



VOLUME XXX
NUMBER SEVEN

Potomac Valley Skiers, Inc.
WASHINGTON MARYLAND VIRGINIA

JULY 1995

PRESIDENT'S MESSAGE

After attending a couple recent non skiing PVS activities, I thought of how fortunate we are to belong to an organization that comes up with so many creative and fun activities. The two outings I am referring to are: the Catoctin Hike; and the show at the British Embassy. The Catoctin Hike was really a combination of mountain hike, a tour of the brewery in Frederick, and finishing with dinner at a quaint restaurant. The second was attending the Old Music Hall Show at the British Embassy, which was very different, very entertaining, and very much enjoyed by the forty plus PVS'ers who went to see it. Both of these are just an examples of many PVS events that Liz and I have enjoyed since joining PVS. What is amazing is that members keep coming up with such a variety of activities for our club to participate in.

So I want particularly to thank Irene Farrell and Nat Seeman for the Cactoctin outing and Marlyn Clark for arranging the new event at the British Embassy (I understand there are already several requests to make this an annual event -- I second that motion). I also want to thank our Program Chairman, Ray McKinley, for his continual solid effort of scheduling and publicizing all our PVS activities, as well as thanking all PVS'ers who plan and implement such great exciting outings through out the year. I say keep it up, you are doing a great job for the club.

Here is to a splashing fun summer vacation for all PVS members.

Serge Triau, President

PRE-SKI-TRIP PARTY--July 22, 1995. 7:30 p.m.

Think snow! In July? Of course--at our 2nd annual pre-ski-trip party at the home of Dick and Marilyn Clark. Trip leaders for our '95-'96 ski trips will be on hand to help you make those important ski trip plans. Libations, munchies and desserts will be provided for a small fee.

To get to the Clarks, take the Beltway to Braddock Road West. Go approximately 2 miles to Red Fox Drive on the right (just past intersection with Burke Lake Road). The 3rd street on the left off Red Fox is Falling Creek Road. The Clark house is 8953 at the end of the street.





MIDWEEK BIKE TRIP - THURSDAY JULY 13

Join the midweek bike group for the third annual ride from Great Falls, Md to Seneca Creek along the C&O towpath for a distance of approximately 12 miles. We will meet at 10 a.m. at the snack bar in Great Falls. You can bring lunch or purchase sandwich at snack bar on return from Seneca Creek. Admission to the Park is three dollars, but free if you have your golden passport card. For further information or just to let us know you're coming, call Shirley Rettig, (703) 836-0147.

DINING OUT GROUP - Thursday JULY 13, 1995

Special Dining Out Group and Concert. We will meet at the Strathmore Hall Arts Center, 10701 Rockville Pike in Rockville, MD. Join us for picnic dinner at 6:30 P.M. and outdoor concert of chamber music by the FAIFAX SYMPHONY ORCHESTRA STRING QUARTET at 7:30 P.M. on Thursday July 13.

The choices for picnic dinner are:

- (1) Full dinners are available for sale starting at 6:30. The dinners are made available by PHINEAS Restaurant.

OR

- (2) Bring your own special gourmet picnic dinner.

The Concert is FREE. (Parking \$2). Bring a lawn chair or blanket for sitting on the grass.

Directions: Strathmore Hall Arts Center is just next to Grosvenor Metro Center (on North side of Metro) at Tuckerman Lane and Rockville Pike. From the Beltway (Rt. 495) go North on Rockville Pike (Rt. 355) about 1/2 mile. Hall is on the right (East) side. Coming South on Rockville Pike (Rt. 355), Strathmore Hall is on the left just before the Beltway exit.

For additional details of the picnic dinner arrangements, please call John Smith or Pat Tengel at (301)-299-8376, otherwise just come, we don't need to know 1791Xhumber of people ahead of time this month.



SEND THOSE PHOTOS NOW!

Please sort through your old photos and dust off one of you in earlier ski days. Send to Marilyn Clark, 8953 Falling Creek, Annandale, Va. 22003- and you too can be part of the 30th Anniversary Dinner Guessing Game.

The dinner committee will assemble a board of all the photos and number them, and all of you get to see how many of your PVS friends you recognize.

We need those photos ASAP for this to be a success.

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ExCom has set a deadline of August 1 for PVS members to send in a deposit for the ski trips of their choice. After that date, trips will be opened up for non-members to apply.

MIDWEEK OUTING BRYCE RESORT - THURSDAY, AUGUST 8

We will carpool to Bryce Resort for grass skiing, mountain biking, roller blading, and swimming. Grass skiing for 2 1/2 hours is \$25 (Includes lift, rentals, & instruction). Mountain bike rental (3hrs.) \$15, roller blading (3hrs.) \$13, and swimming is \$3. All those interested in the Thursday Outing should contact Charles Huggins (301) 424-5725 to let him know which activities you wish to try, and to set up carpools. Final details will appear in the August Toot.

PICNIC WITH THE FLAKES IN ANNAPOLIS, August 19.

This event, limited to 30 people, filled up at the June meeting, but call and leave a message for Genee Boykin (703-790-8277) if you want to be on the wait list, and she'll return your call promptly.

New format this year: Call Genee to coordinate what food to bring--appetizer, salad, side dish, or dessert. Everything else will be provided at a modest price.

TUBING THE ANTIETAM , August 12, 1995 (Note change of date)

It's time again for our annual tubing trip, a day of floating peacefully down a quiet river. This year we are going to do Antietam Creek, starting near the battlefield near Sharpsburg, MD. We'll meet at 10:30AM at the outfitters just off Rt. 340 near Harper's Ferry, carpool to the take-out point, and then continue from there by bus to the starting place. ^{Afterward} we can return to the outfitters for a hosedown and change of clothing. Afterward those who wish will drive into Harper's Ferry to Hilltop House, a funny old hotel with a spectacular view of the Potomac and an all-you-can-eat buffet for \$13.95

This tubing trip has been named the "Best" summer outdoor activity by Washingtonian Magazine. The price of \$24 plus tax includes tube, life vest, beverage, and transportation. To reserve your tube, send a check for \$25 to Shirley Rettig, 604 Princess St. Alexandria, VA 22314 by August 5. Further details on what to bring and how to get there will appear in the August TOOT. For more info, call (703) 836-0147.

Fall Beach Weekend at the Barry's

Join your PVS friends September 29 to October 1 for another great weekend at Bob and Vivian Barry's Dewey Beach B & B. Enjoy the extremely comfortable accommodations reviewed in the July Washingtonian, Vivian's bountiful cooking, and this year an afternoon birdwatching cruise. Here's the plan. Arrive anytime Friday afternoon September 29. Cocktails and copious snacks Friday evening (Dinner is normally not necessary). Saturday morning, Vivian's superb breakfast. Saturday afternoon we drive to Lewes, DE for a cruise on another B & B owner's 36 passenger boat, visiting a bird sanctuary and having wine and cheese on board. Then it's back to the Barrys for Lobster Dinner and all the trimmings. We will end with a Sunday Brunch featuring Vivian's famous Lobster Bisque. The cost, including the cruise is \$100 per person. Very limited space is available this year. To assure your spot send your check for \$100 per person to

Barry's Gull Cottage B & B
116 Chesapeake Street
Dewey Beach, DE 19971.

Need more inducement? It's also the weekend of the annual Chocolate Festival. For more information call Bob or Vivian at (302) 227-7000.

PAST EVENTS

THE ANGLICIZATION OF P V S

On the evening of June 13, through the efforts of Marilyn Clark, 45 PVS's (pseudo Anglophiles) gathered at the British Embassy to attend a production of an Old Time Music Hall, presented by the British Embassy Players.

The 2½ Hour performance, with a Cast of 25 and a 12 piece Orchestra, turned out to be truly a great fun-filled evening. It all started with a Sing-Along with audience participation while we were treated to beer, wine, soda pop and chips. (no fish) The many acts, skits and dance routines were introduced by Chairpersons, Peter Harrold and Margaret Lane; who interacted between the audience and Cast with innuendo and farcicality. The evening closed with the entire Cast singing a tribute to the British Empire, including an inspiring rendition of Sir Edward Elgar's, RULE BRITANNIA.

What a Great Evening, Let's do it Again. Many thanks, again to Marilyn. Ta Ta...Bill Anderson

END OF SKI SEASON -- START OF SUMMER
with Betty Lawrence

Dot Mills

A super crowd gathered for a super evening - our last meeting of the season. Prez Serge even conducted a super business meeting (no more than two people were allowed to speak at once). He noted that we had no treasurer's report because Nancy was in Paris (last time it was South America - is our treasury safe?). Trip committee chairman Glade and the trip leaders for next ski season gave tantalizing previews of ski joys to come, and program chairman Ray summarized our summer activities.

The BYOBS (BS = Bathing Suit) fizzled because evening thunderstorms were predicted, but we enjoyed a lovely summer evening on the deck overlooking the pool (the rains never came). The talking and eating met the 'super' standards of the evening. Thanks to Betty we feasted on all kinds of goodies, topped off with ice cream and fruit. Many thanks Betty.



CATOCTIN TRIPLE HEADER!

This full-day event was memorable: hiking, brewery tour, and Italian chow-chow for around 30 PVSers.

The Matthews and their passengers joined the other carpoolers at the Catoctin Mountain Park just a smigeon late what with John's nose for the Cozy Restaurant diverting his van momentarily off Rte. 15. There at the Visitor's Center was a parking lot full of PVSers donning their ponchos against the first of several peevish showers. Not to worry--they were ignored.

About half of the hikers went off to Cunningham Falls, the shorter hike led by Lu Beale. Unfortunately no laurel was seen on this route. But no grizzlies either--thanks to Aina Thomas who served as sweep, tinkling her grizzly bell attached to the hiking stick she bought at Glacier National Park. Exercise was followed by a sit-down lunch (or should we say a hard-rock lunch?) overlooking the Falls crawling with about 50 young-uns.

Meanwhile, 14 PVSers led by Nat Seeman took off for a six-mile circuit hike along a mostly wide, well-maintained, sometimes rocky trail. After a short stop at Cunningham Falls, this group proceeded up the only moderately difficult section--about a mile rise to the Hog Rock Vista. A short stop here to simmer down and then onto the Blue Ridge Summit Overlook where we spread out over the outcropping and enjoyed the view along with lunch.

Refreshed, we started out again along a generally flat ridge with David Abraham trying to set a better pace and an apparently disconsolate, still hungry Serge Triau asking when we could stop again for a second lunch.(!) This occurred after another 1.5 miles to the Thurmont Vista. Leaving that point, we hit the most spectacular part of the hike. This was a mile-long

ridge and wide slope entirely covered with large laurel bushes all in full bloom with multiple, white-pink blossoms. A magnificent display.

Time caught up with us here. We gave up on going to Wolf Rock and headed down the long descent back to the visitors' center to wash up and rendezvous with the short hikers.

The entire group coasted into Frederick to the Frederick Brewing Company and its Blue Ridge Beer. All were well received in the taproom, with options of Golden Ale, Amber Lager or Extra Special Bitter which Nat especially liked. Some tried, liked and even purchased some of their birch beer. Sudsed up, all joined the treasurer-bartender for a tour of the brewery. Clearly they are doing a good job, expanding rapidly.

We departed with ears ringing with terms like grain bed, mash tun, temperature swap, brew kettle, fermentation hall, fermenters, brewhouse, bright beer tanks; but just what was in the big bad bucket was not made clear to this author.

To cap off the outing, dinner was scheduled at Tauraso's, an attractive and comfortable Italian eatery in Frederick. While all enjoyed the tipico food--great choices of pasta, etc.--it poured rain. But no rain fell on our parade that day. Kudos to the hike leaders--and especially to Irene Farrell for her wonderful efforts in setting it all up!

....Jeannette Albersheim and Nat Seeman

SKI

March 13 - 20, 1996, You Are Cordially Invited to Join Nancy & Ray McKinley For

Steamboat's Champagne Powder & Beaver Creek's Uncrowded Elegance

Share 8 Nights and 7 Days Ski-in, Ski-out Ambiance with Us at Two of Colorado's Most Magnificent Ski Resorts. Combined with Luxurious Accommodations, Splendid Meals in Incomparable Settings, Great Companions and Another Incredible Air Package, We Will Turn Your March of 1996 into a Memorable PVS Ski Vacation

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ONLY
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COOK'S CORNER



by
Nancy Garrett

Summer has arrived in force. We think of cool recipes, cookies that can be baked in the cool of the evening to be enjoyed during the the heat of the day. These recipes came from the kitchen of Jessma Blockwick and were served to the EXCOM in May.

CURRY CHICKEN ROLL

- Mix together in blender or by hand:
- 2 cans (6-7-oz.) white chicken meat
 - 1 (8 oz.) package cream cheese
 - Lots of curry powder until hot
 - Pinch of black pepper

Place mixture in bowl and put in freezer or refrigerator for several hours until solidified sufficiently to work with. Place the mixture on a piece of wax paper. Shape into two logs. Roll in and pat on shredded sweetened cocoanut. When ready to serve, make indentation across top and fill with Indian chutney. Serve with crackers.

PECAN TARTLETS

- Crust:
- Mix together well:
- 1 (3 oz.) package cream cheese
 - 1/4 lb. margarine
 - 1 cup flour
- Make small balls and press into small muffin tins.

- Filling:
- Mix together well:
- 1 egg, beaten
 - 2 Tablespoons melted margarine
 - 3/4 cup ~~dark~~ brown sugar, packed
 - 1 cup finely chopped pecans
 - 1 Tablespoon vanilla
- Place 1 teaspoon into each muffin cup. Bake 30 minutes at 350°. Cool 10 minutes and remove from pan. Cool thoroughly before putting in covered container. Freeze beautifully.

TOFFEE BELLES

- Mix together well:
- 1/3 cup melted margarine
 - 3/4 cup ~~dark~~ brown sugar, packed
 - 1/2 teaspoon salt
 - 2 Tablespoons milk
 - 1 teaspoon vanilla
- Add, mixing well:
- 2 cups rolled oats
- Place about 1 Tablespoon of mixture in each greased (or PAM sprayed) muffin cup. Press down lightly with dampened fingers. Bake in slow oven (325°) for 20-25 minutes. Cool for a few minutes and then remove. Cool thoroughly and frost with melted chocolate chips.

- Frosting:
- Melt in top of double boiler:
- 1/2 (8 oz.) bag chocolate chips
- Sprinkle with chopped nuts. Store in refrigerator to keep chocolate firm.



THE KNEE - 8 -

by

Ray McKinley

It may be July here, but it's still March in the mountains. The last week in June, Squaw Valley had 13 inches of "powder," they are open daily through mid-month and weekends into August. Arapaho Basin also remains open in Colorado. And last July 3, Nancy and the Knee skied in Whistler, Canada. Finally, if there is sufficient interest, Bob McNeill and Jim Wingrove promise an August day of glacier skiing in the high alpine at Ski Liberty.

On a more serious note, the Ski Liberty Ski Patrol was just named top Ski Patrol on the East Coast. A tip of the ol' Knee Cap to both Bob and Jim.

There are legitimate plans afoot to try grass skiing this summer at Bryce Mountain. (their motto is "Grass—smoke it before you ski it.") Bill Anderson says for grass skiing he will wear a grass skirt. If he fell wearing it, Bill could destroy his fescue—ahem.

Here's some "relatively" important news. The Marquardts' son and daughter-in-law, David and Jennifer, (you figure out who is which, or is it whom is on first) as of Fathers' Day, are the parents of twin boys. Myron, sounding typically Myron, told everyone both are 18 1/2 inches tall. If they could stand. Which they can't.

Myron has also discovered the new Hall of Fame for Skiers in Michigan. The Knee understands there are only seven skiers in Michigan so all must be in the Hall of Fame.

More relatives: Lu Beale's son David just married Sandy, his partner at Lu's 80th birthday last August. It was non-traditional. They announced their engagement after both had won marathons for their age group. The invitations said dress was "blue jeans and boots." The groom's mother did not conform.

Reg Heitchue and family recently held a surprise birthday for wife Jean on a "significant birthday." Jean was completely surprised and, indeed, initially attempted to

schedule the Whistler post-trip party for the same day. The Knee will not reveal Jean's age, but she can now legally drink everywhere.

Glade Flake has a watch that doubles as an altimeter. The watch will also tell you how much vertical you have skied on a run or in a day. If you say "pretty please," the watch will lie about the vertical.

Arlette deLong is very French. In her Georgetown kitchen she has some 50 wine glasses but just two water glasses. Why two water glasses? "One is a spare."

While she was injured and not skiing this spring, June Kelsay loaned Jackie Flaherty a book with "some racy parts you can skip." Jackie read them twice.

The British Music Hall, arranged for us by Marilyn Clark was a ball. Lots of tradition including "great" jokes. I loved 'em. My favorite: Mae West asks Greta Garbo why she is sprinkling herself with grass seeds. "I want to be a lawn." You could tell the Music Hall was genuine. Their beer was "Miller Genuine Draft." Served in the traditional 12 oz cans.

Frank Shelburne is spending part of his summer hiking in, of all places, Greenland. I asked him why. "I want to be a lawn."

Our TOOT Editor Jessma Blockwick has just bought a new Ford Taurus. Now that's really a lot of bull.

Roy Elrod is recovering "quite well, thank you" from having a benign one pound tumor removed from his hip. Like other recent PVS wounds, Roy's wasn't from skiing.

Recently Bill Brown explained life after work, "Now that I'm retired, I have nothing to do, and I'm already six months behind."

Reminding us of ski season, abloom in Betty Lawrence's kitchen at the June meeting was a lovely white poinsettia. Betty was also abloom telling PVSers about her new waterfront townhouse in Bethaknee Beach.

While hosting a PVS 30th anniversary planning meeting, Bill Anderson made a great chicken dish with prunes. Chimed Dick Clark. "That's why you're such a regular guy."

CALENDAR

- July 13 ... Midweek Bike Trip. Page 2.
- July 13 ... DOG at Strathmore Hall Arts Center. Page 2.
- July 22 ... Pre-Ski-Trip Party at the Clarks. Page 1.
- July 25 ... ExCom at the Flahertys'.
- Aug. 8 ... Day at Bryce Resort. Page 3.
- Aug. 12 ... Tubing on the Antietam. Page 3.
- Aug. 19 ... Picnic with the Flakes in Annapolis. Page 3.
- Aug. 22 ... ExCom at the Triaus'.
- Sept. 2 ... Annual Crab Feast at Betty Lawrence's. Begin calling now for reservations. 703-759-0471.
- Sept. 19 ... Monthly meeting at the Ewings'.
- Sept. 26 ... ExCom at the Garretts'.
- Sept 29 ... thru Oct. 1. Fall weekend with the Barrys'. Page 4.
- Oct. 7 ... PVS Anniversary Dinner.
- Oct. 14 ... Oktoberfest.
- Oct. 17 ... Monthly meeting at the McNeills'.
- Oct. 24 ... ExCom at the Marxes'.

Directory Correction: Carol Parmenter's phone number should be 410-665-2958.

Bette Walker
2801 New Mexico Ave. NW, #806.
Washington, D. C. 20007

