

VOLUME XXIX
NUMBER 6

Potomac Valley Skiers, Inc.
WASHINGTON MARYLAND VIRGINIA

JUNE, 1994

President's Message

June is kick-off time for PVS summer activities. We have many events planned: Bike trips. Hikes. Tubing. Picnics. Theatre. Beach parties. Crabfest. Something for everyone!

The newly-formed Ski Trip Committee is reviewing several ski trip proposals for the upcoming ski season. See the SKI TRIP roundup in this TOOT and if you have trip suggestions call Trip Chairman Glade Flake.

Mary Jane

Mary Jane McCarthy, President



MONTHLY MEETING

Tuesday, JUNE 21, 1994.
8:00 P.M.

WHAT: Farewell-to -winter, hello -to-summer meeting at

the home of Betty Lawrence
525 Haven Lane, Great Falls, Va.
Tel: (703) 759-0471

Besides the usual good time with good friends, Betty invites us to enjoy her fab pool (weather permitting).

Directions: Take Beltway Exit 13 onto Rte 193 (Georgetown Pike) towards Great Falls. Drive 6.3 miles to Great Falls where turn right on Walker Road. Go 1.1 mile to left on Squires Trail. At end of road, turn left onto Haven Lane and proceed to 525 on the left.

COMING EVENTS

ANNUAL SPRING HIKE - SATURDAY, JUNE 4, 1994 10:00 A.M.

It may be too late but here are repeat instructions for this event. If you plan to be there please call Nat Seeman (703-461-0859) so he will wait for you. Don't forget to bring sustenance, liquid and otherwise.

Car poolers meet at 9:00 A.M. at Fair Lane Bowling area, Shady Grove Rd. just off route 270 at Gaithersburg. ALL participants meet at the

Park Visitors' Center at 10 A.M.

Directions: Beltway to I-270 north to U.S. 15 near Frederick. Take 15 north to MD 77 near Thurmont where take 77 west about 3 miles to Park Visitors' Center on the right. (NOT Park headquarters!)



DINING OUT GROUP - June 14, 1994

Join us for dinner on Tuesday, June 14, 1994. This month, we will meet at NOVA EUROPA, 1311 Lambertson Drive, Silver Spring. NOTE: We will meet for dinner at 6:30 P.M. so that we have the option of selecting from the extensive fixed price menu that is available until 7:00 (Regular full menu is always available). NOVA EUROPA features European cuisine and specializes in Portuguese dishes.

Directions: From the Capital Beltway (Rt. 495) in Maryland, take exit 31A (Georgia Ave. - North [Rt. 97] to Wheaton). Go 2.6 miles and turn right on Arcola Ave., then go 1.4 miles to the 2nd traffic light at Lambertson. Turn right at the Giant sign into the Kemp Mills Shopping Center. NOVA EUROPA is next to the Peoples Drug store.

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Monday, June 13.

MID-WEEK BIKE & SPLASH, THURSDAY JUNE 23, 10:30 A.M. SPLASH ONLY 1:30 P.M.

A mid-week bike trip from Cameron Run Park into Old Town Alexandria is planned for Thursday June 23rd. This 15 mile bicycle ride will be mostly on bike path with a refreshment stop enroute returning to the Wave Pool and Water Slide at Cameron Run in time to meet non-cycling PVSers at 1:30 P.M. Admission \$7 - Snack bar and raft rental available. Bring swim suits and sun tan lotion.

Directions: Cameron Run Regional Park, Eisenhower Avenue, Alexandria. From beltway Montgomery & Fairfax Counties take beltway to exit 23/Rte 241 Telegraph Road North. On exiting ramp immediately take first three right turns to Eisenhower Avenue west and proceed for one mile to Cameron Run Park (There are signs to Cameron Run Park from the Beltway and from the first and third right turns on exiting, but sign is missing from second right).

Bike group meet outside ticket area in parking lot at 10:30 A.M. Splash group meet at 1:30 inside wave pool area near raft rental sign. Look for PVS T-shirts. Do check with leaders (or their answering machine) for last minute info. Betty Bryne (202-483-4048) or Marvin Haas (703-751-4737).

COMING EVENTS

*South = DC
Maryland
& Virginia*

TIDEWATER PICNIC/BARBECUE AT THE MCGRATHS - June 18, 1994

There are still a few places left for this outstanding event. Please call coordinator Marilyn Clark (703-978-9435). Remember to bring your swim suits, your appetites and a yen to have a good time. Directions:



For Virginia/DC residents. Take Interstate 95 South just past Fredericksburg to the Massaponax Rte 1 and 17 Exit. (Old exit 44). At the exit lane traffic light take a right, go to next traffic light and take a left onto VSH 17 to Tappahannock. 47 miles later on mostly four lane highway, take a left at the first traffic light in Tappahannock onto VSH 360 to Warsaw. (You'll be crossing over the Rappahannock River). Go through Warsaw. Just past a 7-11 store the highway splits, VSH 360 to the left towards Callao and VSH 3 to the right towards Kilmarnock and White Stone. Go right on VSH 3 towards Kilmarnock. Go 16 miles to a right turn onto VSH 354. Proceed 14 miles to THE END OF THE HIGHWAY. When you see water in front and to the right, proceed left onto VSH 1050 (watch for marker with our name on it) for 200 yards then turn right into a culdesac. Our home is on the left. Total mileage is about 125 with an elapsed time of about 2 and 1/2 hours.

For Maryland/DC residents. Leave the Beltway at the Branch Avenue South Exit (Route 5) towards Waldorf. Join Route 301 South through La Plata and over the Potomac River to a left onto VSH 3. Proceed through Oak Grove and Montross to Warsaw. (About 33 miles) As you're coming into Warsaw, you'll pass a lumber yard and a Levi Strauss plant on your right. Take the very next left for about 1/4 mile to a STOP sign. Take a left onto VSH 360, proceed just past a 7-11 store to where the highway splits, VSH 360 to the left to Callao and VSH 3 to the right towards Kilmarnock and White Stone. Go right on VSH 3 towards Kilmarnock. Go 16 miles to a right turn onto VSH 354. . . and then proceed as above. (Mileage and time as above).

STEAK & SWIM AT THE ELRODS - July 16, 1994. 2:00 P.M.

Limited. Call coordinators Nancy and Ray McKinley now to reserve your place for this longest running annual event in PVS history. (703-527-7126) Best steaks in town. Come judge for yourself.

BIRTHDAY GALA - August 6, 1994.

Don't miss this once-only PVS event - the celebration of Lu Beale's 80th birthday and 15 years as TOOT editor. Location: the famed Cosmos Club in downtown Washington. No gifts. Black tie optional.

Please send your check, made out to PVS Dinner for \$59 per person to Marilyn Clark, 8953 Falling Creek Court, Annandale, Va. 22003.

ANNUAL FALL WEEKEND IN REHOBOTH WITH THE BARRYS Sept. 30 - Oct 2, 1994. LIMITED!!

\$75 per person including lodging, welcome cocktail party on Fri., lobster dinner on Saturday and brunch on Sunday. Call the Barrys (1-302-227-0547) or (1-302-227-7000).

COMING EVENTS



- June 26

Two Into One

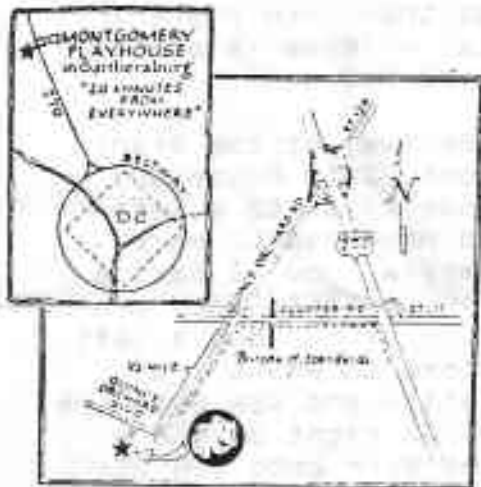
Written by Day Cecey

Combine British sex farce and politics and what do you get? A hilarious romp through a British hotel and enough laughter to make you giddy!

2:30 P.M. Matinee - Arrive at the Playhouse by 2:15 P.M. Each person pays for own ticket at Box Office. Price \$7.00/ticket.

Call Sara Huggins (424-5725) for head-count.

The theatre performance will be followed by "DOGS" with Pat and John.



Directions To Playhouse

From north-bound I-270, take route 117 - exit 10 - Clopper Road west. Go to 2nd light and turn left. You are on Quince Orchard Road. Go to 2nd light and turn right. You are on Quince Orchard Blvd. Entrance 1/2 block on left.



DINING OUT GROUP - SUNDAY June 26, 1994

Join us for dinner on Sunday June 26, 1994 following the Montgomery Playhouse Theatre Matinee. Dinner is planned at 6:00 P.M. Waterfront dining at FEGAN'S SEAFOOD RESTAURANT in the Washingtonian Center (9811 Washingtonian Blvd.) Gaithersburg. Theatergoers as well as all other PVS'ers are welcome.

Directions: From Montgomery Playhouse turn right (West) on Quince Orchard Road (Rt. 124), go 1.0 mile to Great Seneca Highway and turn left go approx. 3.0 miles and turn left on Sam Eig Highway, go approx. 1.0 mile and turn right on Fields Road, turn left on RIO Road to Washingtonian Blvd. FEGAN's is on the lower level of the RIO center. Parking is available in the outdoor lot or in the garage.

For those coming directly to dinner: Go North on Rt 270 to Gaithersburg. Take Sam Eig Highway exit to West. Turn left on Fields Road, then turn left on RIO Road to Washingtonian Blvd. FEGAN's is on the lower level of the RIO center.

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Friday, June 24.



THE KNEE

by

Ray McKinley

The Knee is fifteen. Ok, so I blew it a bit; I'm fifteen and a half. But I turned the corner in January and was too busy with skiing. Now, in summer, one can reminisce. 15 years. That's over 180 Knees or some 90 per leg!

When the column started, in 1979, it was written anonkneemously, by "Big Foot," or just "Big" for those on a first name basis. After a couple of years with no major lawsuits, I came out of my knee sock into the glory (sic) you all know. As I've said, when I started this column I was a kneephyte. Now the style is truly kneeclassical.

The last person in the entire club to figure out Big Foot's identity was Jan Marx. Jan gets special kisses, hugs, and condolences this month because of the untimely death of her father.

Are we legal? Well, really, no. At the April annual meeting we elected new members and a new ExCom. However, we "forgot" to have a Presidential election. All of the PVS constitutional wizzes are in a quandary, but the club seems to be functioning.

A quiz from Knee to you. After a business trip, I drove up to 10,000 feet to the Lee Canyon ski area. It has 3 lifts, is equipped for night skiing, and was closed but still with considerable snow when I visited in early May. Where was I? (Answer next month.)

During Dick and Marilyn Clark's fun run and walk, Howard Hensley came into the kitchen and asked "Do you need help with anything? I'll send in Jean."

While walking, Nancy Garrett slipped and landed in the mud, covering her white pants from Kneé..er..knee to hip. Yuck. When she wanted to go home to change, hubby Ray was a little reticent (that's better than being a "big reticent") to let her into his spanking clean 1977 white Corvette, a gift from Nancy. He relented!

While munching Marilyn's brunch, she called Dot Mills into the back part of her basement. When several PVSers wanted to see the rest of interior decorator Marilyn's home, she said no. "It's the catacombs, only fit for cats." We were undaunted and barged in anykneeway. You know what the designer had? Yup, a beer can collection!

Adele Waggaman is off to the Algarve in Portugal. She'll return to Martha's Vineyard for the summer and only again visit DC on August 6 for Lu Beale's 80th birthday. Right on.

Lu's birthday celebration will be at the Cosmos Club. The event was sponsored there by Dot Mason. Before PVS could get in, Dot had to sign a paper that we would act "honorably" at the club. So you had better behave!

The Knee asked Membership Chairman Marilyn Clark how old we are. We have birthdates on about three-fourths of us. Of that group, 19% are below 50, 21% are between 50 and 60, 32% are between 60 and 70 and 28% are over 70. We average just about 60. That's old news.

The Knee has recently joined the NPA, the National Pun Association. Our motto is Puns Don't Kill People, People Kill People.

Last winter Bob Barry's knee finally quit. He had arthroscopic surgery and hopes to ski this winter with a brace. (Hot rum is quite bracing, Bob.) He hopes to avoid a knee replacement operation. After 15 years of Knees, I hope TOOT avoids it, too.

In March, Fumiko and Myron Marquardt went to Hawaii. After a week, Myron returned east and Fumiko went west for a stay with her mother in Japan.

In the next 2 weeks, Liz and Serge Triau will visit Greece, its islands, Israel, and Egypt. On their tour "If it's Tuesday, that must be the pyramids."

After recent abdominal surgery, Edith Rabinowitz is fine and "rarin' to ski." But it's summer, Edith!

The new President of the Blue Ridge Ski Council is Kitty Imdahl. Kitty is a former PVSer and one of Norm Engelman's "Macho Maidens." Right on.

PAST EVENTS

FUN RUN/ BRUNCH WITH THE CLARKS by Bette Walker

After many years of a Fun Run in the sun, on May 7 of this year Mother Nature decided to water the flowers all day long. This did not, however, deter the 29 intrepid hikers and runners who covered the six miles around Lake Accotink without complaint and with only one untoward incident (described elsewhere in this TOOT, kneedless to say).

The reward for the bedraggled group was the hospitality of the Clarks and a delicious brunch of cheese casserole, sausage casserole, fresh fruit and several of Marilyn's very fine breads. The white rugs had been whisked away and we removed our shoes (some of us need to go the sock store), and while the weather precluded our enjoying the deck and the beautiful garden, we seemed to fit very comfortably into the lovely Clark home.

Thank you, Marilyn and Dick, for planning the event, for receiving us so graciously and for feeding us so well, the last, of course, so important to PVS and E!!

THE UFHOLZ REVISITED by Lu Beale

In 1989, Phil and Eugenia Ufholz hosted the March meeting. It's taken them five years to recover but on May 17 of this year they cheerfully returned to the fray to host a bang-up business- social meeting.

Eugenia took the day off from office work to polish silver, shine cut glass and cook. And cook. And cook. (Those marvelous Polish sausages didn't come out of a can, you know!). Said Eugenia "It was no trouble. I always knew I must have been put on this earth for some purpose." She noted that there seemed to be more people than at the '89 meeting. Actually there were about the same (50) and they hadn't changed much. A little weightier maybe. A little grayer. But appetites still intact.

The business meeting opened with a few ski stories related by the host and was followed by a report from Serge Triau on the spring BRSC meeting where he represented PVS; a rundown of future events by Program Chairman Ray McKinley and reports from Ski Trip Chairman Glade Flake and Midweek Activities Chairman Charles Huggins .

Meanwhile, Charles and Sarah Huggins distributed the club T shirts ordered by Charles and carefully sorted out and labeled before the meeting.

Pound cake, lemon cake and homemade candy served with coffee completed the evening - a most successful revisit to the Ufholz' delightful home.

Many thanks, Eugenia and Phil. Hope it won't take 5 years to recover this time!!

a guide

to

getting the most out of

the summer season



COOK'S CORNER



by

Nancy Garrett

As promised last month, the recipe for Molded Chocolate Cream is provided. Another wonderfully easy and tasty

recipe for an appetizer is also included. Short column this month. I need you good cooks to let me know what you are cooking. Share with us.

MOLDED CHOCOLATE CREAM

Using a trifle dish or large round casserole, arrange a row of ladyfinger halves along bottom and sides of dish. Use:

- 7 whole Ladyfingers, split lengthwise

In a small saucepan, combine:

- 4 oz. sweet cooking chocolate
- 3 Tablespoons water
- 1 teaspoon grated orange peel

Stir over low heat until melted. Cool.

Stir in:

- 1 Tablespoon Grand Marnier Liqueur

Whip:

- 1 cup whipping cream

Whip cream and fold chocolate mixture into whipped cream. Spoon into dish lined with Ladyfingers. Chill several hours. To serve, scoop onto plate and place raspberry sauce on top.

Raspberry Sauce:

- 1 (10 oz) jar raspberry jelly (no seeds)
- Water to thin

Over low heat, place raspberry jelly and a small bit of water. Stir until jelly becomes liquid. Add water slowly stirring until the consistency of thick syrup.

For the PVS dinner, we used a double recipe of the chocolate mixture to serve approximately 10-12.

MELBA PARMESAN ROUNDS

Karen Felker

Mix together well:

- 1 cup mayonnaise
- 1 cup fresh grated Parmesan Cheese

Spread over:

- 1 box melba rounds

Top each round with:

- Sprinkle of Italian seasoning

Bake at 350° for 7 minutes. Turn on broiler until lightly browned.



PVS OFFICERS

- President ... Mary Jane McCarthy
- Vice President ... Serge Tria
- Secretary ... Irene Farrell
- Treasurer ... Nancy Garrett
- Membership ... Marilyn Clark
- Program Chairman ... Ray McKinley
- TOOT Editor ... Lu Beale
- TOOT Production... Janet & Bob Marx
- TOOT Copy Editor ... Bette Walker
- Midweek Activities ... Charles Huggins
- Ombudsman ... Bill Anderson
- Ski Trip Chairman ... Glade Flake

EXCOM

Second Term:

- Myron Marquardt
- John Smith
- Liz Tria

First Term:

- Jessma Blockwick
- Charles Boykin
- Betty Lawrence

!! SKI TRIPS !!

At a Ski Trip Committee meeting on May 16 chaired by Glade Flake, the following trips were proposed and, later, accepted and sanctioned by the PVS Executive Committee:

WINTER PARK, COLORADO. December 5 - 15, 1994.

Charles Huggins trip leader. Norm Engleman alternate leader. It is expected the trip will cost about \$850 not including lift tickets. See upcoming TOOT for more information or call Charlie (301-424-5725)

ASPEN, COLORADO. January 13 - 24, 1995

Dina Taylor (301-663-6089) leading.
10 ski days and 2 travel days. Stay at the Aspen Manor Lodge which is centrally located in Aspen proper, close to Aspen Mountain, main bus depot, restaurants and shopping. Magnificent skiing for every level. More information next month.

WHISTLER/BLACKCOMB, CANADA _ February 18-26, 1995

- Snow Country Magazine's # 1 rated ski resort 3 straight years
- One mile vertical drop (5280 feet), greatest in North America
- Over 6,900 acres of skiable terrain, greatest in North America
- 29 lifts including 9 high-speed quads and a high-speed gondola
- Huge open bowls, European skiing on this side of the Atlantic
- 392" of natural snow last season, plus snowmaking

ALL IN A PACKAGE THAT IS TRULY LUXURIOUS

- > 7 nights ON-SLOPE accommodations at a 4 or 5 Star Resort Hotel
- > A day in Vancouver with gracious lodging at the CP Hotel Vancouver
- > A five or six day inter-connect ski pass, good at both areas
- > 3 Dinners, Pre - & Post - Trip parties, Apres Ski Happy Hours
- > Round trip air from Washington to Vancouver, all transfers

For more information call Nancy or Ray McKinley at (703) 527-7126. This 9 day, 8 night 4 Star trip will cost \$1215 to \$1390 per person, double occupancy, dependent on airfare, hotel and restaurants in final package. A senior discount and a ground only package will also be available.

LIMITED SPACE AVAILABLE. To assure a spot send your check for \$50 per person (Made out to PVS Whistler, and fully refundable through July 15) to Ray McKinley, 2326 North Upton Street, Arlington VA 22207 - 4045.

ALSO - TRIP LEADERS ARE NEEDED FOR THE FOLLOWING TRIPS. PLEASE VOLUNTEER!!

- * Breckenridge, Colorado - Feb 4 - 11, 1995
BRSC's annual Ski Week - held last year at Banff.
- * Ski-O-Ree - January 28-29, 1995. Held last year at Canaan Valley.

SKI TRIPS



The next meeting of the Ski Trip Committee will be on Monday, June 13 at 7:00 at Glade Flake's. The committee which, besides Glade, consists of Bill Anderson and Nat Seeman, is searching for trip leaders for two BRSC sanctioned trips. (See previous page.)

They are also inviting proposals for a PVS March trip. If you are interested, call Glade and plan to attend.

T-SHIRTS!!



Anyone who ordered a T-shirt should attend the June meeting to pick up his or her shirt. If you can't be there please have a friend pick it up for you and pay on your behalf. (Those T-shirts don't grow on trees, you know!!)



Things to think about --

TALENT SHOW

June Kelsay is organizing club talent to be presented at the September meeting. It's all in fun so be a good sport, kick over the traces and show us your speciality. Call June (301-493-5839)

①

②

A Day at the Flakes - Aug 28
Call coordinator Margaret Wvckoff NOW to reserve a place. LIMITED.
(301-589-5532)



⑤

Sept 30 -
A FALL WEEKEND IN REHOBOTH. CALL THE BARRYS NOW. Limited!
(See page 3)



③

TUBING ON THE SHENANDOAH

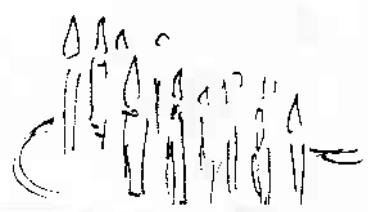
Unlimited but put it on your calendar. Aug. 13. Details in next TOOT.
Call Shirley Rettig



(703-836-0147)

⑥

AND DON'T FORGET YOU KNOW WHAT AT THE COSMOS CLUB. AUGUST 6th.



CRABFEST - September 3. not too soon to call Betty Lawrence to reserve. (703-759-0471)



④

CALENDAR

- June 4 ... Spring Hike in the Catoctins. Call Nat Seeman(703-461- 0851)
- June 14 ... DOGS . See page 2.
- June 18 ... Picnic with the McGraths . See page 1.
- June 21 ... Monthly Meeting at Betty Lawrence's. See page 1.
- June 23 ... Bike & Splash. See page 2
- June 26 ... Montgomery Playhouse Matinee.
Followed by an extra edition of DOGS. See page 4.
- June 28 ... ExCom at the Garretts' marina. 7:30 P.M.
- June 23 ... Ski Trip Committee Meeting at Glade Flake's. 7:00P.M.
- July 16 ... Steak & Swim at the Elrods. See page 3.
- July 26 ... ExCom at Dot Mill's.
- Aug. 6 ... Lu Beale's Birthday Bash at the Cosmos Club. See page 3
- Aug. 13 ... Tubing on the Shenandoah. Shirley Rettig leading. Details later.
- Aug. 20 ... A day at the Flakes'. Limited. Margaret Wyckoff coordinator.
- Sept. 3 ... Crabfest at Betty Lawrence's.
- Sept. 20 ... Fall Meeting/Talent Show. See page 9.
- Sept. 30 ... Weekend at the Barrys' in Rehoboth.



ROBERT & JANET MARX
8312 OAKFORD DR.
SPRINGFIELD, VA 22152

