

VOLUME XXIV      *Potomac Valley Skiers, Inc.*      OCTOBER  
 NUMBER 10      WASHINGTON      MARYLAND      VIRGINIA      1989

PRESIDENT'S MESSAGE

It is my pleasure to introduce our new vice president, Nancy Garrett. Nancy has been a member of EXCom for the past year and a half and, as you all know, has been very active in club events. She has won special fame and acclaim as creator and editor of COOK'S CORNER. Please offer Nancy your congratulations.

PVS will soon be 25 years old. To commemorate this event, we will be having a 25th Anniversary party. Planning has already begun by an able committee chaired by Mary Jane McCarthy and including Bill Anderson, Marilyn Clark, Ray McKinley, and Dorothy Mills.

If you have any suggestions for celebrating this event please contact one of these people.

*Dick*

DICK COMERFORD, PRESIDENT

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MONTHLY MEETING      Tuesday, October 17th. 8:00 P.M.

Where:      Home of Sally Finan  
                  2434 Rockbridge Street  
                  Vienna, Va. Tel: 573-6158

The usual Fun .. Friends.. Tall Ski Tales..  
 "heavy" business meeting..Eats.. Entertainment  
 SEE YOU THERE!!



Directions: Take Virginia Beltway Exit 8, Rte 50 West (Fairfax) to the 4th traffic light. where turn right on Cedar Lane at the sign that says "Rte 698 Vienna/ Dunn Loring." Then continue through 3rd light at Park Street one block to first right onto Stonewall Drive and immediately left on Rockbridge St to 5th house on left.

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# Coming Events

**COME JOIN US FOR ANOTHER BIKE OUTING!**

**October 7 -- 12:30** (Rain date - Oct 8)

This is a delightful 13-mile, flat terrain, bike trek from St. Michaels to Tilghman Island - home port of a large part of the famous Chesapeake Bay Skipjack Fleet.



We plan to meet in St. Michaels at 12:30 so we can be on the road at 1:00 p.m. The bike route is a 7'-8' paved area adjourning both sides of the road. We will make a refueling stop at the outdoor patio at The Bridge Restaurant on Tilghman's.

One speed bicycles are available for rent (\$8-3 hrs, \$10-4 hours) from Town Dock Rentals at the end of Mulberry Street. Turn right on Mulberry - go 2 blocks.

Non-bikers may wish to meander around town, browse in the many interesting shops, visit "the Green" where the Aquarium of Bay Life is located and the Chesapeake Bay Maritime Museum which is open from 10 - 4 (\$4 fee) or take a cruise on the Miles River.

After the hike, we will rendezvous at the Crab's Claw patio by the dock. If you can, plan on joining the group for dinner. Each person will be responsible for his/her own expenses.

Coordinator: Huey Roberts - Ph. 370 9874.

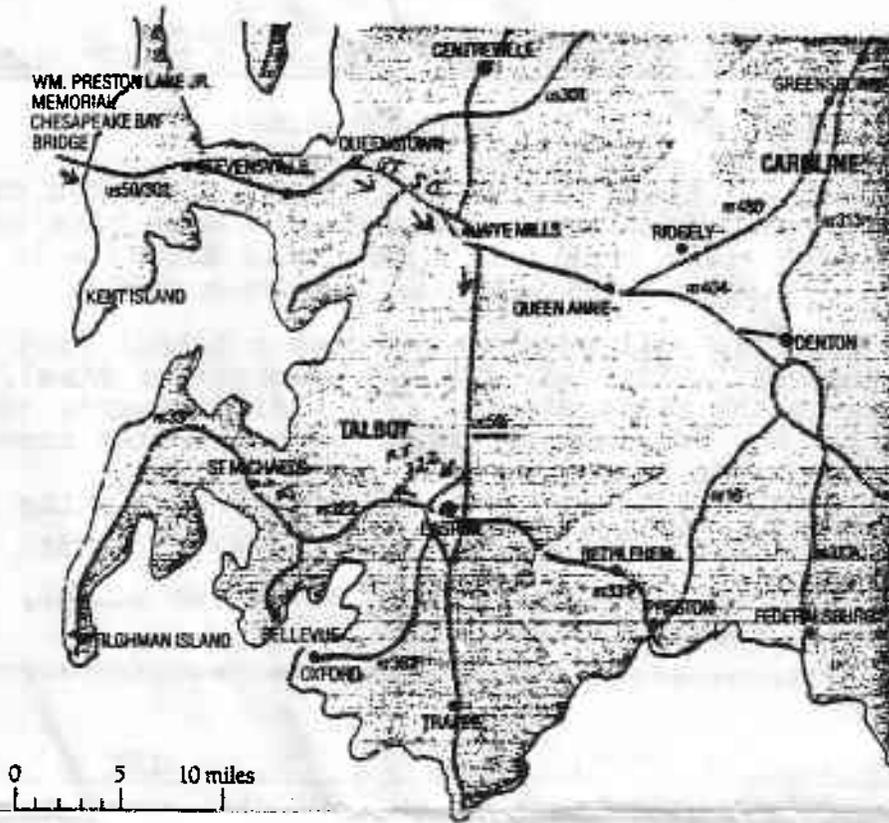
See next page for directions.



Hopper Strait Lighthouse

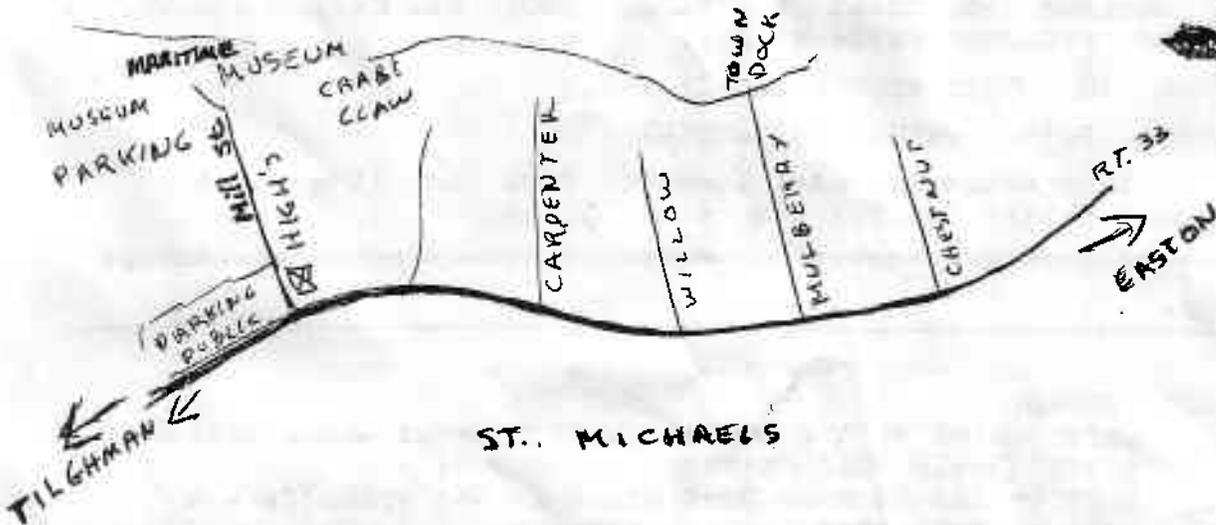
Sloop - Leonard

DIRECTIONS TO ST. MICHAELS



DIRECTIONS:

Take Route 50 from the Beltway over Chesapeake Bay Bridge -- continue on 50 for 28 miles, turn right on Route 322, go 2 miles turn right on Route 33 and then go 9 miles to St. Michaels. Go through the town until you see High's on the right. Turn right on Mill Street - also known as Maritime Museum Road - and an immediate left into parking lot.



# Coming Events

## FALL HIKE WITH DINNER AT THE STRASBURG HOME OF SHAHR SAD AND JAMIE MILLER

October 14. 9:00 A.M. Rain or shine!

Cost: approximately \$9 per person.

Limited to 40. There are still a couple of places available for this fine event which includes an 8 mile hike on the Massanutten Ridge Trail and a memorable dinner a la Shahr sad. Call the Millers (533-7651) to reserve a place.

Directions: We will meet at the Cooper School just inside the beltway at Exit 13, Rte 193 (Georgetown Pike). The school is on the right side of #193 (going towards town) on Balls Hill Rd. You can arrange your carpooling here.

Time: 9:00 A.M.

Bring: Lunch, including beverage and spare drinking water; warm clothing in case it gets cold after dark; rain gear insurance.

P.S. If you do not plan to meet at Cooper School, please call hike leader, Lu Beale (363-3521).

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## GREAT FALLS, VIRGINIA, HIKE AND CHILI WITH RAY MCKINLEY

Saturday, November 18th.

Once again it's time to join Ray for the annual trek at Great Falls followed by his very special chili at his Arlington home.

Limited to 25, this event is now fully subscribed and is waitlisted. Call Ray (527-7126)

Complete directions in November TOOT.

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## WINTERFEST DINNER Saturday, December 2nd. 7:00 P.M.

Our 9th annual Winter Dinner will be held in the party room of the Colonnade Apartment Building, 2801 New Mexico Avenue, N.W. courtesy of resident Bette Walker.

Limited to 40. Cost approximately \$15.

Coordinator: Bette Walker (333-0766).

Details on this event in next issue of TOOT but it's not too early to call Bette and reserve your place.

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### LOST AND FOUND:

1. Left behind at the Evans' Chili Cookout - one silver plated Towle "Old Master" tea spoon.
  2. Left behind at some past event at the Wyckoffs - a pair of prescription eye glasses. *If you can't read this, they may be yours.*
-

# Coming Events

WASHINGTON SKI SHOW  
November 10-11-12. Ballston Common.

Jack Peoples is coordinating our participation in this event and is organizing our TRI-ATHLON team for this year (Biking, 10 k Run, Ski Deck). At the October meeting we will sign up volunteers to help at the show on Saturday Nov. 11th.

Come see and work - it's all good fun and in a good cause which includes Special Olympics and 52 Association.

Warren Miller's 40th feature film "White Magic" will be shown.

Call Jack for more info.  
(301) 840-2213

**COME SKI WITH US!**

...an experience of people, places and adventure

SPONSORED BY BLUE RIDGE SKI COUNCIL & SKI CHALET

FREE ADMISSION OVER 70 SKI & TRAVEL EXHIBITS  
FOR INFO CALL 553-9432

**Washington Ski Show** BALLSTON COMMON  
NOVEMBER 10-11-12

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CANAAN VALLEY SKI=O=REE - Feb 2-4

Approximate cost per person:

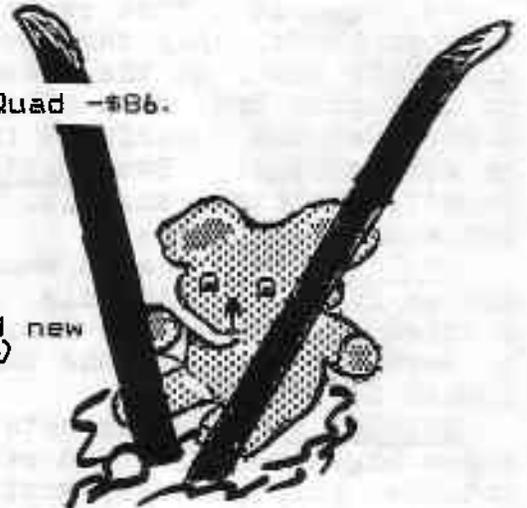
Single -\$172, Double -\$115, Triple -\$95, Quad -\$86.

Included: -

- \* 2 nights lodging
- \* 2 breakfasts, 1 dinner
- \* Wine, beer, soda and cheese social
- \* Party with open bar after dinner
- \* Use of the "Beach Club" (health club and new pool, Sauna, etc.)
- \* Tax and gratuity

Lift tickets are about:

\$26 adult and \$20 junior daily OR  
\$48 and \$36 two day incl Sat night.



XC Buffs - Timberline Ski area's lift gives access to 50 miles of cross country trails in Dolly Sods Wilderness area.

To sign up for this fun weekend, or for more information, please call JAN MARX 451-9158.

A deposit is due October 31<sup>st</sup> (Halloween) -- \$50 per person.

Check made payable to Janet Marx.

Sent to-8312 Oakford Dr. Springfield, VA. 22152



# THE KNEE

by

Ray McKinley

So much for the Knee being a political advisor. I kneed a new

job. As you will no doubt recall (since of course you read and retain every excruciatingly drafted, superb phrase the Knee provides) I suggested in June that it was about time PVS had a Vice President from Maryland. After thoughtfully considering my advice (he said) Dick Comerford selected Nancy Garrett from Burke, Va. Well, at least she's from the Maryland side of Burke.

Nancy will start her tenure by missing her first three meetings. On Tuesday nights she is taking German lessons in preparation for a 30th ankneeverary trip to Europe. Hubby Ray may also go.

Karen Felker is also missing Tuesday meetings. She's taking French in preparation for the Felker-led trip to Val d'Isere next February.

PVS is back into biking. Some 10 years ago, at a bike event on the Eastern Shore, only three people showed up. This time, at the bike-hike event on September 3rd some 20 of us arrived at the Comerford's in Leesburg to eat and bike. Even Bette Walker wasn't. (Walking, that is. I hate to explain these things!)

Sheldon Drews had a ukneeque system for protecting his rear. He carried a large sponge inside his pants between his seat and the bike's. He looked lovely.

Shirley Rettig was notable in her Aspen Highlands hat and even more notable (or, perhaps; most notablist) was Prez Dick in a tee shirt which read "Beached Whale." Ankneeway, it was such fun, another bike trip is planned for October 7. (See page 2)

Vail has converted to biking. This fall you can ride the lift up and bike down for \$9 per ride. It's a 9 mile all downhill bike schuss. If you think \$9 a ride is expensive, it's an additional \$5 to take your bike up. Seriously. And you thought skiing was expensive.

Retirees do interesting things. Shirley Rettig is working as a consultant in the Bahamas.

Huey Roberts is back from an extended bit of consulting in Albuquerque and Los Alamos, N.M. "But never during ski season," he says.

Fumiko and Myron Marquardt are off on an early October multi-stop tour down the Danube and then to Istanbul (on the Danube extended).

Club Secretary Irene Farrell took all the course work to become a travel agent. She has now said no to 3 job offers. "Perhaps after the ski season."

Can it possibly be? As you read this, Dean Worcester, after X years of sailing (where X is a number larger than 7), may now own his first-ever fiberglass-hulled sailboat. I wooden believe it.

At Dean's September sailing event, Aase Berling noted that she thought the Knee's legs were "just about perfect." But, Aase, I want to be loved for my column.

I just received a postcard from Kirk Burns from Las Lenas, Argentina where he's enjoying skiing at 12,000 feet "buried" in snow. Their snow is better than their postal service. The card was postmarked August 25!

Join the PVS Executive Committee and see the world. Within a few months we have had ExCom meetings at the Comerford's Leesburg, Va. home and at Dina Taylor's in Frederick, Md. ExComers really get around. The food, in each case, was worth the trip.

The food at the ExCom meeting in between these two wasn't too shabby either. It was at Bill Anderson's in Chevy Chase. Bill had so many wonderful goodies on his dining table no one would leave the room. Therefore PVS ExCom had its first-ever meeting sitting around a dining room table. Worst thing about this arrangement: greasy minutes.

You will be pleased (I hope) that planning is again underway for our 25th Ankneeverary. It will be in November 1990 and it really will be 25 years. (You recall, of course, that we made preparations last year for the same event but had the wrong year!)

PAST EVENTS

THE AGONY AND THE ECTASY IN LEESBURG by Lu Beale



On September 3rd, on what had to be the most perfect day of summer, a sensational new PVS event was born when 19 cyclists invaded Leesburg, Va., hometown of Prez and Betty Comerford where they biked the recently opened, tree-lined W & OD Trail from Leesburg to Purcellville and back for a total of 22 miles.

Eleven of the group brought their own bikes. These guys obviously knew what they were up to. And in for. Eight others, many of whom hadn't been on a bike since third grade, rented from a trail-side shop and quickly found that bikes ain't what they

used to be. For starters, you work the brakes with your hands, not your feet, and there are all these gears and sprockets and levers and gizmos and stuff you have to mess around with and you have to lean over, I mean way, WAY over, to reach the handlebars when all you really want to do is sit back and REST for a minute, for Pete's sake.

All the time the bike-renters were working their hearts out, the bike-owners were whizzing along like Greg Le Monde himself. But there was always Dick to cheer on the falterers, give directions, and supply a handkerchief for the tears. Or sweat. Or, even, blood.

After two hours, the group straggled into Purcellville where they immediately repaired to a cafe for liquid refreshments. Then, with spirits restored, they made the mostly downhill return trip standing upright on their pedals in order to rest their rear ends.

While Dick was shepherding the bikers, Betty was leading four non-bikers on a walking tour of historic Leesburg (with a side trip by car, to bring lemonade to the bikers) and then back to the plantation where she prepared snacks and drinks and a sumptuous lasagna and salad dinner with rich, rich, rich desserts for all.

After dinner there was a special showing of Dick's ski trip slides before the revelers finally called it a day and headed back to the big city. Thanks to Irene Farrell's coordinating and to the Comerfords' super leadership and hospitality it had been a great event and the only question is when can we do it again. There are 22 people already in line to repeat the adventure!

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September Meeting by Jan Marx

It's raining! It must be a PVS meeting night! Sure enough! On Sept. 19, Bob and Marty McNeill, first time PVS hosts, welcomed 40 plus damp but enthusiastic skiers to their attractive home in Rockville, Maryland for a typical evening of revelery and business, PVS style.

We had delicious eats, creative conversation, and our eyes beheld Seldom-Scene Jim Slack, Glad-You're-Back Bill Hager, several My-Other-Half-Is-Traveling folk, and Charming Christy Comerford who came to see just what her dad does at these meetings.

Jack and Myron brought videos of Sutton which were viewed by many including Iguana McNeill.

Thanks, Bob and Marty!

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# COOK'S CORNER



by

Nancy Garrett

Chili is one of the most universally liked foods. Of the six\* batches served at the Chili

Cookoff, the selection of the best was most difficult. However, the versions prepared by Margaret Wyckoff and Tom Payne were voted the best. The winning recipes are published below for your tasting pleasure.

## CHILI

Margaret Wyckoff

Spray Pam into skillet. Saute:

- 1 1/2 lbs. ground beef
- 1 medium onion, chopped
- 3 garlic cloves, minced

Add and mix well:

- 2 packages Chili-O seasoning mix

Add:

- 1/2 cup water
- 1 (16 oz.) can kidney beans
- 1 (16 oz.) can tomatoes

Mix well. Simmer at least 30 minutes.

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## VENISON CHILI, CAMP STYLE

Tom Payne

In heavy iron skillet, or dutch oven, heat:

- 2 Tablespoons bacon fat

Brown:

- 2 1/2 lbs chopped venison

Add:

- 1 1/2 teaspoons cumin seeds, crushed
- 2 Tablespoons chili powder
- 1 teaspoon salt

When meat is well seared, pour off fat.

Add:

- 2 cloves garlic, minced
- 2 cups coarsely chopped red onion
- 2 (16 oz.) cans whole tomatoes
- 2 medium green peppers, chopped
- 2 fresh chili peppers, chopped
- 2 bay leaves
- 2 (15 oz.) cans pinto beans

Add water to raise mixture in pot one inch. Simmer one hour on low heat.

Add:

- 2 cups red wine

Simmer 2-3 hours.

Venison can be purchased at some of the Gourmet Giants in the area. Specialty butcher shops often have venison. (This information is offered to the non-hunters in the group. Tom assured us he would never shoot Bambi.)

For those with an aversion to game, beef round steak can be substituted.

# # # # #

Marya's recipe added home grown tomatoes as well as canned, and 1 cup burgundy wine. Marya simmers the chili for 3 hours while the pinto beans cook. These are added to the brew.

Jean tried a new recipe from Gourmet Magazine which used chicken broth, oregano, lots of green pepper, and cocoa in addition to the regular ingredients of meat, tomatoes, beans.

Ken adds lots of seasonings: brown sugar, Worcestershire sauce, Tabasco, dry mustard, cayenne, ginger, cilantro, marjoram, sage, lemon juice in addition to the usual cumin, chili powder, red pepper and finely chopped jalapenos. PLUS one can of beer.\*He had "regular" and "hot."

Chili was served with rice, cornbread, corn muffins, additional cheese, grated onions, sliced jalapeno peppers.



BOATING WITH DEAN WORCESTER by Rosemary Soler

On the beautiful Severn River, formally known as "Long-Point-on-the-Severn", better known as "Dean's Place", 15 PVSers gathered on Saturday Septemer 9. Under his cabana on shore, with a delightful breeze blowing off the water, we watched the scene playing out before us as various club members availed themselves of the boats provided by Dean for their use: namely, a catamaran, kayak, canoe, Sunfish, scull and Huey Roberts' sail-board.

With a backdrop of many white sails out on blue water, against green shores on the far side and Dean's pier and dock in the foreground, the scene was not only picturesque, it was highly amusing as several members struggled in vain to master the slippery art of sail-boarding with some really spectacular falls in the drink! Warren Miller movies of beginner skiers crashing in the snow had nothing on this. Particularly noteworthy were some "doozies" by Prez Comerford and Ex-Prez Sheldon Drews, not to mention "The Knee's" and Huey's efforts. The youngest boater, Christie Comerford, seemed to be picking up the knack of kayaking with considerable finesse.

After the sun began to sink over the yardarm, and the drinks were flowing freely, Biddy fired up the grill, and as the delicious smell of steaks, hamburgers, chicken, etc. wafted through the air sightings of Dean's cat "Rascal" and the neighbors' dogs could be seen hovering near the party. Of course, we had the usual complement of delectable salads and desserts, with an emphasis on chocolate for the chocoholics among us, of whom Dean is outstanding. Biddy carved up a luscious, bright red watermelon and the feast was complete.

Thanks to our host Dean and his friend Biddy for another fun outing and thanks to Irene Farrell for coordinating the event.

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PVS OFFICIERS

EXCOM

- President ..... Dick Comerford
- Vice President.. Nancy Garrett
- Secretary ..... Irene Farrell
- Treasurer ..... Margaret Wyckoff
- Membership..... Marilyn Clark
- Program Chairman .. Ray McKinley
- TOOT Editor .. Lu Beale
- TOOT Production .. Jan & Bob Marx
- Movie Mogul ... Rosemary Soler
- Answering Service. The Marxes  
(451-9158)

SECOND TERM

- Knox Felker
- Nancy Garrett
- Barbara Leonhardt

FIRST TERM

- Bill Anderson
- Myra Evans
- Dina Taylor

# !! SKI TRIPS !!

MONT SUTTON - January 14-21, 1990. Sunday to Sunday.  
 Jack Peoples leading (840-2213). (301 if needed)  
 There are still places available for this season opener. Call Jack for info or if you need a replacement flier.  
 Meanwhile, remember a second payment of \$200 was due October 1st and the final payment of \$360 by Nov, 25. (\$20 less if you made the early goodwill payment.) Total: 660 dollars.

Send checks to Jack Peoples, 8907 Edgewood Dr. Gaithersburg, Md., 20877  
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CANAAN VALLEY SKI-O-REE - Feb 2 - 4, 1990. See Page 5.  
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MONT TREMBLANT - February 11 - 16, 1990. Sunday to Friday.  
 Jack Peoples leading. Call for info or flier (840-2213). (301 if needed)  
 Still places available.  
 \$100 deposit was due Oct. 1st. Second payment of \$300 due Dec. 1st.  
 Final payment of \$275 due by January 10, 1990. Total \$675.  
 Mail checks to Jack Peoples, 8907 Edgewood Dr. Gaithersburg, Md. 20877.  
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PVS ALPS '90 - Feb 24 - Mar 11, 1990  
 Leaders: Knox and Karen Felker (703) 931-6843.  
 Trip Full. Please send future payments as follows:  
 Before December 5 - \$1,060. For those flying with group to Geneva, please send additional \$600 by January 2, 1990.  
 Please issue checks to PVS ALPS '90 and mail to Knox and Karen Felker  
 3709 S. George Mason Drive, Apt 1506-E, Falls Church, Va, 22041  
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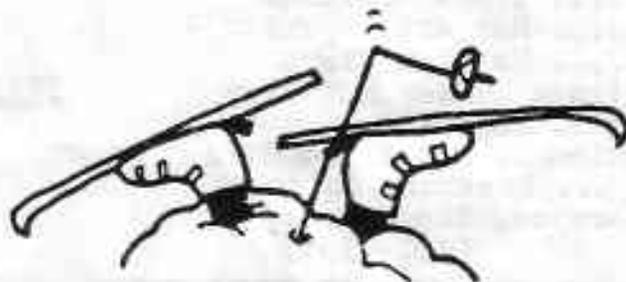
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BRSC WINTER CARNIVAL Feb. 24-Mar 3. Breckenridge and area.  
 Approximately \$760-800. We do not have enough members interested in this trip to officially sign up. However, those who wish to ski the Summit may join with our fellow BRSC clubs, Arlington Hall or Pentagon. Please call coordinator Jan Marx - 451-9158.

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KILLINGTON, VERMONT - March 11 - 16, 1990. Sunday to Friday.  
 Jack Peoples leading (840-2213) Call for info or flier.  
 Still places available.  
 Please send a deposit of \$100 per person by Oct 20. Second payment of \$300 due by Jan 1st. Final payment of \$260 due Feb 1st. Total: \$660.  
 Send checks to Jack Peoples, 8907 Edgewood Dr. Gaithersburg, Md. 20877.  
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PAST EVENT

EVANS CHILI COOKOFF by Nancy Garrett

Sunday, September 24, marked the Chili tasting/judging by 28 PVS&E expert chili tasters. The five contestants were Tom Payne, Marya Andreen, Jean Heitchue, Margaret Wyckoff, and of course, Ken Evans\*. Betty Walker brought a vegetarian chili, but declined to enter it for official judging (we all judged it to be excellent). Ray McKinley declined to enter his rendition, vowing to keep it exclusively for his "Chili Hike". To accompany the six samplings of chili were delicious appetizers, salads, cornbread, and of course with PVS&E, sumptuous desserts. \*With 2 entries.

As one might suspect, all entries were absolutely delicious. One statement I overheard, "If I were served any one of these by a restaurant, I would go back and recommend it to my friends." Before tasting, Ken explained the rules: (1) No getting into the chili with your feet, and (2) No spitting chili at your neighbor. We were then instructed to taste each offering and vote for the best. Decisions were tough. Some tasted only once, others required two, and even three tastes before such an important decision could be reached. Finally with all votes in, two were deemed to be the favorites for the evening (all contestants agreed that their chili never tastes quite the same way twice) - Tom Payne, who used a venison base and Margaret Wyckoff, who has a very easy to make recipe. (Both appear in the Cook's Corner.)

Tasters were queried about chili criteria. Those who judge a chili by its internal temperature seem to prefer a good bite to their chili without an excruciating burn. Another factor judged was the mingling of flavors - chili powder, of course, but also a good base of tomatoes, onion, garlic, various herbs, Tabasco, and the main ingredients - meat and beans.

While many were concerned that Hurricane Hugo might put a chill on the chili tasting, Hugo decided to dump his drenching rain on Saturday leaving Sunday bright, cool, and delightful to be outdoors in the Evans' back yard and deck. A large thank you to all contestants who were winners of our appreciation and full tummies. An especially large Texas kind of thank you to Ken and Myra for sponsoring such a fun filled feast. Maybe this will be the start of another annual event.

**ANN SLANDERS**

Dear Ann Slanders:

I went on a hike with PVS recently. When I finally caught up to everyone it was lunch time. I took my boots off and pulled out my Limberger cheese sandwich. Everyone was suddenly finished eating. I like to think of myself as exclusive but am I really?

Doubtful

Dear Ann Slanders:

Two guys, a poor guy I'm fond of, and a rich guy it takes three martinis to abide, have invited me to go skiing next winter. Should I go with the one I'm fond of or go with the rich guy?

Double Troubled

Dear Doubtful:

Miss Slanders doubts that anything at all edible would repel a PVSer and urges you to send the recipe to the club for inclusion in the next edition of the PVS Cookbook.

Dear Double Troubled:

No dilemma here. Go with the rich guy and take along a bottle of gin. (100 proof.)

### CALENDAR

- Oct. 7 ... Bike/Hike on Eastern Shore. See page 2.
- Oct. 14 ... Fall Foliage Hike/Dinner with the Millers. See page 4.
- Oct. 17 ... Monthly Meeting at Sally Finan's. See page 1.
- Oct. 24 ... ExCom at Lu Beale's. 7:30 p.m.
- Nov. 18 ... Hike and Chili with Ray McKinley. See page 4.
- Nov. 21 ... Monthly Meeting at the Evans'. Ski equipment discussed and demonstrated.
- Nov. 28 ... ExCom at Bill Anderson's. 7:30 P.M.
- Dec. 2 ... Winterfest Dinner. See page 4.
- Dec. 19 ... Annual Glühwein party at the Heitchues'. 8 P.M.
- Dec. 26 ... ExCom
- January Meeting - Time and place still uncertain due to skiers all leaving town to - what else? ski.

J 49 7

Bob & Jan Marx  
 8312 Oakford Dr.  
 Springfield, Va. 22152

