages will be provided (and utensils). Guests are asked to bring salad or dessert. For the non-crabbers a grill will be provided to broil whatever you wish to bring to cook on your own. The cost will be approximately \$8.50 (depending on the cost of crabs this year) and \$4.00 for those who bring their own burgers.

Reservations are required by September 2nd. Call hostess Barbara Wingrove (762-4887). If you reserve and can't come be sure to cancel. Otherwise you are responsible for your share. If you can bring a folding table with you, it will be very welcome.

Directions: Take Beltway #495 north to 270 N. Take Montrose road Exit. At light at exit, turn left on Montrose Road. Next traffic light turn right on Seven Locks Rd. Proceed through next traffic light and take second left onto Ritchie Parkway. Go through next traffic light and take the 4th left onto Scott Drive. A sign will say "No trucks - restricted bridge ahead." (If you pass the high school, you've gone too far!) Go over the wooden bridge to next stop sign. Turn left onto Overlea Drive to 9211. (First driveway on left.)

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PAST EVENTS

INTERNATIONAL DINNER by Bette Walker

With Don Cope's original and refreshing blueberry punch, the 18th Annual International Dinner got merrily underway on May 28th on the Copes' flower-bedecked patio. There were hors d'oeuvres - Shrimp Mold, Artichoke Squares, Chicken Bits with sauce, all so delectable there was some concern less dinner be de trop - not so!

From non-flappable Pat Cope's gourmet cook's dream kitchen came: 1st course - Asparagus-Scallop Timbales with Sauce Saffron Champagne and Ranch Pea Salad, enhanced by two fine dry white wines, Blanc de Blancs L'Epayrie N.V. and Chardonnay Dry Creek Pedroncelli '86; 2nd course - Rack of Lamb with Garlic Sauce, Green Bean Bundles and Tomatoes stuffed with Bean Puree, accompanied by two full-flavored reds, Côtes de Rhône La Vielle Ferme '85 and Chateauneuf du Pape Domaine L. Barrat '79.

Desserts were all winners! Lemon Chiffon Pie, Chocolate Tiffany Bars, Sherry Cake, Strawberry Souffle Pie, Raspberry Lemon Pie and Fresh Fruit Bowl.

It was a beautiful evening, beautiful food, beautiful home, beautiful people. Thanks galore must go to Pat and Marilyn for menu choices and preparation, as well as to others who contributed. And special thanks to our peripatetic host for his super wine selections and his genial visits to each of the four tables for sipping and conversation.

Here's looking forward to the 19th!

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JUNE MEETING

On a record-breaking broiling June 21st about 60 PVSers came in from the heat to make history as they met for the first time in the new Party Room at the Grosvernor Apartments in Rockville, Md.

Co-hostesses Aase Berling and June Kelsay laid out a royal feast for the ever hungry PVSers who wasted no time in sampling the sumptuous offerings: ambrosia, ham, dips, veggies, strawberries, cheeses, cakes, cookies and more, much more. All were prepared and served by the two hostesses who never seemed to tire of constantly refilling dishes as they emptied.

The very large room was perfect for the gathering with lots of chairs and tables and sofas for the guests to congregate as they sipped beverages and chatted. Tout le monde, it seemed, was there and a good time was had by all.

President Jan Marx set a new record with a one and a half minute business meeting followed by the showing of a movie featuring the rescue activities of a California Ski Patrol and climaxing in the rescue of a female skier who mindlessly had skied straight off the edge of a cliff.

Thanks, Rosemary, for the movie and endless thanks to Aase and June for all the thought and labor and, we hope, love, which provided our very special club with yet another very special evening.

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PAST EVENT

PICNIC AT THE HADLERS by Gail Pease

On Saturday, June 11, Jacques Hadler hosted the annual picnic at his Kent Island home. The weather cooperated with a sunny, cool day and enough breeze to make for good sailing.

First to arrive were Charlie and Tina Farwell from the Eastern Shore where they had been vacationing. Charlie watched the efforts of the wind surfers for an hour or so and then had to go try it himself. All admired his efforts from the shore - no one else had the nerve to get into the water.

Presently others arrived, including Charlie and Sara Huggins, Jack Peoples, Dina Taylor, Mary Jane McCarthy (who had not been to Jacques' before) and Bob Grasley with a friend, Tina,

Greg Gell had Larry and Gail Pease bring his sailboat but he didn't arrive until 3 pm when he enlisted help to launch the boat. Greg, with his sister Angie and friend Scott, were the only ones to sail.

The Knee, Ray McKinley, came BARE KNEED (no wrap or brace) - it looked funknee!. All hands were on the lookout for the Wingroves who were to arrive by sea. Every boat that appeared to be approaching Jacques', including one with a bagpiper aboard, was eagerly anticipated. In the end, all four Wingroves, plus Grandmother, arrived by car.

By this time it was late afternoon and time for the hotdogs, hamburgers, and PVS-supplied salads and desserts. Over after-dinner coffee, everyone enjoyed the sunset while a hot game of Monopoly was played by the youngsters.

(Editor's note: Many thanks to Jacques for his hospitality and to Larry and Gail for all their work to make the day a success!)

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— **!! SKI TRIPS !!** —



EACH OF THE FOLLOWING TRIPS HAS A FLYER IN THIS TOOT.  
READ 'EM AND RUN, DON'T WALK TO THE NEAREST POST BOX  
TO MAIL IN YOUR RESERVATION.

MONT SUTTON - January 8 - 15, 1989  
Wait listed only. Leader Jack Peoples (840-2213).

SKI THE ALPS IN TYROL January 20 - February 5, 1989.  
Early reservation is strongly recommended since space is limited to 25. Call the Wyckoffs NOW (589-5532).

COPPER MOUNTAIN, COLORADO January 26-30, 1989  
Fabulous long weekend. Leader: Jim Wingrove. O - 653-6922  
H - 762-4887

COLORADO ADVENTURE - February 11 - 25, 1989  
Skiing at its best! Call Leader Dina Taylor. O - 427-3227  
H - 301-663-6089

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# THE KNEE

by  
Ray Mckinley



Another wonderful (?) Washington summer is now upon us and the gossip competition is heating up. Since you're dying to find out ...

Aina Thomas sent me a copy of the newsletter of the SCWDC (which stands for Some Club in Wilmington, Delaware, C) which is cleverly called SCWDC. Gadzooks (a gossipy type word) what was inside but a gossip column called the Ear (shades of Diane McClellan and the old Washington Star!).

The Ear was loaded with wondrous tales of missing maxi-pads and interrupting people on "the Throne." However the worst thing about it: there were no Knee puns!

Anykneeway, a potential war is brewing among ExComers:

At a recent ExCom meeting Dick Comerford was bringing in beers for himself and Huey Roberts. Secy. Irene Farrell observed that Dick was a two-fisted drinker.

Later there were comments that the last month's minutes were very short. Sheldon Drews responded that Irene takes down only what is intelligent! Dick Comerford noted it was amazing how many mistakes could be made in such short minutes. More on this "war" as the skirmishes occur.

Charlotte Reith asked me if I had a Knee-hole desk. No. But so I can sit at my desk, I have a hole in my knee.

Also, I'm pleased to report no more knee brace. (I hope you noticed I'm back to my old logo.) I'm still a ways from 100% but am able to stand and walk (but not yet run or ski) on my own. As of now, my only knee brace is whisknee.

My favorite comedians are Henknee Youngman and Rodknee Dangerfield.

Chris and Janet Waln are back from their June summer outing - 10 days boating on the Chesapeake.

Dot Mills is getting around just fine after foot surgery. Indeed, less than a month thereafter, she hosted the June ExCom meeting.

Roy Elrod is also coming along fine as he recovers from a separated shoulder. When you see Roy congratulate him. This month marks his 50th year of skiing. (He must have started at age 3!) But don't tell him you read it here.

At the May meeting at the Hensleys, there was a veritable plethora (I like that word!) of food. Notable was a whole wheel of brie. One wag started singing "Brie again..." Dick Clark responded with a chorus of "Born brie..

That reminds me - I didn't eat all last month. What happened to Nancy Garrett's Cook's Corner?

Bob and Margaret Wyckoff are back after a month in England and Germany. They report "lousy" late spring skiing in England and will not run a ski trip to Jolly Old....

Absentee member Meg Anderson was in town recently from Colorado. She too reported "lousy" June skiing. She brought along mementos from PVS's first anniversary dinner. She reports that she loves the Knee. Clearly a person of taste.

At Jack Hadler's beach party, virtually everyone wore PVS gear - hats, shirts, pins and even a sweatshirt. To be alliterative - there was a plethora of PVS paraphenalia.

Charlie Farwell spent that afternoon taking wind surfing lessons giving the Knee a chance to chat with Charlie's charming wife Tina. When asked what exciting trips she takes while he is skiing 60 plus days per winter, she responded, "Occasionally I visit Wheaton Plaza."

On a more somber note, Gail Pease noted that there are now some 5 injuries per 1000 skier days. (I've had mine, Gail)

At a recent ExCom meeting there was much discussion of the possibility of getting new PVS pins. Knox Felker wanted to be sure he didn't get stuck with PVS pins.

There will be no Knee next month. As a matter of fact, there will be no TOOT. As I noted last month, feel free to reread this one!

This Knee will also be away in September. Dick Clark will be guest Knee. See you all in the Fall!

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# COOK'S CORNER

by

Nancy Garrett



!!! INTERNATIONAL !!!  
The adjective that describes PVS&E. Certainly it applies to a club whose members ski in every state and country

that has a mountain. It MOST certainly describes the marvelous dinner that is sponsored annually by the Copes. This year marked the 18th Annual dinner.

The appetizer course started the evening with:

- Shrimp Mold      Artichoke Squares
- Chicken Bites with Sauces
- Blueberry Punch

The fish/salad course consisted of:

- Asparagus-Scallop Timbales      Ranch Pea Salad
- Saffron-Champagne Sauce
- Blanc de Blanc      Chardonnay Dry Creek

## ASPARAGUS-SCALLOP TIMBALES

Blend together:

- 1/3 - 1/2 pound blanched bay scallops
- 1/2 cup cream
- 1 beaten egg

Pour mixture into 5-6 1/2 cup timbale cups.

Cook according to package directions:

- 1 10-oz. package frozen asparagus

Blend together:

- Cooked asparagus
- 1 Tablespoon cream
- 1 beaten egg

Pour over scallop mixture in timbale cups. Place cups in a pan of boiling water (deep enough to cover 1/2 of mold.) Bake 30 - 40 minutes at 350° until "set". Check for doneness as you would a custard. Cool and unmold.

Serve with a sauce. The recipe is provided for the Champagne Sauce served with the dinner. Pat says other sauces would be good, too. Try one with dill in sour cream for variety.

## SAFFRON-CHAMPAGNE SAUCE

Simmer for about 15 minutes:

- 1/4 cup champagne
- Large pinch of saffron threads

Strain. Add to:

- 1 cup Hellman's (or equivalent) mayonnaise
- Refrigerate. Makes approximately 1 cup sauce.

The main course treated participants to:

- Rack of Lamb with Garlic Sauce
- Green Bean Bundles      Tomatoes Stuffed with White Bean Puree

Assorted Breads

- Cotes de Rhone      Chateaufneuf du Pape

## TOMATOES STUFFED WITH WHITE BEAN SAUCE

Rinse and cover with hot water to cover by 4 inches:

- 3 cups dried white beans

Boil 2 minutes. Remove from heat. Let sit for 1 hour. Drain. Cover with cold water to cover by 4 inches. Bring back to boil and simmer until tender, approximately 40 minutes. Drain. Reserve liquid.

Place into basket of food processor:

- Cooked, drained beans
- 1 1/2 cups fresh parsley sprigs
- 4-5 cloves garlic, minced
- 4 Tablespoons "good" olive oil

Salt and pepper to taste

With the motor running, add bean liquid to make the mixture the consistency of mashed potatoes.

Halve and scoop the centers from:

- 12 small tomatoes

Turn upside down on paper towels to drain for 10 minutes or more. Pipe bean filling into tomatoes. Heat in 350° oven for 20 - 30 minutes or until heated throughout.

Serves 12.

("Good" olive oil is "Virgin" or "Extra Virgin" olive oil. This describes the manner of processing.)

Good food! Good friends together to speak of skiing and other fine adventures!!!

THANK YOU COPEs FOR A MEMORABLE EVENING!!!

# SKI

# COPPER MOUNTAIN

Potomac Valley Skiers

## \$509 *per person*

### January 26 - 30, 1989

### "Super Mini-Week"

#### ❄️ Ski Four Great Mountains

Copper, Keystone, Breckenridge, & Arapahoe Basin

*(free shuttle to areas)*

*2 BR/2BA Condos at Village Square (walk to lifts)*

### Package Includes:

Round Trip Air: Dulles/Denver -non stop

4 nights slopeside lodging

4 Day "Ski the Summit" Lift Pass

All Ground Transfers

Full use of Copper Mt. Athletic Club

*\$50 per person deposit due upon application*

*(limited space)*

**Contact: Jim Wingrove**

**(o)653-6922 or (h) 762-4887**

**Payments: \$100 pp due 8-1-88**

**\$200 pp due 10-1-88**

**\$159 pp due 11-1-88**





POTOMAC VALLEY SKI CLUB-SUTTON TRIP

SAME TIME  
January 8-15, 1988  
Sunday to Sunday

SAME PLACE  
Mont Sutton, Quebec

SAME STATION  
Airplane

Reservations are firm at the slopeside LaPaimpolaise for the now fourth annual spectacularly successful Mont Sutton ski trip. The unknown factor at this time is the air carrier because I am still shopping for the lowest price that will provide us with the best and most convenient service.

The trip will include ALL TRANSPORTATION (AIR, BUS TRANSFER AND VAN RENTALS FOR USE IN SUTTON), SEVEN NIGHTS LODGING, SEVEN BREAKFASTS AND DINNERS (WITH WINE) AND A SIX-DAY LIFT TICKET PLUS CONSTANT OPEN HOUSE HOSPITALITY in the trip leaders suite (same as previous years). There will be an extra charge for the sleigh ride for those who want to go on it. The cost for this all inclusive ski week is \$595 per person. If we find that we can get a lower rate on the plane or the U.S./Canadian exchange rate fluctuates to our advantage, we will reimburse accordingly. It is necessary to ask for a deposit of \$100 per person to be sent to Jack Peoples by July 25. A second payment of \$200 will be due by September 25, with the final payment of \$285 due by November 25, (you have already made a \$10 deposit).

Since the trip is now oversold by about 10 people beyond the capacity of the LaPaimpolaise (55), I need to know immediately if any of you have changed your mind about going on the trip. (Your \$10 goodwill deposit will be refunded). For the waitlisted people, we will be able to make alternative housing arrangements at the Burns Chalet (you can eat with the group at the LaPaimpolaise). It is very important that we work this out early, so please, those of you on the present waitlist, indicate your willingness to accept other housing on the form below. We are also restricted on the number of seats available on the airplane at group prices.

For those of you who are new to the trip or are not familiar with Mont Sutton, here are some of the statistics on the mountain. Sutton has nine chairlifts (no lines during the week), 3000 feet elevation, 1550 feet vertical, 54 trails (some have been added but the trails have been renumbered to adequately describe the scope of the mountain), long runs and glade skiing (skiing through the trees) and four restaurants on the mountain for coffee breaks and lunch. Plans for this year include replacing the #4 double chair with a regular quad chair, increased snow making and more trails cut off of the new (1988) quad chair #7). By the way, chairlift #1 is at the side door of the LaPaimpolaise so you can put your ski boots on in your room. The lift ticket is good at all four mountains in SKI EAST--Sutton, Bromont, Orford and Owl's Head, and we plan to have the rental vans available for trips to the other mountains if it is desired.

PLEASE complete the below form and mail, along with your \$100 per person deposit, to JACK PEOPLES, 8907 EDGEWOOD DRIVE, GAITHERSBURG, MD. 20877. I must have it by July 25. If you have any questions, you can call me at 840-2213.

PVS SUTTON - JANUARY 1988

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ Smoker \_\_\_\_\_ Non Smoker \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Office \_\_\_\_\_ Roommate Pref. \_\_\_\_\_

Waitlisted, but will accept alternate housing arrangements: yes \_\_\_\_\_ no \_\_\_\_\_

If driving, please indicate when and how many. \_\_\_\_\_

# CALENDAR

- July 9 ... Boating at Annapolis with Dean Worcester
- July 23 ... Picnic/Swim/Sail with the Flakes
- July 26 ... ExCom at Knox Felkers . 7:30 P.M. (931-6843)
- July 30 ... Outing at Virginia Beach with Charlotte Eddy.
- Aug. 6 ... Les Miz
- Aug. 20 ... Steak & Swim at the Elrods.
- Aug. 23 ... ExCom at Sheldon Drews . 7:30 P.M.
- Sept 5 ... Crabfest at the Wingroves
- Sept 20 ... Monthly Meeting at home of Susan and Bill Brown
- Sept 27 ... ExCom at Dick Comerfords. 7:30 P.M.
- Oct. 1 ... Oktoberfest at the Wyckoffs.
- Oct. 18 ... Monthly Meeting at the home of Myra and Ken Evans.
- Oct. 22 ... Fall Hike/Dinner at the Millers' Strasburg home.
- Oct. 25 ... ExCom at the Garretts. 7:30 P.M.
- Nov. 15 ... November meeting at home of Chris and Janet Waln.
- Nov. 19 ... Chili Hike with Ray McKinley
- ... Harvest Dinner
- Dec. 20 ... December Meeting/Gluhwein at the Heitchues.



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LES MIZ - Saturday, August 6th.

By now you have received your ticket. If you are interested in dining in a group after the show contact coordinator Alice Swaln(979-6756).

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Bob and Jan Marx  
8312 Oakford Drive  
Springfield, Va. 22152



July 8  
just for you

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