

VOLUME XXX
NUMBER 4

Potomac Valley Skiers, Inc.

WASHINGTON

MARYLAND

VIRGINIA

APRIL 1995

PRESIDENT'S MESSAGE

This is my last President's Message and I want to extend many thanks to all the friends who worked with me during the past two years. Your help was essential.

My association with PVS has been a warm one and I hope others may experience a similar association. I could not have had the enjoyment without your participation and that of the various Executive Committee members. I thank you for your confidence in me.

Mary Jane

Mary Jane McCarthy



WHEN: APRIL 18, 1995, 8 p.m.

WHERE: Recreation Room at 10401 Grosvenor Place, Rockville, home of June Kelsay. Tel: 301-493-5839.

WHAT: Annual meeting, with party part (food and drink, that is) hosted by Barbara Leonhardt. Followed by serious business of electing a president and board members and acting on applications of prospective members.

DIRECTIONS: From Virginia, take the Beltway (495) to Exit 36, Old Georgetown Road (Route 187). After leaving the Beltway, turn left on Route 187 toward Rockville. Go 1.5 miles, turn right on Tuckerman Lane. There will be a sign indicating that this is the way to the Metro. Follow Tuckerman Lane for 1 mile and turn right on Grosvenor Place. 10401 is the first building on the left facing Grosvenor Place and is white brick. Park in the parking lot and leave your car tag number at the desk. Take the elevator to the ground floor and follow the signs to the recreation room.

From Rockville Pike (Route 355): Going south, turn right on Tuckerman Lane. At the first street, which is Grosvenor Place, turn left and proceed as above.

ANNUAL MEETING:

For President: Serge Triaou

For ExCom Members: Ned Flaherty
Ray Garrett
Shirley Rettig

For Membership: Betty Byrne
Tony Drago
Marilyn Durkin
Nancy Ewing
Ron Ewing
Marvin Haas
George Welti

Membership Chair Marilyn Clark reports these applicant members have completed all the requirements for active membership in PVS.



C O M I N G E V E N T S

SPRING DINNER AT THE COLONNADE - April 8, 1995, 7 p.m.
2801 New Mexico Ave., N.W. Now full, but call Marilyn Clark to ask about dropouts. If you need to cancel, you must do so by April 5. REMEMBER TO BRING YOUR OWN SILVERWARE, PLATE, CUP AND WINEGLASS.

Directions: Take Beltway Exit for River Road toward Washington. Go 4.1 miles to right on Western Avenue. Go 0.7 miles to Westmoreland Circle where take Massachusetts Avenue left towards D.C. off the circle. Go 1.2 miles to next circle (Ward). Turn right onto Nebraska Avenue and go 0.2 miles to first light where turn left onto New Mexico Avenue. Proceed 0.8 miles to 2801 New Mexico. Need help? Call Bette Walker (202-333-0766).

* * * * *

FAMOUS ANNUAL BILLY GOAT TRAIL HIKE - April 15, 1995. Frank Shelburne, coordinating. Put aside your skiing togs and don the hiking gear for this fun trek along the Potomac. Bring a lunch to carry you around the loop.

Meet in the parking lot opposite Old Anglers' Inn at 10 a.m. If the weather looks iffy, give Frank a call at 202-331-9492.

* * * * *

THIRD ANNUAL MID-WEEK BIKE TRIP, THURSDAY APRIL 20

The third annual bike trip down the Mt. Vernon bike trail has been planned for Thursday April 20. We leave at 10 A.M. from Belle Haven Picnic area just south of Alexandria to Mt. Vernon and return for a total distance of about 14 miles. The trail is flat to rolling. For those without a bicycle, rentals are available nearby. For further information or just to let us know you're coming, call Shirley Rettig, (703) 836-0147.

M O R E C O M I N G E V E N T S

GOURMET WINE TASTING AT THE COPE'S - April 22, 1995. 8 p.m.

There may be a space or two for this fun event. To check, call the Copes at 703-836-5436. 117 West Monroe Avenue .



Directions: Take the George Washington Parkway south past the airport. Just past the sailing marina, take the first right onto the service road, marked Slaters Lane. At the first signal, make a right turn onto Slaters Lane. The Lane makes a left-hand turn past some warehouses. There bear left at sign that says Route 1 North. This puts you on a bridge. At the end of the bridge turn left onto Monroe Avenue. Go through 2 signals and the Cope home is the big, white house on the right before the third signal. 117 West Monroe Ave.

SKI GROUP 95

Members interested in running a ski trip or looking for information on a ski area to ski in 95-96 should attend the free show at the Embassy Suites Hotel, Crystal City, Thursday April 27th, 5-8 P.M. Exhibitors from U.S., Canada, Europe, and S. America representing major ski areas, domestic and foreign governments tourist offices, air and ground transportation suppliers, tour wholesalers, and resort/ lodging associates are there to assist you in planning your ski trip.

SPRING FLING AUCTION Univ. Maryland Saturday April 29, 1995

This is the 14th annual auction sponsored by 28 ski clubs (including PVS) and supports handicap sports. The silent auction begins at 5:30 P.M., features ski equipment and is followed by the banquet at 7:30 P.M., which is followed by the live auction at 8:30 P.M. of weekly ski trips to U.S., Europe, and South American ski areas. The \$25 entry fee includes both buffet dinner and auction. For more information, call PVS coordinator Charles Huggins (301-424-5725) who is arranging a PVS table for those members interested in joining in the evenings festivities. The annual event is held at the Student Union Bldg. on Univ. Md. campus.

ASPEN POST TRIP PARTY, April 29th, 1995, 5 p.m. At the home of Dina and Charles Taylor, Directions will be sent to participants after income tax filing date.

BLUE RIDGE SKI COUNCIL MEETING - April 30, 1995.

Holiday Inn, Gaithersburg, MD 8 a.m. to 3 p.m., \$18. Call Dina Taylor, 301-427-3240, if you're interested in attending.

A N D M O R E.....

SPRING BIKE OUTING - Saturday, May 13, 1995 (Rain date - Sunday)



Route: St. Michaels to Tilghman Island (13 miles) with a stop at a restaurant in Tilghman Island for refueling.

Après: Reservations will be made at the Town Dock Restaurant for five o'clock.

Directions: Route 50 to Bay Bridge, continue 28 miles, right on Route 322 for 2 miles, right on Route 33 for 9 miles to St. Michaels, right on Mill Street, immediate left into parking area.

Rental bikes are usually available in St. Michaels.

Call Ruth Schrider (301-989-4606) to let her know you are coming.

* * * * *

MAY 18, 1995. Morning tour of Lingamore Winecellars, in Mt. Airy, MD, followed by an afternoon tour of the Eisenhower Farm in Gettysburg, PA. We'll plan on carpooling. Details next month.

NEW!
NEW!
NEW!

* * * * *

ANNUAL FUN RUN AND BRUNCH - May 20, 1995.

The brunch is full but call Marilyn Clark (703-978-9435) to ask about cancellations. Plenty of room for the five-mile trek around Lake Accotink.

* * * * *

ONE TIME ONLY NEW EVENT: Tuesday, June 13.

Arrangements have been made for PVS to attend an "Olde Tyme Music Hall" at the British Embassy on June 13. If you enjoy British humor, you'll love this event.

The cost will be approximately \$20 and we are limited to 40 people. Call Marilyn Clark (703-978-9435) to make reservations.

Bob Wyckoff is recuperating from a serious illness at the Carriage Hill Nursing Home in Silver Spring. If you'd like to send a card, address it to 8100 Park Crest Drive, Silver Spring 20910, and Margaret will deliver.

Prognosis by Ray McKinley's doctor: boredom. Ray will be resting his casts at home for some weeks, and cheering words can reach him there.



Proposed Ski Trips for 1995-96 Season

<u>DATE</u>	<u>PLACE</u>	<u>TRIP LEADERS</u>	<u>REMARKS</u>
Dec. 9-16, 1995 (1 week)	Winter Park		Doug Horseman of Any Mountain Tours will handle the arrangements.
Jan. 28-Feb. 4, 1996 (1 week)	Sun Valley	Jack Peoples Myron Marquardt	Might include a trip to Jackson Hole the week of Jan. 21-28 for those interested.
Feb. 16-Mar. 2, 1996 (2 weeks)	Europe Trois Vallees (France) Davos-St. Moritz St. Anton-Kitzbuhel	Dina Taylor	Trip to be one week in each location.
Mar. 9-20, 1996 (10 days)	Steamboat Springs- Beaver Creek	Ray McKinley Nancy Sexton	Hope to fly direct.

The above-proposed schedules are tentative, and the dates and places can change as the trips are firmed up; but this gives the members of PVS something to plan towards for the 1995-1996 season.

P A S T E V E N T S

MARCH MEETING by Liz Triau

On a lovely Spring evening, Suzanne Boisclair welcomed about 40 people including three guests to her charming home in Virginia.

During the first hour everyone socialized and munched on the delicious foods our hostess had prepared. There was much talk about this past ski season and who had skied where and how often and there was a little nostalgia for those of us for whom the season is now over. However, for some PVSers, there is more skiing ahead. There is the contingent skiing this week in Waterville; Suzanne will leave soon for Vail, and the Flahertys are talking about another trip to Colorado.

In the absence of President, Mary Jane McCarthy who is skiing at Waterville this week, VP Serge Triau conducted the meeting. Marilyn Clark, reported on upcoming events and informed us that Program Chairman, Ray McKinley is recovering from a jogging accident. We all hope that Ray will have a very speedy recovery.

Many thanks to Suzanne for hosting our meeting.

CANADIAN CAPERS - by Lu Beale



On February 18, 1994, under the leadership of Ray and Nancy McKinley, an army of 63 (the largest trip group in PVS history) invaded British Columbia to check out the much touted attractions of the Blackcomb/Whistler Resort, for three years rated by Snow Country Magazine the Number 1 ski resort in North America.

To satisfy the naysayers who stayed home, let us admit right at the start that there was some rain. And fog. And ice. And conditions were not always optimal. Now hear this: Whistler/Blackcomb was a flawlessly led trip with a super bunch of PVSers and we had a ball. And plenty of fine skiing.

The area has a vast array of trails and bowls, including three glaciers and the longest vertical in N.A. The "natives" are outstandingly friendly. The dining is superb. And our slopeside accommodations at Le Chamois and the Glacier couldn't have been more luxurious.

Each day we attacked the mountains with typical PVS vigor and gave them mixed reviews according to the time of day. Dick Bond reported that Cloud Nine offered a super run. An hour later, Nat Seeman, Mary Jane McCarthy and Ned Flaherty tried it and declared it the pits. It was that kind of weather, changing every hour.

We met each day at prearranged mountain restaurants to compare notes and plan strategy before once again attacking the enemy, each in his own fashion. Vince Clark skied from mid-Blackcomb to the bottom in 5½ minutes, passing Mom Marilyn and friends who trucked on down in 1½ hours. Troy Evans tried snow boarding, ending up disillusioned and black and blue. David Abraham developed a special skill for skiing on water. Shirley Rettig skied anywhere, anytime, any weather.

Ron and Nancy Ewing and Bryan Hartwig spent over an hour hanging in a dead Harmony Express quad. When we learned Ron had been similarly marooned for three hours on a lift in West Virginia we avoided sharing chairs with him thereafter. Nothing personal.

The McKinleys hosted a daily après ski happy hour in their beautiful bedroom where the jacuzzi was filled with iced beer. In the course of 6 evenings, 63 loosely (?) packed guests consumed 178 cans of beer and 13 gallons of wine and an inexhaustible supply of nibbles. One evening featured a sumptuous cake supplied by Myra Evans in honor of Ken's 50th birthday. They hope to celebrate the 51st with us in Colorado.

Another gathering featured an Awards Ceremony devised by the imaginative hosts during which every person received an award for something or other. Mostly other: For example: Betty Lawrence for best white ski hat in which a mouse at Blue Knob had died and been scraped out of; Dot Mills for easiest orange glow hat to spot on the slopes; John Smith for his bumble bee outfit; the "I Really Didn't Want to Ski Anyway Award" shared by Jackie Flaherty, Fumiko Marquardt,

(Canadian Capers continued...) and Jeanne Strickland all of whom were casualties before they even got to the mountain. Also, a Special Award to the Heitchues for their bravery in agreeing to host the post-trip party.

Après skis were followed by gastronomical adventures. Outstanding were the three provided by the leaders at 5-star restaurants.

On Saturday, after bussing the 75 miles to Vancouver, 40 of us took the 3½ tour of the beautiful city, a tour thoughtfully arranged by Bette Walker.

We split for dinner at various ethnic restaurants. The Marquardts, including son David and twin-expectant Jennifer, went to the hotel's Rooftop Cabaret to celebrate their 37th anniversary. Fumiko amazed everyone by dancing on one foot.

Returning from dinner at a nearby restaurant, Marilyn Clark tripped on the curb and injured her foot, possibly becoming the first PVS&Eer to suffer an injury related to the E part of our acronym. Genee Boykin wrenched her back when she sneezed on the way to lunch, but that was before eating and can't really be considered an E injury.

Early Sunday morning, we packed our gear and boarded the buses in the customary high spirits attending a 5 a.m. departure. We flew home on an airline soon dubbed Northworst under the direction of a petty tyrant named Scooter.

But that is another tale for another time. We end this tale on a happier note which is to say "Thank you, Nancy and Ray. If there were a grade higher than One A for trip leaders, you would have it."

DO YOU NEED A DIFFERENT SKI INSTRUCTOR?

By Ned Flaherty with apologies to Dave Letterman

For top ski development, the Professional Ski Instructors Association recommends regular lessons even for the experienced skier. Hardly a man among us, plus some of our accomplished female members, cannot benefit from instruction. However, signing up with an instructor is somewhat similar to buying a pair of shoes without a fitting. Following are some signals you might want to return to the ski school and request a refund or a replacement...

When the instructor

- 1...forgets to get off chair at the terminal
- 2...says "Do exactly as I do!" and then stands there ogling the dollies
- 2...declares Apres Ski is a daily devotional ritual for religious students
- 4...comments PVS trips must be like forever Winter Park with the challenge of Mary Jane on every run.
- 5...forgets to explain to female students "Point 'em down hill!" refers to ski tips
- 6...asks if PVS has tried mountains or just skis the River Valley
- 7...suggests you pick the time and place for lunch just after you have had lunch
- 8...asks if Glade Flake is a snow report for a remote private ski area
- 9...asks how PVS claims such a large membership with only one Peoples on the roster.
- 10...admits THE KNEE probably contains more valuable technical ski tips than offered in the lesson



COOK'S CORNER

- 8 -

by

Nancy Garrett

Who can believe that Easter is almost here? The recipes provided would be great for

Easter guests, can be prepared ahead, and are especially delicious. PVS&E cooks ALWAYS have good recipes.

CHUTNEY CHICKEN

Irene Farrell

In medium sauce pan, heat:

- 3 Tablespoons soy sauce

Add, sautéing until golden brown:

- 1 whole chicken breast, diced

Add:

- 1 - 2 teaspoons curry powder
- 1 medium apple, diced
- 1 medium tomato, diced
- 1/4 teaspoon ginger
- 1 teaspoon instant chicken bouillon

Simmer for 15 minutes. Serve over *basmati* rice. This is an Asian rice grown in Texas and available at most grocery stores. Irene says it is worth finding.

PORK MEDALLIONS

Irene Farrell

In medium saucepan, heat:

- 2 Tablespoons oil

Add:

- 1 lb. pork tenderloin, cut into 1/4-inch thick medallions

Cook for about 6 minutes and remove to platter.

In same pan, cook:

- 1 small garlic clove, crushed

Add:

- 1/4 cup port wine
- 2 Tablespoons apricot jam

Boil for 1 minute. Add port medallions to heat through. Serves 4.

JOHN CLANCY'S BROCCOLI MOLD

Pat Tengel

In large saucepan, cook until tender and drain:

- 1 1/2 pounds broccoli

Let cool to room temperature and cut into pieces. With metal blade in food processor, add 1/3 of broccoli pieces and process until finely chopped. Repeat 2 more times with remaining broccoli. Scrape down sides often.

Add one at a time, processing after each addition:

- 3 eggs.

Add, processing until smooth:

- 1/4 cup heavy cream
- 1 1/2 teaspoon salt
- 1/4 teaspoon freshly ground pepper
- 1/8 teaspoon ground nutmeg

Spoon mixture into a buttered 3 to 4 cup ring mold. Cover with buttered waxed paper with buttered side down. Place mold in shallow roasting pan on oven shelf. Pour boiling water into pan to depth 1/2 up sides on mold. Bake in preheated 350° oven for 30 minutes or until knife inserted in center of custard comes out clean. To unmold, invert round serving plate on mold, then turn over and lift off mold. Will serve 5 - 6. Reheats nicely in microwave.



THE KNEE

by

Ray McKinley

There's still lots of great, late season skiing. But the Knee won't be partaking this year. The Knee has a boo-boo.

Indeed, this particular column should be called the Arm and the Knee. I fell and landed on my left arm shattering both of the forearm bones, and requiring a bone graft from my hip. The fall also broke the left tibia, just below the knee.

After four hours of surgery, some 16 screws in my arm and leg; and 8-12 weeks in bed, I expect to ski next season. Was this a ski accident? No, I fell while jogging. The technical term is Yuck.

Do you remember Dick Comerford? He's actually alive and appeared at a recent Excom meeting. Dick's been night skiing at Bogus Basin near Boise, Idaho (where, by the way Alice Swalm took up skiing and Bill and Susan Brown skied last winter). Night skiing at Bogus? "A small number of lights. A small number of people."

While recovering from a broken leg, Virginia Larson slipped and broke a vertebra in her back. Ouch.

John Smith works for the Bureau of Standards. Recently one of the senior scientists came up to him and said "your son is visiting." "I don't have a son," protested John. "I don't have any children." The scientist was perplexed, then smiled "Oh, it must be the John Smith who works at GE."

In case you missed it, while at a Census Conference Bob Marx was featured in a quarter-page article in the Hindustani Times. It's the largest newspaper in New Delhi, the city that's known for its kosher sandwiches.

Recently Howard Hensley retired from the Department of Labor. He's now working

for a boring law firm--Boring, Parrott and Pilger.

Joan and Glade Flake are just back from their condo at Sugarloaf, Maine. Glade described the conditions as "Not spring skiing, summer skiing."

On the other hand, Roy and Malda Elrod had great conditions in Utah where they celebrated their 50th annkneeverary. Malda does report "a few negatives: no wind, no crowds, and no other PVSers."

After a year of retirement, Veep Serge Triau took a two day a week consulting position. The project blossomed and Serge is now full time.

Ensnconced in Officers digs in LA are Chris and Janet Waln. What digs! Their home is a registered historic monument used in the movies "Midway" and "Tora, Tora, Tora." Right in.

There's never anything about this column that's phonknee. And it's always real, not a painted fauxknee.

Recently in town was part of PVS' Winterpark contingent, Dick Harsh, having just skied with Gail and Larry Pease. Both of Dick's daughters, he said with fatherly pride, have just received their National Patroller Appointments.

PVS ski racers. The term used to be an oxymoron. After being cajoled by Charlie Huggins to race in Banff last year, Liz and Serge Triau were hooked on NASTAR. At Aspen, both won silver medals and at Roundtop won golds. It proves that if you search, "there's gold in them thar hills."


More on Whistler next month, but the Kneedle of the Month must be awarded. To none other than Irene Farrell. Irene received a call from Bob Harmon, "I'll pick you up for the Whistler trip in an hour." "But we leave tomorrow, on Friday," protested Irene. "It is Friday!" Irene packed and made the plane. One "minor" problem. Unpacking on arrival at Whistler, Irene discovered that her ski clothes failed to make the trip!

CALENDAR

- April 8 Spring Dinner - Page 2.
- April 15 Billy Goat Trail hike. Page 2
- April 18 Monthly meeting at June Kelsay's. Page 1.
- April 20 Bike trip to Mt. Vernon. Page 2.
- April 22 Gourmet wine tasting at the Copes'. Page 3.
- April 27 Ski Group '95. Page 3.
- April 25 ExCom at Mary Jane McCarthy's.
- April 29 Spring Fling. Page 3.
- April 29 Aspen Trip Party. Page 3.
- April 30 Blue Ridge Ski Council meeting. Page 3.
- May 5 Waterville Trip Party at Ruth Schrider's. Friday.
- May 9 DOGS. TBA.
- May 13 Bike Trip to St. Michaels. Page 4.
- May 16 Monthly meeting at Charlotte Couture's.
- May 18 Tour of vineyard and Eisenhower Farm. Page 4.
- May 20 Fun Run and Brunch at the Clark's. Page 4.
- May 23 ExCom at Jessma Blockwick's.
- June 13 British Embassy Music Hall. Page 4.
- June 20 Monthly meeting at Betty Lawrence's.
- June 24 Whistler Trip party at the Heitchue's.
- October 7 ... 30th Anniversary Dinner.

378 25141 A (NA)



 B. WALKER
2411 NEW MEXICO AVE.
WASHINGTON, DC 20007-3910

