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Potomac Valley Skiers, Inc.

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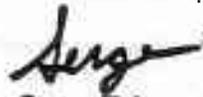


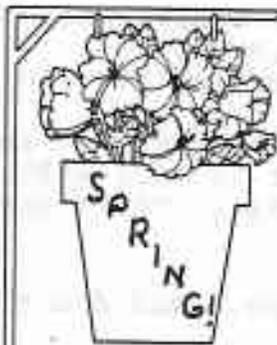
PRESIDENT'S MESSAGE

There is a month plus of good solid skiing left this season in the North East and of course out West. As many of you know Liz's and my ski season ended abruptly when Liz fractured her leg at Sun Valley. It was devastating, but in the mean time I am sharpening up my cooking and house cleaning skills (no, I will not hire out when our household returns back to normal). Whatever the case, the final club sanctioned trip to Steamboat and Beaver Creek (3/13/6 thru 3/20/6) should be a great one as all reports show Colorado continuing to get more snow. I wish everyone going on SteamBeaver, as well as any other trips and slopes our members may be trying, the best of skiing and a whole lot of fun to finish off the main part of this ski season.

By the way, while out at Sun Valley I saw hundreds of the new FAT and HOURGLASS skis, and several PVS'ers who tried them said they were the greatest equipment since the old wooden skis were invented. The first couple days there was a lot of heavy crud on the slopes and apparently these new skis just glide through it as if it were a groomed slope. Who knows maybe these wider skis are here to stay.

Just a reminder, don't forget the Spring Fling on April 27TH, it is only \$25 per person and an excellent cause as all proceeds go to Disabled Sports USA. This TOOT has more details about it; call Charles Huggins if you have any questions and send him your \$25 now!!


Serge Triaou



MONTHLY MEETING: March 19, 1996
8 p.m.

Home of Dr. Paul Yessler
9107 Woodland Drive
Silver Spring, Md. 20910
Telephone: 301-585-0942

Blizzards are behind us! Come for the first meeting of spring and talk over all the joys and adventures of the ski season. Directions to the Yessler home are on the next page.

COMING EVENTS

DIRECTIONS TO THE YESSLER HOME FOR THE MARCH MEETING:

From Beltway, take Exit 31B (south) -- Georgia Avenue, Silver Spring. Go past three traffic lights (the first two are VERY close together) and turn left on Grace Church Road (0.6 miles from Beltway exit). Go one block on Grace Church Rd. to Woodland Drive and turn right. The house - 9107 Woodland Drive - is the 2nd house on the left side - white brick with blue frame trim.

From D.C., get to 16th Street N.W. going north into Maryland. Go on 16th Street extended 1.0 mile from the District Line where 16th Street dead-ends into Georgia Avenue (Silver Spring). Turn right (south) on Georgia and get immediately in the far left lane and turn left at the first left possible - Grace Church Road (only 0.1 mile from where 16th Street ends on Georgia). Then proceed as above.

GOURMET At the Copes, March 2 at 8 p.m.
WINE Directions to the Cope home were in the
TASTING February TOOT.

BLUE KNOB SKIING - March 10 thru 12.

Betty Lawrence has again invited PVSers to her chalet at Blue Knob, but this event depends on the weather and the snow conditions. Call Betty at 703-759-0471 to get your name on the list and to see what the status is.



GALA This annual festive occasion will be held March 30 at 7 p.m. at The Colonnade, 2801 New Mexico Ave., N.W..
SPRING
DINNER The event is full, but if you're interested call Marilyn Clark at 703-978-9435 to be put on the wait list. There are often cancellations.

You will be called about what food to bring. And don't forget to bring a plate and flatware!



ART EXHIBIT BY BOB HARMON

As noted in the KNEE, Bob Harmon will have an exhibit of his paintings at NIH from March 5 through April 30. The gallery is No. 6 located in Building 10 at 10 Center Drive. There will be a special reception to which PVSers are invited on March 28, 7-9 p.m.

We are told that parking loosens up after 3 p.m., and is easy after 5 p.m. But also note that the gallery is open 24 hours a day!

CHERRY BLOSSOM WALK THURSDAY APRIL 4th

We will meet at the mall on top of the Smithsonian Metro Station at 10:30 a.m. Lunch will follow the walk, and you can bring your lunch or purchase something to eat along Maine Ave. If the weather is nice, we will eat outdoors. Interested PVSers should contact Betty Byrne (202) 483-4048.

MT. VERNON BIKE RIDE. This annual event will be on April 18 this year. Plan to bring a lunch or buy one at Mt. Vernon. Put this date on your calendar now, but there will be more details in next month's TOOT.

NO BILLY
GOAT TRAIL! This favorite PVS hiking trail was badly damaged by the winter's flood. B U T this popular event will move to Prince William Forest Park, where the Marxes will lead an outing on April 20. Call them (703-451-9158) to reserve a spot. More details next month.

IMPORTANT NOTICE RE THE APRIL TOOT!!



Sue Walsh will be editing the next issue of the TOOT. Please send all articles or information to her at 417 Mansfield Road, Silver Spring, MD 20910. If you have questions, call her at 301-589-7159.

APRIL BRINGS THE ANNUAL BUSINESS MEETING - PLEASE PLAN TO COME!

In addition to the election of officers (see February TOOT), eligible applicant members will be voted on for full membership. Those having fulfilled all requirements: Kathy and Don Dillon.

Also to be voted on is the following proposed amendment to the POTOMAC Valley Skiers, Inc. By-Laws:

Section IV - Duties of Officers.

- C. 2. The Treasurer shall submit to the membership an audited biennial report of the financial condition of the club in accordance with recognized accounting procedures.



SPRING FLING SATURDAY APRIL 27th

Over 20 PVSers have signed up for the Spring Fling. The live Auction and Buffet Supper will be held in the Grand Ballroom in the Student Union Building of the University of Maryland. A few spaces still remain, but they are being gobbled up fast by other ski clubs. If your interested in this exciting event on Saturday night, sent your check for \$25. made out to Disabled Sports USA, and send to Charles Huggins, 9916 Betteker Ln. Potomac, MD 20854.

A list of of PVSers attending this function will be available at the monthly March and April meetings so we can form car pools to attend the event.

TO EVERYONE ON THE SUN VALLEY TRIP:

I want to thank all of you for your kindness when I had my injury, for all your visits that lifted my spirits and for the wonderful cards and gifts. Your love and support will never be forgotten. I love you all.

Many, many thanks,

Liz

P A S T E V E N T S

SUN VALLEY is a place of spectacular beauty, the locals are congenial, and the skiing is awesome. For most, the trip to Sun Valley was a first and a most memorable one. For a few the trip was a mixed experience.

(cont)

Prior to our arrival, about 14 inches of snow descended on Sun Valley and the surrounding area. This snow storm closed the small Haley airport outside Sun Valley and created slippery, treacherous highways leading into the resort. Several PVSers (Joan and Glade Flake, Dina Taylor, Tony Drago, and Margaret Campbell, scheduled to fly into Haley, had to make alternate transportation arrangements. They arrived in Sun Valley late Saturday evening; their ski equipment and clothing arrived about two days later.

We stood in line on the first day of skiing for over an hour due to snowboarders who sneaked onto the slopes before the opening time to catch the first powder. Their presence prevented the avalanche shooting until the ski patrol could get them off the slopes. Many stopped skiing early because of the deep power and steady downstream of snow. These conditions, however, did not deter David Abraham and Reg Heitchue (although a PVSer, Reg was traveling and bunking with his Reston neighbors who have formed a ski group known as the Slope Dusters). David and Reg skied the black bowls daily.

Some mishaps occurred during the trip. Glade Flake tripped over a bag in the lodge lobby and advertised a shiny bump on his head and a deep gash on his arm. He was ushered to the local medical center where the doctor administered a tetanus shot and promptly dismissed him.

Liz Triau, PVS Club's 'First Lady' broke her leg in two places as she was getting off a chairlift. She was immediately rushed to the medical center where she competed for attention with Sandra Day O'Connor, also seeking medical treatment for a ski injury.

Serge Triau, the ONLY PVSer who competed in the Prime Time NASTAR races, received a silver medal and a lovely pair of pink sunglasses which Liz promptly confiscated. Liz said they looked better on her and pink was not Serge's best color.

Although most PVSers live to ski, many were seen off the slopes enjoying other activities. Marilyn and Dick Clark went to the Opera House where they saw the classic movie, Sun Valley Serenade. Bill Anderson, June Kelsey, and Charlie Gordon visited the Ketchum Historical Museum where they sat in a chair from the world's first chairlift. Pat Summers, Al Richman, Ruth Schrider, Bette Walker, Emmi Plowman, and Marion Webb enjoyed a skating lesson. Lu Beale's nephew, who owns a ranch near Ketchum, treated her to dinner one evening. Some PVSers allege she helped her nephew rustle cattle; but the same PVSers could not verify if she helped shovel out the barn.

Kudos to Jack Peoples and Myron Marguardt (Assistant Trip Leader) for putting together a fabulous ski trip. And special acknowledgment and appreciation to Rachel Abraham who was the 'unofficial' hostess who did the most at the evenings' apres ski parties in the condo they shared with Jack.

...Genee Boykin

CAN THERE BE TOO MUCH SNOW?



For days it had snowed: Sunday, snow showers at Brighton; Monday a blizzard at Solitude; Tuesday overcast and ungroomed at Powder Mountain; Wednesday at Park City, rain at the bottom and snow at the top and finally high winds that forced the gondola to close.

On Thursday, with snow at Salt Lake City and the canyons closed for avalanche control, the six PVSers gave up and went bowling. After three games, Burr Shuler was declared the champion with an average in the 190 range.

By Friday, the sun came out and we piled into the van and hurried to Park City to enjoy a good day of skiing.

Despite the melancholy story, we had fun. Trip leader Dina Taylor found a good restaurant for us every evening, and dealt with crises that came up--such as the Doubletree's insistence just days before the trip that they had no record of our reservations. No matter: Dina spent several hours on the phone and got us into Little America where the rooms are much nicer and the price lower. And our first van with an electrical problem that left the battery dead was speedily exchanged for another.

On Saturday, we all departed, leaving lots and lots of unused snow for future skiers to enjoy.

....Shirley Rettig

A RELAXING WINTER MEETING!

Finally a winter meeting we could go to without fear of snow! So it was a happy band of PVSers which gathered at the lovely home of Dorie and John Waddick in February. The buzz--constant except during a short business meeting--was basically about ski trips--those past and those to come. Second ranking subject was casts, Bette Walker, Ray McKinley and John Waddick displaying theirs, Liz Triau in absentia. Only John couldn' blame a skiing accident for his --surgery was the culprit for his cast and crutches. He performed nobly as host in spite of these handicaps.

Much of that talk took place around the lavishly spread dining room table--all found it hard to tear themselves away from the delicious goodies. There was considerable puzzlement about a very large ball of fluff which also clung close to the food--the mysterious presence was at last introduced as the Waddick's dog.

Thanks, Dorie and John for a delightful evening!

....Jessma Blockwick

KREEGER MUSEUM TOUR AND LUNCH AT INN AT GLEN ECHO
13 April 1996

To confirm your reservation for the tour and lunch, please send me a **check for \$26 per person**. This amount covers the cost of the tour and your lunch (which includes an entree of your choice, house salad, triple chocolate mousse cake with raspberry sauce, coffee or tea, gratuity, and tax).

I MUST HAVE YOUR CHECK NLT 26 MARCH. Make checks payable to Genee Boykin and mail to my home address:

Genee Boykin
1411 McLean Mews Court
McLean, VA 22101

Please plan to be at the Kreeger Museum NLT 10:15am. The tour starts PROMPTLY at 10:30am. The museum is located at 2401 Foxhall Road, NW, Washington, DC. I will provide directions to you later.

The following entrees for lunch at Inn at Glen Echo are offered:

- **Blackened Catfish**--served with a creole mustard sauce
- **Tri-Color Fettuccine**--artichoke, oyster mushrooms, olives, plum tomatoes, basil, olive oil
- **Teriyaki Chicken Sandwich**--boneless chicken breast marinated and grilled, served with sprouts, tomato, ginger mayonnaise and french fries

On the day of the tour, I will give you directions to the restaurant.

My home number is 703-790-8277 if you need additional information.

Please complete this portion and return to me along with your check--\$26 PER PERSON--PAYABLE TO GENE E BOYKIN:

Name(s) _____ Entree Choice _____

_____ Entree Choice _____

Phone _____



COOK'S CORNER

- 8 -

by

Nancy Garrett .

As promised, here's more from Marty.

CAPONATA

Parboil 1 medium eggplant for 10 minutes. Cool. Peel. Cut into 1-inch cubes. Lightly salt and drain in colander.

Blanch 2 tomatoes and peel. Remove seeds. Chop and reserve. (May use 1 can tomatoes - drained.)

Heat 1/4 cup olive oil. Saute for 10 minutes
- 1 large stalk celery, finely chopped
Add and saute for 10 minutes more;
- 1/2 cup chopped onion

Remove vegetables from pan and set aside.
Add to pan and heat:

- 1/4 cup olive oil
Saute drained eggplant until golden brown.
Add reserved onion, celery, and tomatoes,
Add 1 teaspoon sugar and cook for 5 min.

Add:

- 2 Tablespoons chopped parsley
- 6 green olives, sliced
- 1 Tablespoon capers
- 2 teaspoons anchovy paste mixed with
1/2 cup water
- Salt and pepper - to taste

Cook uncovered about 20 minutes or until thick. Serve chilled or at room temperature with pita bread or crackers.

DATE CAKE

Mix one 8 oz. package chopped dates with 1 1/4 cups hot water and set aside.

Mix together:
- 1 cup sugar

- 1 teaspoon baking soda
- 2 Tablespoons cocoa
- 1 1/2 cups flour
- dash salt

To the above mixture, add and mix well:

- 3/4 cup vegetable oil
- 2 eggs
- dates with water in which they soaked

Grease 9" X 12" pan and dust with cocoa. Pout mixture into pan. Sprinkle top with:

- 1 6-oz. package chocolate chips
- 1/2 cup sugar
- 1/2 cup chopped pecans

Bake at 350° for 30 to 35 minutes.

LEMON SPICE BARS

Stir together well:

- 1 cup all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1 cup quick cooking oats (uncooked)
- 1 1/3 cups packed brown sugar

Add:

- 3/4 cup vegetable oil
- 2 eggs - slightly beaten
- 1/2 cup chopped pecans
- 2 teaspoons lemon juice
- 1/2 teaspoon vanilla extract

Spoon batter into a greased and floured 13" X 9" X 2" pan. Bake at 350° for 25 minutes. Spread glaze over top while hot. Let cool and cut into 2" X 1" bars. Makes about 5 dozen.

LEMON GLAZE

Combine all ingredients, mixing smooth:

- 2 cups powdered sugar
- 1 Tablespoon lemon juice
- 1/4 teaspoon cinnamon
- 3 Tablespoons milk



THE KNEE - 9 -

by

Ray McKinley

It's been quite a winter! As of half past February, all three of Washington's airports have more snow than ever in their history. Farther north, Mt. Alyeska, Alaska's largest resort, reports 18 inches of snow. They are barely open. And from New Mexico, Paddy and Shirley Frucht report warm weather and scant snow at Santa Fe Ski Basin and at Taos.

But in the Central Rockies, Colorado is flush. Vail and Beaver Creek have already extended their ski seasons through at least May 1. Yahoo, lets ski!

Ubiquitous PVS times two. Whilst (the Knee has just seen Willie Something-or-other's play, "A Midsummer Night's Dream) returning from a family visit to Minnehaha Jan Marx almost bumped into TOOT editor Jessma Blockwick boarding the airplane. On the aircraft was Nat Seeman. Also, whilst skiing at Snowmass, Aina Thomas, Mary Jane McCarthy, Nat Seeman and Mr. and Mrs. Knee all met and had lunch with Mary Riley and Jackie Wilson. Another PVSer, in Aspen for a week, enroute to Utah, was Ted Cardwell, but he remained undetected.

It's the time of year when virtually all PVSeers are either just back or just going skiing. Jim Wingrove has just returned from Aspen. Jim found an inexpensive way to get there. He flew Western Pacific Airlines direct to Colorado Springs. Only \$190 round trip--but you do have to bring your own lunch.

Some weeks back John Smith heard a DJ come on with the news that Supreme Court Justice Sandra Day O'Conner had broken her shoulder skiing in Sun Valley. The DJ explained she was a very experienced skier. He then added with amazement--and she's still skiing and is 65 years old!

The Knee has uncovered how Justice O'Conner's accident happened. Jack Peoples knocked her down. He was chasing her, trying

to invite her to one of his happy hours. Jack was so shaken by the accident that he missed the happy hour himself!

Marilyn Clark was having a little trouble boarding the Sun Valley shuttle with her skis. A man helped her. He then pinched her derriere. Butt no gentleman!

Whilst skiing in Sun Valley, David Abraham and Reg Heitchue tried and loved the new mid-fat skis--especially in the crud. The Knee has also developed some mid fat--especially from eating too much crud.

From the Knee's Bad News and Good News Department: two cancers, two cancers caught in time. Ruth Schrider's malignant tumor was successfully removed--and it had not spread to the lymph system. Ruth is already walking several miles a day and getting ready for preventive chemotherapy. Right on! More recently Helen Price had a malignant skin cancer removed from her calf "about ski boot high." It also had not spread. Medical Knee believes that what Helen had removed was a Basil Rathbone.

"Mainly Maine" is the title of Bob Harmon's landscape exhibit at NIH through the end of April. Normally there is an opening reception for the artist, but Bob will be skiing. Thus the reception will be 7-9pm on March 28. Bob has invited all of PVS, so you can discover if he also paints with a Maine accent. Don't brush this one off--you'll be watering for Bob's colors.

The Knee was asked if my favorite young actor was Liam Neeson? No, my favorite young actor is still James Cagney.

Returning from Betty Lawrence's ski trip to Blue Knob, George Hicho's truck went belly up. Norm Engelman and Charlie Huggins waited 3 hours whilst garagemen attempted resuscitation. It failed. They then drove the mourning George back to DC. Pity.

Could it be an addiction to plaster? The Knee is again in a cast--my right thumb. At least this time it resulted from skiing too fast on a black run. It's always thumbthing.

CALENDAR:

- Mar. 2 Wine Tasting at the Copes'. P. 2.
- Mar. 10 Thru the '12. Blue-Knob skiing. P. 2.
- Mar. 19 March monthly meeting at the Yesslers'. P. 1.
- Mar. 26 ExCom at Bette Walker's.
- Mar. 30 Spring dinner, P. 2.
- Apr. 4 Cherry Blossom walk. P. 3. *2 Exits*
- Apr. 13 Tour of Kreger Museum. P. 7. *Same Old Day*
- Apr. 16 Monthly meeting at Charlotte Couture Kline's.
- Apr. 18 Mt. Vernon Bike Ride. P. 3.
- Apr. 20 Prince William Forest Hike. P. 3. *Max 10:30*
- Apr. 27 Spring Fling. P. 4. *Huggins*
- May 11 Post Steambeaver Party. *Music Hall*
- May 18 Fun Run with the Clark's. Call to reserve. *Post Sun Day Print*
- May 21 Monthly meeting at the Leonhardt's.
- May 28 ExCom at the Huggins'. - *Charles & Sarah*

May 7 British Music Hall

3/28

4/25
Tues

Independence - no mail

Bette Walker
#806
2801 New Mexico Ave., NW
Washington, D. C. 20007

