

VOLUME XXIX  
NUMBER 3

# Potomac Valley Skiers, Inc.

WASHINGTON MARYLAND VIRGINIA

MARCH, 1994

## President's Message

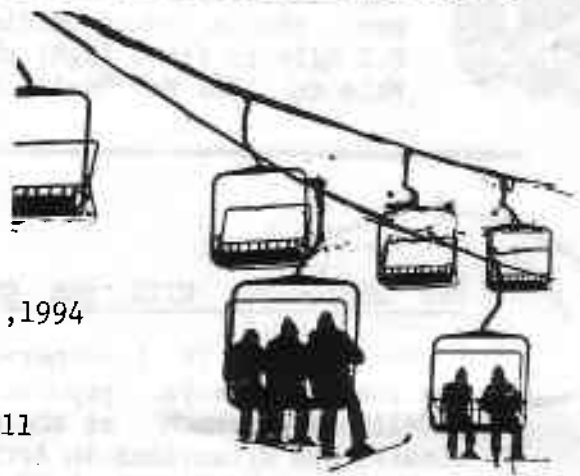
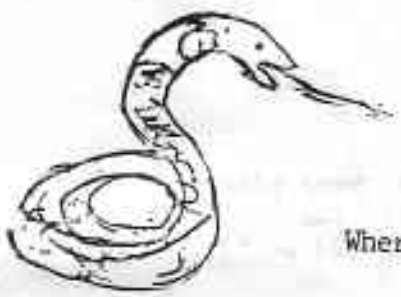
Many of us recently returned from the BRSC Winter Carnival in Banff where we participated in the racing program with seven other BRSC ski clubs. Many of our members won gold, silver and bronze medals.

Considering the size of PVS, I am pleased to report that our club had an excellent showing and won a plaque for Fourth Place finisher in the Inter Club competition. Let it be known that we are participators!

Kudos to our racers and winners. See page 4 for a complete report.

Mary Jane McCarthy, President

## MONTHLY MEETING



TUESDAY, MARCH 15, 1994  
8 P.M.

Where: Home of Bob and Marty McNeill  
2 Hitching Post Place  
Rockville, Md. Tel:301-881-6558

Bob says the boa constrictor has gone to its just reward but there's plenty of life yet in the old homestead. So come and enjoy and bring your pix to illustrate the fantastic ski tales we know you'll want to tell.

DIRECTIONS: Take beltway to 270 N. Take Exit 4A (Montrose Road East). Proceed east about one block and take first right into WALNUT WOODS on Hitching Post Lane. Travel about 6/10 of a mile to Hitching Post Place.. The McNeills are in #2 - the corner house.

# COMING EVENTS

GOURMET WINE TASTING AT THE COPES' - March 12, 1994. 8 P.M.

This very special event is now full. To be wait-listed, call Pat(703-836-5436).  
Address: 117 West Monroe Ave. Alexandria. Directions:

Take the George Washington Parkway past the sailing marina to the first right turn which is marked Slaters Lane, to the parallel service road. At the first signal, make a right turn onto Slaters Lane. Follow Slaters Lane through an angled left past the warehouses and make the first right turn. Go over the railroad bridge and turn left onto Monroe Ave. (The Monroe Ave bridge is Rt. 1). Go through 2 signals and the Cope Home is the big, white house on the right before the 3rd signal. --- 117 W. Monroe Ave.



GALA SPRING DINNER - March 26, 1994. 7:00 P.M.

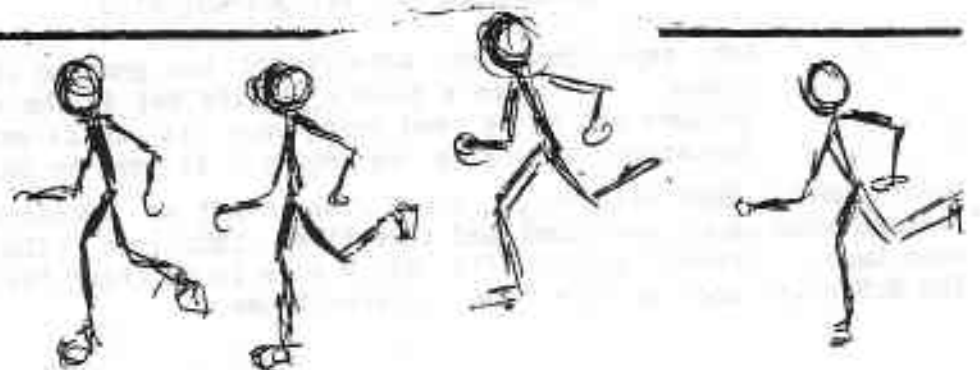
Limited to 40, this outstanding event will be held in the party room of the Colonnade Apartments, 2801 New Mexico Ave. N.W. where Bette Walker lives and has made arrangements. Marilyn Clark is menu coordinator and will notify participants of menu assignments and provide recipes. Price will be approximately \$20 minus the cost of your contribution. Please BRING YOUR OWN SILVERWARE, PLATE AND WINE GLASS!! Cut off date for reservations and cancellations is March 22. Call Marilyn (703-978-9435).



DIRECTIONS: Take Beltway Exit #39 on River Road for Washington. Go 4.1 miles to right on Western Avenue. Go 0.7 miles to Westmoreland Circle where take Massachusetts Avenue left towards D.C. off the circle. Go 1.2 miles to next circle (Ward Circle) where turn right onto Nebraska Avenue and go 0.2 mile to first light where turn left onto New Mexico Avenue. Proceed 0.8 Mile to 2801 New Mexico Avenue. If lost, call Bette Walker (333-0766).

FUN RUN/BRUNCH WITH THE CLARKS - May 7, 1994

Limited to 24 brunchers. It's not too early to reserve your place now for this always popular event which includes a five mile hike and a delightful brunch at the Clarks'. Call the Clarks now (702-978-9435). Details and directions in April TOOT.



Beale

# BANFF—Alberta, Canada Feb. 5—Feb. 12

## A WEEK IN THE Canadian ROCKIES by Bill Anderson

...Oh, the Snow, the beautiful Snow, filling the Sky and the Earth below...

For the first time, the Potomac Valley Ski Club took advantage of the BRSC Winter Carnival Extravaganza. Yes, 59 PVSers, friends and families, led by Jack Peoples, experienced a wonderful Ski Holiday in the Canadian Rockies. We divided our time between two of the most palatial resort hotels in North America. The Chateau Lake Louise, nestled in a beautiful valley overlooking the frozen Lake Louise, and "the Castle", the Banff Springs hotel located in the depths of Bow Valley. The hotels were like self-contained villages, with a variety of restaurants, shops and recreational facilities including inside and outside swimming pools. The Banff Springs had over 70 boutiques and shops.



The lodging, as well as the scenery, was spectacular, not to mention the skiing. Three great ski areas were within a short bus ride of the hotels. Norquay, Sunshine Village and Lake Louise were all fantastic areas. Sunshine was reminiscent of the great snow fields in the French Alps with wide open slopes above the timber line.



Bus ride reminds me of the time we were waiting for the bus at Banff Springs when the very polite door attendant approached our president, Mary Jane, and said, "Excuse me, lady, but you have a screw loose." (As if we didn't know!) After much laughter, the doorman explained that a screw on Mary Jane's glasses was about to fall out.

In addition to the lodging and the lift tickets, our package included apres ski parties each night, elegant receptions with DJs and bands, a wonderful awards banquet attended by all 300 BRSC participants and a picnic on the mountain. As our days were filled with skiing, our evenings were occupied with swimming, eating, drinking and dancing in true PVS fashion.

We also enjoyed pulling on Jack's chain every chance we got. Jack's well-earned Admiral's Suite contained a large reception area with built in bar, two luxury bathrooms with sunken tubs with winding staircases and a great view of the Bow Valley. Jack Peoples, in spite of ALL HIS FAULTS, was a super trip leader and we thank him sincerely.



WE LOVE YOU, JACK, AND CHARLIE, TOO. (Jack Who?)

See next page for an account by Charles Huggins of the club's sensational racing records in Canada.





PVS RACE RESULTS AT THE  
BRSC SKI RACES  
AT  
LAKE LOUISE, ALBERTA, CANADA  
FEBRUARY 8, 1994



Charles Huggins, our Race Coordinator, put together a fast group of racers. Everybody knew that PVS skiers were good, but few were aware of how fast they skied as PVS swept both the men's and women's awards in the over 60 age group. Liz Triau won the women's award, and David Abraham won the men's. PVS also had the second fastest racer in Craig McNeill. Craig finished .46 second behind the first place racer.

PVS won 6 gold, 6 silver, and 6 bronze medals. Gold medal winners were David Abraham, Tami Geisen, Bryan Hartwick, Charles Huggins, Craig McNeill, and Ray McKinley. Silver medal winners were Dean Fitzgerald, Glade Flake, Mark Garrett, Jack Peoples, Nat Seeman, and Serge Triau. Bronze medal winners were Joan Flake, Betty Lawrence, Barbara Leonhardt, Nancy Sexton, Liz Triau, and Charles Gordon. Participant medals were also awarded to our president Mary Jane McCarthy and our past president Bill Anderson.

PVS finished only fourth in team standings as our 35% participation was multiplied by the medal point total. Baltimore, which finished 3rd had fewer medal points than PVS, but had a 64% participation which gave them the 3rd place finish. The winning team (Crabtowne) had 94% participation, and the 2nd place Ski Club of Washington had 56% participation.

Its on to Breckenridge, Colorado, for the 1995 BRSC Western Winter Carnival.

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### PAST EVENT

#### FEBRUARY MEETING by Lu Beale

On February 15, some 45 club members joined first time PVS hostess Joy McKnight for an exceptionally relaxed evening of ski talk and shared friendship. The party room of the Connecticut Heights Apartments in DC which Joy had engaged for the evening was softly lit and large enough for easy circulating. Joy dispensed potables from behind a large bar while cheese and snacks were available on the table in the step-down living area.

Many returnees from Banff were present - showing their pictures and making the stay-at-homes shake their heads in envy. At the same time, the Sun Valley skiers were reminded by leader Nancy Laymon of good times yet to come.

Veep Serge Triau conducted the meeting with authority allowing only a minimum of hoo-haws from hecklers. He displayed the award the Banff group won for its astonishing collection of gold, silver and bronze medals in the BRSC races and bragged that he was now sleeping with the fastest over 60 woman in the group.

Charles Huggins awarded a trophy to Shirley Rettig for her efforts in organizing club bicycle treks and Ray McKinley closed the meeting with a listing of upcoming club events.

Thank you, Joy, for arranging an altogether "just right" kind of meeting!

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# THE KNEE

by

Ray McKinley

Welcome Kneephiles.

It's been a quiet month in Lake Washbegonne. We've had a little ice, a little cold, a little snow, a little more ice, then a lot more ice, and finally some blessed relief.

The Knee hopes you've had your cross country ski boards out. And, quite frankly, I hope this is their last use this a) year, b) decade or c) lifetime. The answer, of course, is d) all of the above. I'm sick of DC winters and ice, ice, ice. Especially since I'd written my congressman.

New Colorado member, Gladys Youngblood, reports that in the west, where expensive homes are in the unpaved hills, it's a status symbol to have road dirt on a car. All of salt-and-gravel-bedecked DC can brag. Sure.

To get away from it all several of us (all right, so it was a third of PVS) journeyed to Banff. It was cold, -30°. Goggles didn't fog; they iced, forming crystalline art and requiring sharp fingernails to de-ice. Many saw Cold Vultures waiting for slope kill.

Seeing a steaming bowl, Rosy Soler asked Irene Farrell if she got chili for lunch. Irene responded, "No, I was frozen from early morning."

It was so cold that early-bird Bill Anderson started skiing "at the crack of noon." The good news about the cold was that the Lake Louise ice sculptures remained intact.

On the coldest day, many remained at the hotel, sitting in oversized Biedermeier chairs gazing out at the breathtaking panorama or writing their postcards. Aina Thomas was the winning writer, sending out over 60 postcards.

There were 8 ski clubs from the Blue Ridge Ski Council. PVS certainly had bragging rights as a skiers' club. Our President, Vice President, Midweek Activities Chair, Secretary, Treasurer, Program Chair, Membership Chair,

Ombudsman, and half of ExCom attended.

Is PVS becoming a race club? At Canaan Valley Ski-O-See, Nancy Garrett won a \$65 race raffle. Burr Schuler won a medal at Winter Park. At Lake Louise, with 200 racers, ExComer Liz Triau finished first among women 60 and over. And in his first-ever race, David Abraham won the men-over-60 race. As trip leader Jack Peoples was in the starting gate, the young starter told him "Sir, you'll ski faster and warmer if you zip up your fly." Jack did and won a gold medal.

One evening we had a prize raffle. Betty Lawrence and June Read put both names on the ticket. "The winner is Mr. Lawrence Read!" Each won a ski lesson. The other three winners were all Nancys, Garrett, Ewing, and Sexton. Thereafter, Marilyn Clark announced that henceforth she would be Nancy Clark.

Jack Peoples, Elaine Leininger, George Hicho, and Sue Walsh rented a car for a day in Banff. They neglected to plug it in overnight. The following morning the oil was molasses, requiring most of the morning to decoagulate.

Despite NAFTA, our costs included a \$6.50 fee to get back into the US!

Yes, that is Bob Wyckoff in the new Spring Fling brochure.

While chatting, Joan Flake and Marilyn Clark discovered they were both in the same SCWDC fashion show in 1964. Obviously as children.

At Winter Park, Jackie Wilson and Mary Riley complained to the Chamber of Commerce that no ski conditions were on TV. The next day they appeared.

After having only 4 PVSers show up at her first ever PVS meeting, Suzanne Boisclair consoled herself with 2 weeks in Val Thorens and Courmayeur.

Our February meeting at Joy McKnight's splendid party room was run by Veep Serge Triau. After the Banff awards, Serge noted he was sleeping with the fastest woman over 60. Marilyn Clark inquired, "Oh, who's that?"

And that's the news from Lake Washbegonne where all of the men are skiers, all of the women are skiers, and all of the food is above average.

## In Memorium

The club mourns the passing of two members of our family and sends our deepest sympathy to their friends and survivors.

Former PVSer Eloise B. Newdorp died on February 2, 1994, from complications of Alzheimer's Disease. Married to John Newdorp for 50 years, mother of Catherine Brosius and grandmother of two, Eloise was very active in Arlington civic and political affairs, especially those relating to the public schools.

She was an avid skier and was extremely active in SCWDC, serving variously as membership chair, vice president, president, treasurer and administrative assistant.

She was also active in the Pennsylvania Alpine Racing Association and was a ski race official at the 1980 Olympic Games in Lake Placid.

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Mark Taylor, 38, of Frederick, Md., son of Charles and Dina Taylor, younger brother of Richard Taylor, was killed on January 31, 1994 in an early morning automobile-tractor/trailer collision near Point of Rocks, MD. His companion, Vicki Verto, was also killed. The two were on their way to work at the National Geographic in Gaithersburg where Mark had been a senior computer operator since 1985.

Mark, a veteran of the US Air Force, was a 1974 graduate of Governor Thomas Johnson High School and a graduate of Frederick Community College. He attended several other colleges during his military service.

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Dina writes:

Dear Friends,

Please accept our deepest gratitude for the warm expressions of sympathy sent our way when we needed it very much, at the sudden and untimely loss of our beloved son Mark and his friend Vicky. We thank you for the beautiful flower arrangements, plants and condolences. Many of you made the long trip to Frederick for the Visitation at the Funeral Home. The support, prayers, hugs and tears shed with us by friends and family gave us the strength to carry on with what had to be done and to face the next day, one at a time. We will always remember and value your kindness.

"Someone who takes time to think of other people's needs  
and warms their hearts with gentle words and thoughtful deeds,  
someone who's so glad to share,  
so glad to help and give and care  
adds something very special to the world." Amanda Bradley

With heartfelt appreciation, Charles and Dina Taylor and family.

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# COOK'S CORNER



by  
Nancy Garrett

The January EXCOM was held in the home of Bette Walker. As usual, tasty treats were in abundance.

Recipes are provided for you to serve to family and friends.

## CAVIAR PIE

Grease well an 8- or 9-inch springform pan.

Combine and spread over pan:

- 6 hard-boiled eggs, chopped
- 3 Tablespoons mayonnaise

Sprinkle with:

- 1 1/2 cups chopped red onion

Blend well and spread over onion:

- 8 oz. softened cream cheese
- 2/3 cup sour cream

Cover and chill 3 hours. Just prior to serving, top with:

- 4.7 oz. black or red lumpfish caviar

Optional garnish - lemon, parsley, capers

Provide knife or spreader to serve on crackers or toast points.

## ROASTED BELL PEPPERS

Halve, core, and seed 4-6 large peppers. (Bette served a lovely mixture of red, green, and yellow.) Flatten each half with the palm of your hand.

Line a baking sheet with foil. Lay peppers, skin side up, in a single layer on the foil. Place under a preheated boiler, about 3 inches from heat source, until skins are charred black. Remove to a paper or plastic bag; seal to steam peppers for 15 minutes. Slip off charred skin. Cut into 1-inch pieces.

Drizzle peppers with a mixture of olive oil, fresh lemon juice, minced garlic, and balsamic vinegar. Refrigerate. Will last up to 4 days.

Serve with toothpicks.

## MAGICAL PRALINE NUT CRACKERS

Line a 12- by 17-inch jelly-roll pan with foil. Arrange on the foil in tight layer:  
- 12 graham crackers, broken along their scored markings - 48 rectangles

Sprinkle crackers evenly with:  
- 1 cup chopped pecans

In small saucepan, bring to boil and boil for 1 1/2 minutes:

- 1 cup butter
- 1/2 cup sugar

Pour evenly over the graham crackers. Bake in a preheated 275° oven for 20 minutes. Cool and remove from pan.

(These are magical because they use few ingredients, are a cinch to make, and taste as if they require REAL talent.)

## OATMEAL AND RICE KRISPIES COOKIES

Cream together:

- 1 cup shortening
- 1 cup granulated sugar
- 1 cup brown sugar

Beat and add to above mixture, mixing until smooth:

- 2 eggs
- 1 teaspoon vanilla extract

Mix well and add to above mixture:

- 2 cups flour
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt

Add and mix thoroughly by hand:

- 2 cups Rice Krispies
- 2 cups rolled oats
- 1 cup coconut or nuts

Mold in hand into balls size of walnut and place on greased cookie sheets. Bake at 350° for 9-11 minutes. Makes 120 cookies.

The above recipe was given to Bette by a close friend. The recipe was her Grandmother's favorite. Bette states, "This sure says something for the age of Rice Krispies!!"

As usual, with PVS&E members, there was not a crumb left on Bette's table. Hope you enjoy as we did.

# P R O F I L E

FOLLOWING IS A BRIEF BIOGRAPHY OF JESSMA BLOCKWICK WHO, WITH CHARLES BOYKIN AND BETTY LAWRENCE, IS A CANDIDATE FOR ELECTION TO EXCOM AT THE APRIL MEETING. ADDITIONAL NOMINATIONS MAY BE MADE BY THE SPONSORSHIP OF ANY FIVE MEMBERS IN GOOD STANDING PRESENTED AT THE MARCH MEETING.

JESSMA BLOCKWICK was born in Mena, AR (not far from HOPE) and raised in Oklahoma. After moving to Washington and getting a BA from GW University, she went to N.Y. seeking fame and fortune. Mostly she found adventure and lousy jobs. Returning to this area, she worked as editorial assistant on the brand new CHANGING TIMES MAGAZINE. Later, with her Navy husband, she lived in San Francisco, Charleston, S.C., Sasebo, Japan and Boston (where she earned an MA in political science at Tufts).

Jessma took up skiing in middle age on a little hill with a rope tow in the middle of Syracuse N.Y. through Welcome Wagon, which offered ski lessons to housewives new to the area. Her favorite skiing area is Elk Camp at the top left of Snowmass, where she has felt like a "real skier."

Back in Washington, again, Jessma was a social activist in the United Methodist Church. She was a founder of the Religious Coalition for Abortion Rights and author of YOU, ME AND A FEW BILLION MORE. She covered UN conferences on women's issues in Stockholm, Bucharest and Copenhagen for the church press.

These days, Jessma struggles to write fiction (unpublished) and paint watercolors (unseen). She goes on as many PVS ski trips as she can, often combining them with skiing excursions with her attorney son who is based in Boulder, CO. and teacher daughter in Fallon, NY (within striking distance of the Sierrra Nevadas!).

A busy lady! But, like most PVSers, a willing volunteer when a helping hand is needed.

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## MEMBERSHIP—HOW IT WORKS

by Marilyn Clark

There seems to be some confusion as to how one can become a member of PVS. The following should help clarify the procedures.

1. An unsponsored person can pay \$10 for a 6-month subscription to "TOOT" and the privilege of attending 6 meetings. At the end of the 6 months this person can become sponsored.
2. A sponsored person, after attending 3 meetings and/or events, can become an APPLICANT member by paying fees of \$50 (individual), or \$90 (couple) for 2 years dues. APPLICANT members have 3 years in which to qualify for ACTIVE membership.
3. In April of each year qualified APPLICANT members are voted on by the ACTIVE membership. Any APPLICANT member receiving 5 or more negative votes will not be granted ACTIVE membership in the club and will be dropped as an APPLICANT member.

On page 10 of this TOOT you will find listed the three applicant members who have qualified for active membership and will be voted on in April.

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APRIL 30, 1994

# SPRING FLING



**SPRING FLING '94** will take place at the University of Maryland on Saturday, April 30, 1994 at the student union building. As in previous years, the auction will start at 5:30 P.M. and it will include a buffet dinner and guest sports celebrities. Price for this years event will remain \$25.00 per ticket. Tickets are on sale now and will be limited to the first four hundred tickets sold on a first come first sold basis. As you can see, with thirty-two sponsoring ski clubs and organizations, sending ticket requests early will be important.

This annual event is sponsored by 32 area ski clubs (including PVS) and supports ski training programs for the handicapped.

The auction features fabulous PRIZES and TRIPS which will make the evening profitable as well as fun.



For more information call PVS coordinator Margaret Wyckoff (301-589-5532). If enough club members are interested, Margaret will reserve a table for PVSers to enjoy the evening's festivities. So call SOONEST! Otherwise, call the Spring Fling Committee (703-719-0441) for information and send in the accompanying application.



**TRIPS TO:**  
**THE ROCKIES • NEW ENGLAND**  
**EUROPE AND CANADA**  
**-PLUS-**  
**APPAREL • CONDOS • EQUIPMENT**  
**RESORTS AND SKI ART**

**ADVANCED RESERVATION REQUIRED**  
**TICKETS ON SALE**  
**\$25.00 per person includes:**  
**BUFFET DINNER & AUCTION**

Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_  
Address: \_\_\_\_\_  
# of tickets \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_ Club Affiliation \_\_\_\_\_  
If more than one ticket purchased, please list additional bidders names on back of order form.  
(Make checks payable to: National Handicapped Sports)  
Return To: **Spring Fling Auction Committee**  
P.O. Box 5138, Springfield, VA 22150-5138  
*Thank You For Supporting National Handicapped Sports*

# CALENDAR

APRIL 30 1994

- Mar. 1 - 10 ... Sun Valley Ski Trip
- Mar. 12 ... Wine Tasting at the Copes'. See page 2.
- Mar. 15 ... Monthly Meeting at the McNeills'. See page 1.
- Mar. 22 ... ExCom at the Triaus'.
- Mar. 26 ... Spring Dinner at the Colonnade. See page 2.
- Apr. 12 ... DOGS
- Apr. 16 ... Hike the Billy Goat Trail. Frank Shelburne leading.
- Apr. 19 ... Annual Meeting at June Kelsay's.
- Apr. 26 ... ExCom at the Wyckoffs'.
- May 7 ... Fun Run/Brunch with the Clarks. See page 2.
- May 17 ... Monthly Meeting at the Ufholz'.
- May 28 ... Annual Bike Trek on St Michaels.
- Apr. 30 ... Spring Fling at Maryland U. Margaret Wyckoff coordinating PVS table
- Aug. 6 ... Gala Dinner at the Cosmos Club Details later.

## MEMBERSHIP NOTES

Membership Chairperson Marilyn Clark reports the following applicant members have completed all requirements for active membership in PVS and will be voted on at the April Annual Meeting:



Suzanne Boisclair  
 Carol Bridgers  
 Jackie Wilson



ROBERT & JANET MARX  
 8312 OAKFORD DR.  
 SPRINGFIELD, VA 22152



*[Faint, illegible text and markings on the envelope, including a return address area and a postage meter stamp area.]*