

VOLUME XXIX

Potomac Valley Skiers, Inc. APRIL, 1994

NUMBER 4

WASHINGTON

MARYLAND

VIRGINIA

President's Message

All good things come to an end, and the local ski season is just about over. Now that spring is here, we can look at the summer's menu: the spring dinner, the Billy Goat Trail hike, the Clark Fun Run, the spring hike, bike treks, and the not-to-be missed dinner at the Cosmos Club on August 6th to celebrate Lu Beale's 80th birthday and 15 years as editor of TOOT. It's going to be a great summer. Y'all come.

We had a wonderful ski season this year. Everywhere we went we enjoyed sunshine days, adequate to good snow and fine companionship. Ski trip participation was excellent! Now it's over, see you off the slopes!

Mary Jane

Mary Jane McCarthy, President



WHEN: Tuesday, April 19, 1994 8 P.M.

WHERE:

Recreation Room at the home of
June Kelsay, 10401 Grosvenor Place,
Rockville, Md. June's tel: 301/493/5839

WHAT:

Annual meeting for the purpose
of electing new officers and new
members. Plus the usual revelry
that accompanys PVS get togethers.

Directions: Take Beltway Exit 36 (Old Georgetown Road -Rte 187) and turn left towards Rockville. Go 1.5 miles on 187 and turn right onto Tuckerman Lane. Follow Tuckerman Lane one mile and turn right on Grosvenor Place. 10401 is the first building on the left facing Grosvenor Place. (It is white brick.) Park in the parking lot and leave your car tag number at the desk. Take elevator to the ground floor and follow signs to recreation room.



Beale

- 2 -
COMING EVENTS



DINING OUT GROUP - April '12, 1994

This month we are going to try again at the place we were iced out of for February.

Join us for dinner on April 12, 1994. Dinner will be at 7:00 P.M. This month's dinner is planned at the TERRAMAR, 7800 Wisconsin Ave., Bethesda. The TERRAMAR is a very interesting Latin American restaurant with a good variety of seafood, veal and beef dishes.

Directions: From the Capital Beltway (Rt. 495) in Maryland, take the Wisconsin Ave. exit (Rt. 355) South for approx. 2 miles to the corner of Cheltenham Drive. The TERRAMAR is on the right side of Wisconsin Ave. directly across from Chevy Chase Chevyland. Ample parking is available on Wisconsin Ave. after 6:30 P.M. and on the adjacent side street after 6:00 P.M.

Coming up Wisconsin Ave. from D.C. or by Metro, the TERRAMAR is on the left side of Wisconsin Ave., three blocks beyond the Bethesda Metro stop.

So that we may know how many to expect, Please call Pat Tengel or John Smith at (301)-299-8376 by Sunday April 10.

SATURDAY, APRIL 16, 1994 - HIKE THE BILLY GOAT TRAIL - 10:00 A.M.

Rain date: Sunday, April 17, 10:00 A.M.

Time once again to change ski boots to hiking boots and join fellow PVSers for the annual 4 mile trek on the Billy Goat Trail where the going is sometimes tough, sometimes easy, always fun.

BRING LUNCH AND WEAR STURDY SHOES!!!

Leader: Frank Shelburne (202)331-9492. No reservations necessary but call Frank if you need info or the weather is "iffy."

DIRECTIONS: Meet in the parking lot opposite Old Angler's Inn at 10801 MacArthur Blvd. Take Beltway Exit 41 for Carderock /Great Falls. Go towards Great Falls to the end of the parkway, turn left on MacArthur Blvd. and proceed a couple of miles to Angler's Inn. Parking lot on left of boulevard.



MID-WEEK BIKE TRIP, THURSDAY APRIL 21

A mid-week bike trip down the the Mt. Vernon bike trail has been planned for Thursday, April 21. We will ride from Belle Haven Picnic area just south of Alexandria to Mt. Vernon and return for a total distance of about 14 miles. The trail is flat to gently rolling. For those without a bicycle, rentals are available nearby. For further information or just to let us know you're coming, call Shirley Rettig, (703) 836-0147.

COMING EVENTS

Saturday, May 7, 1994. ANNUAL FUN RUN AND BRUNCH WITH THE CLARKS

9 A.M. RAIN OR SHINE!! Reserve your place now on this popular event which includes a five mile trek around Lake Accotink and delightful brunch at the Clarks'. Limited to 24 for brunch. No limit for hikers only. Call Marilyn or Dick now (703)978-9435.

DIRECTIONS to trailhead in Wakefield Park: Take Beltway Exit 5 (Braddock Road) in Virginia. Go West 0.1 mile to light and well-marked Wakefield Park sign on right. Drive to the main parking lot (as far as the road goes) and meet by the small bridge immediately on your right as you enter the lot.

SPRING FLING AUCTION at U of Maryland, Saturday, April 30, 1994

This is the 11th annual auction sponsored by 32 area ski clubs (including PVS) and supports ski training programs for the handicapped. The auction, which begins at 5:30 P.M., features fabulous ski packages and ski equipment. The \$25 entry fee includes both buffet dinner and auction.

For more information, call PVS coordinator Margaret Wyckoff (301-589-5532) who is arranging a PVS table for those members interested in joining in the evening's festivities.

The event will take place at the student union building on the University campus.

SKI GROUP 94

Any PVS member interested in running a ski trip for the 94-95 season should attend the free show at the Embassy Suites Hotel - Crystal City, Thursday April 21st, 5-8 P.M. Exhibitors from U.S., Canada, Europe, and S. America, representing major ski areas, domestic and foreign government tourist offices, air and ground transportation suppliers, tour wholesalers, and resort/lodging associates are there to assist you in planning your ski trip.

John Newdorp writes:

"My family and I would like to convey our appreciation for the many expressions of sympathy and condolence at the time of Eloise's death. In addition, during the many years of Eloise's illness, the continued company and understanding of PVS members did much to permit me to retain my sanity. Thank you all."

- 4 -

PAST EVENTS

AN EVENING FOR CONNOISSEURS by Bill Hager



A delicate rose champagne set the tone for the wine tasting evening at the Copes on March 12. Don explained that it was not a blush wine, but a champagne made from red grapes whose skins had been left briefly in the vat to add both color and flavor. Don obviously had succeeded, as he always does, in finding eminently suitable domestic and European vintages ranging from a superbly clear, light and dry California white to the fullest-bodied of French cabernet sauvignon. In between, and a favorite of several guests, was a light, dry Italian red from the heel of the boot, as Don put it, especially crafted for sipping the afternoon away at a sidewalk cafe.

Wine is meant to accompany good food, and Pat's excellent food selections complemented Don's wine choices. We learned that wine is used not to wash down the food but rather to follow it to heighten the flavor and aroma of each. The sausage with the white wine was particularly exquisite, and Nancy Sexton assured us that the imported Stilton cheese went perfectly with the 1970 vintage Port.

The two dozen guests enjoyed their wine so much that they could not stop commenting on it to Don, and thanking Pat for her hospitality. So much so, that after the last of the guests departed, Pat discovered 30 cups of cooling coffee in the kitchen, with real cream ready to be poured into regular or decaf, as you like! Thank heavens for the microwave on the following morning - and thanks again to Pat and Don for another superb evening for 24 fortunate PVS&E members.

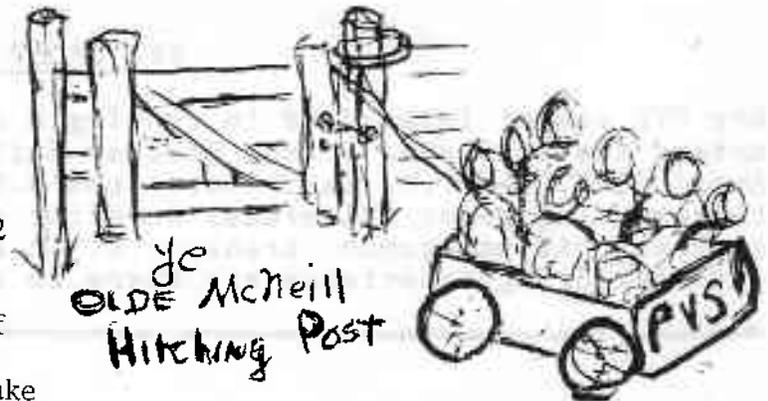
MARCH MEETING by Lu Beale

On March 15, about 45 PVSers invaded 2 Hitching Post Place (confuse this with Hitching Post Court or Hitching Post Lane at your peril!) to enjoy the hospitality of Bob and Marty McNeill.

There was ample elbow room for all to make the circuit from room to room, filling glasses with potables of choice and enjoying the exceptional hors d'oeuvres (the salmon mousse was outstanding!). Conversation never ceased. There was a lot to talk about and all of it was - what else? - ski talk. As the end of the ski season looms, past trips were remembered with nostalgia. All agreed it had been a rotten winter at home but a great one on the slopes.

Pres McCarthy conducted a brief business meeting in the recreation room where members were gathered, Quaker style, with the ladies seeming to form a solid bloc on one side, the men a separate bloc on the other side. Why this was so was never clear but everyone seemed noticeably more at ease now that the boa constrictor, who used to live in the rec room, has moved on.

All in all, it was a great evening. We thank the hosts and hope they enjoyed it as much as we did.



Beale



THE KNEE

by

Ray McKinley

Over the years, the Knee has tended to repeat themes and push favorite causes, places, and things. So, once again it's time to remind all of you that you should ski more in knickers.

Knickers are great for skiing. They come in all manner of fabrics and coordinating colors. They can be worn alone (with, of course, short johns underneath). They can be worn over your ski pants or under them (in which case they are called pantaloons). And they are great for spring skiing.

Of course, the Knee never wears knickers. He wears Kneekers.

It happened in Sun Valley. Really. Late one afternoon Pat Tengel was in her room wondering where John was, when the telephone rang. "Is this Dr. John Smith's room?" asked a pleasant young voice. "Yes, it is." "Will he be ready for surgery tomorrow morning?" "What?" stammered Pat, nearly in shock. "What kind of surgery is being done on John?" "Oh no," said the voice. "Dr. Smith is performing the surgery." It was the wrong Dr. John Smith.

Dr. Aina Thomas rarely has that problem.

All of our yucky (a meteorological term) winter weather has made for some great eastern skiing this year. Joan and Glade Flake report that, for the first time in memory, all of Sugarloaf Mt. in Maine was open--and with excellent cover.

Ski Liberty Patroller Bob McNeill commented that Liberty has sufficient snow to remain open until mid-April. Bing Poon, whose last trip there was when Liberty was Charnita, was pleased to tell me that they've added a second lift.

Bob McNeill, by the way, bought a new pair of those 5-inch wide powder skis. Chatting at the Copes' wine feast, he told John Newdorp he'd yet to

use them. (But what of Liberty's legendary Sham Pain powder, Bob?) John said that several (ahem) years ago he had won a pair of equally wide, very soft Miller western powder skis at a ski benefit in New York. They were still in his closet and he'd never put bindings on them.

Aside from great wine and food, the first sign of spring was present at the Copes--soft, yellow forsythia, brought in from Pat's yard only a few days earlier. Another sign of spring was the presence of long lost PVSer Kathy Quinden. Right on.

Lest I forget, knickers are great for skiing at high altitude. Even when air is sparse, you are still breathing in short pants. (ouch!)

Ski Trip Chairman Dick Comerford has been doing his share of skiing. He showed up at Winter Park for a few days to ski with Dina Taylor's crew. A bit later he was back at Steamboat skiing with Huey Roberts, (of course), Tom Aguilar, and the also long-lost Phil Ufholz.

At Steamboat, they entered a ski race after Dick and Phil exchanged bibs. At a racers' raffle thereafter, Dick's new number won a \$550 pair of skis. He refuses to split the pair.

A month earlier, at a ski raffle, in Austin, PVS' Texas contingent Charlie Gordon won a Spyder ski parka. Bill Anderson claims it's Charlie's first new piece of ski clothing in 50 years.

Ubiquitous PVS--again. While on their annual ski trip to Utah, Roy and Malda Elrod ended up seated at a Park City restaurant next to Alice Swalm and Jacques Hadler.

Half of a conversation between Pres. Mary Jane McCarthy and Treasurer Nancy Garrett, "You mean you think it might be colder in the mountains?" No comment.

Bob and Margaret Wyckoff soon expect to be grandparents. Margaret says daughter Patty "looks like a barrel."

And, finalknee, instead of wearing apres ski boots with my kneekers, I wear (what else?) skneekers.



SUNNY SUN VALLEY by John Smith

Early on Tuesday morning, March 1, 10 PVS members arrived at Dulles Airport for the long trip to Sun Valley, Idaho. This was the last chance to get out of Washington before another of the regularly scheduled ice storms. We arrived in Boise, Idaho to a temperature of 68° F and brilliant sunshine. Shirley Rettig joined us in Boise for the rest of the trip.

Sun Valley lived up to its name and every day was "Sun" day. A few days the temperatures were in the 50's and then cooled to the 40's. Old Baldy mountain has some of the most picturesque and under graded trails of any mountain. A "green" trail at Sun Valley would be rated at least a "blue" trail any place else. They have the largest snowmaking in the world and nearly all of the lifts have been upgraded recently to detachable quads. A really great, but quite challenging mountain. We had fine snow for our entire trip.

After each day's magnificent skiing, most of the PVS group retired to the large heated outdoor pool at the lodge to soak out the kinks before our daily apres-ski party at Nat's and Mary Jane's. On Saturday evening we all enjoyed seeing the famous 1941 movie "Sun Valley Serenade" featuring Sonya Heine and the Glenn Miller orchestra. Skiing certainly was different back then with long wooden skis and only single chair lifts, but the Sun Valley Lodge was just as elegant as now. On Monday evening we had a special champagne apres ski party, compliments of Marianne Cook and Edith Rabinovitz.

On Tuesday, Edith was the fastest person in the "Sun Valley Ski Boot Slalom" when she skied down the entire Greyhawk trail on her back and on her front after losing her skis at the very top of the trail. Nat Seeman, John Smith and another skier tried to catch her but were not nearly fast enough even with their skis on. The Greyhawk trail has a vertical drop of 1485 feet and is over 1/2 mile long. Edith fell down the entire trail except for the last 200 feet of vertical drop. It was a miracle that she was not bruised or hurt but Edith claimed that she was saved by an adequate amount of padding "au naturel".

On Tuesday evening we were entertained with marvelous melodies by Marianne in the Sun Room of the Sun Valley Lodge. Since it was the second Tuesday of the month, 10 PVS members met for the PVS Dining Out Group in the Lodge Dining room for the most elegant DOG dinner to date.

On Thursday March 10, we had to give up all the sunshine and return home. Shirley Rettig left the group in Boise to continue on to Reno for more skiing. All of us returned hearty and healthy. The trip was beautiful and elegant with some of the finest skiing of any PVS trip in recent years. Thank you, Nat, for taking such good care of us.

Sun Valley

COOK'S CORNER



by

Nancy Garrett

Many requests were made of Vivian Barry to share her recipes from the Beach week-end. She has graciously provided two that

all seem to enjoy. She has added comments regarding PVS which I will pass along to you. The Spring Dinner at the party room of Bette Walker will be held on March 26. This column provides a couple of the appetizers.

BAKED PEAR BRIE

Cut top from medium size (8 oz.) round of Brie

Spread evenly over the top:

- 1 (6 oz.) jar pear preserves

Sprinkle top with:

- 1/2 cup almond or pecan pieces

Bake in 350° oven for 15-20 minutes or until soft in the center. Serve with English Water Wafers, Wheat Biscuits, and/or Sourdough Rounds. Serves many depending on the number of additional hors d'oeuvres served. This is very rich and guests seem to love it.

BARRY'S PVS BISQUE

In large kettle or Dutch oven, cook together until soft and lightly browned:

- 3 Tablespoons unsalted butter
- 3 onion, coarsely chopped
- 1-2 cloves garlic, minced or pressed

Add:

- 2 cups whole tomatoes, fresh or canned
- 2 cups potatoes, diced
- 1 can (16 oz.) cream corn or 2 cups cut from cob
- Up to 2 quarts of milk, depending on desired consistence
- Salt and Pepper to taste
- Sprigs of fresh sage, tarragon, chives, rosemary, thyme (or 1/2 teaspoon of each dried)
- Dash of Old Bay Seasoning

Cook over medium heat until potatoes are done.

10 minutes prior to serving, add:

- 2 cups cooked lobster meat (after PVS has eaten all the good juicy tail meat)

- 1 cup mussels (or whatever is left after the PVS cocktail party (can also use shrimp or a combination of the 2)
- Serve with warm herb bread, or sourdough bread and a good white wine. Vivian and Bob say "Bon Appetit!!!"

CHICKEN LIVER PATE

Rinse 1 lb. chicken livers in cold water and drain on paper towels. Remove and discard membrane or fat.

In a large skillet, sauté:

- 1/2 cup (1 stick) butter or margarine
- 1/2 medium onion, chopped

Add:

- Chicken livers (from above)
- 1 garlic clove, crushed
- 1/2 teaspoon tarragon
- 1/2 teaspoon sesame seeds
- 1/4 teaspoon thyme
- 1/4 teaspoon salt
- Dash ground nutmeg and cinnamon

Cook until livers are firm and pink in center (5-10 minutes). DO NOT OVERCOOK. Pour mixture into food processor and blend until smooth. As mixture is blending, add:

- 2-4 Tablespoons sherry

Lightly grease 2-cup mold or bowl. Pour pate into mold and chill. When solid, turn out onto a serving platter. Garnish with parsley bits or sliced olives. Serve with crackers or toast points.

(I find it easier to unmold if I use a bowl and line with plastic wrap. Spray the plastic wrap with PAM or other vegetable spray. Place pate into bowl and chill. Upend onto platter, remove bowl, remove plastic wrap and smooth with knife, if necessary. Garnish as above.)

JEZEBEL

Mix well:

- 1 jar (6 oz.) pineapple jelly (Giant brand)
- 1 jar (6 oz.) apple jelly (Giant brand)
- 1 small can dry mustard (powdered)
- 1/4 - 1/2 jar horseradish

Cover and let this age (ferment) overnight. Do not refrigerate. Serve over cream cheese using club crackers to scoop. Also works well to have a small spreader.

Mixture is sufficient for 2-4 (8 oz.) packages of cream cheese.

CALENDAR

- Apr. 12 ... DOGS (See page 2) .
- Apr. 16 ... Hike the Billy Goat Trail. (See page 2).
- Apr. 19 ... Annual Meeting at June Kelsay's.
- Apr. 21 ... Mid-Week Bike Trip. (See page 2) .
- Apr. 26 ... ExCom at the Wyckoffs'.
- Apr. 30 ... Spring Fling at Maryland U.(See page 3).
- May 7 ... Fun Run/ Brunch at the Clarks'. (See page 3).
- May 17 ... Monthly Meeting at the Ufholz'.
- May 28 ... Annual Bike Trip on St Michaels.
- Jun. 26 ... Montgomery Players presents Two Into One. Details later.
- Aug. 6 ... Dinner at the Cosmos Club to celebrate Toot Editor's 80th birthday and 15th year as editor.Details later.

HEAVY WEIGHT 50/50 T-SHIRTS

Colored T-shirts with PVS logo printed in front will be ordered in May. Interested club members should contact Charles Huggins (703) 424-5725 by phone or at the upcoming April and May monthly meetings to select a color and order shirts. Each member will be limited to a maximum order of three T-shirts. Sizes S to XL \$7, XXL \$9, and XXXL \$10.



**ROBERT & JANET MARX
8312 OAKFORD DR.
SPRINGFIELD, VA 22152**

