

VOLUME XXVI111 **Potomac Valley Skiers, Inc.**
 NUMBER 5 WASHINGTON MARYLAND VIRGINIA

MAY, 1993

President's Message

I want to thank all of you for the honor of being elected president of PVS. I would like to express my appreciation for the work of outgoing president Bill Anderson. He maintained a high level of interest in and knowledge of the mechanics of running an efficient club. I hope I can follow in his footsteps.

I also look forward to interacting with members of the Executive Committee all of whom have a great deal to offer.

Mary Jane

Mary Jane McCarthy, President

MONTHLY MEETING

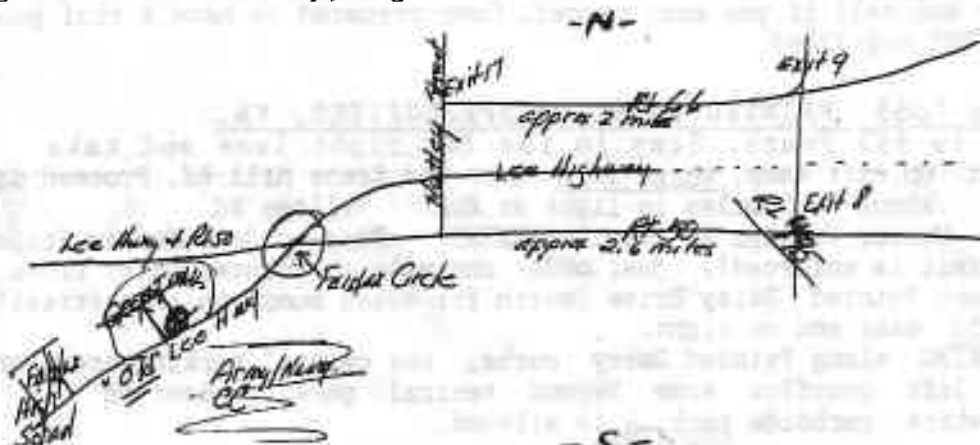
- Tuesday, May 18. 8:00 P.M.

Where: Home of Charlotte Eddy
 3413 White Oak Ct. Fairfax, Va.
 Telephone: 703-385-1022

Celebration of spring. Eats...Drinks.. Comraderie...
 Plus some business . Plus a slide talk by Aina Thomas on conditions in Latvia and Riga as observed on a recent trip to her old homeland.



DIRECTIONS to the May Meeting: Take Beltway Exit onto Rte 50 West. Go approx 2.6 miles to Fairfax Circle. Go three quarters way around circle to South on OLD Lee Highway and approx one half mile to "GREAT OAKS" sign. Right on Great Oaks Drive, right on Great Oaks Way, right on White Oaks Court to #3413.



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COMING EVENTS

MID-WEEK BIKE TRIP, THURSDAY, MAY 6 10 A.M.

A mid-week bike trip down the Mt. Vernon bike trail has been planned for Thursday, May 6. We will ride from the Belle Haven Picnic area just south of Alexandria to Mt. Vernon and return for a total distance of about 14 miles. The trail is flat to gently rolling. For those without a bicycle, rentals are available nearby. For further information or just to let us know you're coming, call Shirley Rettig, (703) 836-0147.

(Editor's note: This is a late planned excursion. Hope it reaches you in time!!!)

Saturday, May 8, 1993 - Annual Fun Run/Brunch with the Clarks.
9 a.m. is the starting time - rain or shine! Directions: Beltway Exit 5 (Braddock Road) in Virginia. Go west 0.1 m. to light and Wakefield Park sign on the right.

Drive to the main parking lot (as far as the road goes) and meet by the small bridge immediately on your left as you enter the lot. (Sorry we goofed last month and said on your right!)



DINING OUT GROUP - May 11, 1993

Join us for dinner on Tuesday, May 11, 1993. Dinner is at 7:00 P.M. This month dinner is planned at THE RIVIERA, 1120 Rockville Pike, Rockville, MD. ~~The RIVIERA is an exciting new restaurant that features specialties from each of the countries bordering the Mediterranean.~~

Directions: From the Capitol Beltway (Rt. 495) in Maryland, go North on the Rockville Pike (Rt. 355) for 1.7 miles. THE RIVIERA is on the left (West) side exactly across from the White Flint Shopping center in the CRI building. Free parking is available in the garage adjoining the restaurant (Enter from Rockville Pike).

So that we may know how many to expect, please call Pat Tengel or John Smith at (301) 299-8376 by Sunday, May 9.

LUAU AT THE WALNS' - Saturday, May 22, 1993 ... 6 P.M.

This event is wait-listed. Call Janet or Chris if you wish to be so listed and be sure and call if you must cancel. Come prepared to have a real good time! (Telephone: 703-912-7289).

DIRECTIONS to 7853 PAINTED DAISY DR. SPRINGFIELD, VA.

Take Beltway to #95 South. Stay in the far right lane and take Springfield Exit. On exit ramp, merge left onto Old Keene Mill Rd. Proceed down Old Keene Mill about 1.3 miles to light at Hunter Village Rd. Turn left onto Hunter Village Rd into "DAVENTRY." Proceed down Hunter Village (25 Mile speed limit is enforced!) just under one mile to Painted Daisy Drive. Turn right onto Painted Daisy Drive (watch for speed bumps on this street!) and proceed to 7853 near end on right. There is NO PARKING along Painted Daisy curbs. Use central parking area or proceed to far left overflow area beyond central parking down in Gerardia Court where curbside parking is allowed.

COMING EVENTS



SPRING BIKE OUTING Saturday, May 29 - High noon. (Rain date: Sunday)

Twenty six mile round trip St. Michaels to Tilghman Island with restaurant stops during and after. Call Myron Marquardt (301) 460-3269 to let him know you are coming. Directions: Rte 50 to Bay Bridge, continue 28 miles, right on Rte. 322 for 2 miles, right on Rte 33 for 9 miles to St Michaels, right on Mill St. and immediate left into parking area.

SPRING HIKE IN SHENADOAH NATIONAL PARK

When: Saturday, June 5th. 8:00 A.M. (Rain date: Sunday June 6th)

Leaders: Bob Marx (703-451-9158) and Nat Seeman (703-461-0859)

Trail: 5-6 mile round trip in White Oak Canyon (an old club favorite!) a spectacular ravine with tons of waterfalls and cascades. Lots of effort but worth it.

Bring: Lunch. Water. Gorp. Perhaps refreshments left in car trunk for revival at hike's end.

Time: 8:00 A.M. at Cooper School (one block inside the beltway on Rte 193: Georgetown Pike), Virginia Exit 13. Carpools will be arranged here.

Reservations: Please call Bob or Nat by Thursday June 3rd so we don't leave Cooper School without you. (If you wish to meet at the trailhead, call leader for directions and required arrival time.)

TIDEWATER SUMMER PICNIC AND BARBECUE at MCGRATHS - June 26, 11:30 A.M.

Limited to 30, this event is now wait-listed

Directions to the lovely Lancaster County waterfront home of Charles and Alexa McGrath (a 2½ hour drive each way) will appear in the June TOOT. In the meantime, if you wish to be waitlisted, call coordinator Karen Felker (703-931-6843).

And be sure and call if you must cancel! P.S. Check with Karen on what to bring foodwise!

EVENING AT WOLF TRAP - Friday, July 9

This event is now full. Call coordinator Barbara Leonhardt for info (301-279-9056). Don't forget to bring your own picnic supper. Beverages and desserts supplied by Barbara. Participants will receive directions in due course.

SECOND EVENING AT WOLF TRAP -- Thursday, September 2nd.

Join friends for a second grand evening at Wolf Trap, this time to see JESUS CHRIST SUPERSTAR. Bring your own picnic supper. Cost of \$25 per person includes dessert, drinks and seats in the center rear orchestra. Call Barbara Leonhardt to reserve NOW. (301-279-9056)

STEAK & SWIM AT THE ELRODS - July 17th

Call coordinators Nancy Sexton and Ray McKinley (703-527-7126) to reserve a place on this limited and always popular event highlighted by swimming, sunning, socializing and Roy's man-sized steaks. Y'all come!!

PAST EVENTS

DINING AT THE COLONNADE by Lu Beale

Thirty seven merry-making PVSers gathered on the evening of March 27th for a gala spring dinner in the party room of Bette Walker's elegant Colonnade Apartments. During the cocktail hour, guests cheerfully mixed and matched while consuming a case of champagne accompanied by appropriate hors d'oeuvres. For a change, no crutches were evident among the guests and Bob Marx, attired in tuxedo with red cummerbund, lent a touch of class to the affair.

With appetites sufficiently whetted, the guests moved into the dining area where Dot Mills had supervised the decorations including magnolia leaves accented with pansies on each candle-lit table. Following instructions in TOOT, guests had brought their own china and stemware (Bill Anderson brought a 5-piece place setting plus a silver goblet). But - uh,oh! a number of guests had NOT read TOOT and came empty handed. They were saved from starvation by Bette Walker who made several trips to the 8th floor to bring down china, etc., from her own cupboard.

At last everyone was ready and lost no more time in attacking the bountifully laden buffet table. The menu, concocted and overseen by Marilyn Clark and Karen Felker, consisted of Chicken Marsala, Orange Carrots, Curried Potatoes and a potpourri of spring greens, ending with a 100 proof, 1000 calories a sniff, Charlotte Russe, all prepared by PVS's own Jule/Julia Childses and accompanied by 15 bottles of Zinfandel.

Sometime later, after much table hopping, the last bottle was declared a dead soldier and it was time to leave. A volunteer clean-up crew spit-and-polished the kitchen before at last departing into the rainy night.

Thanks to all those in charge and to those who were merely charged for making the evening what it was - pure delight - or, as Ray McKinley is wont to say (with tongue in cheek) just another "boring" PVS event.

BILLY GOAT TRAIL REVISITED

On April 24th, 16 PVSers, led by Frank (Shorter) Shelburne, made the annual Billy Goat Trail hike in such good order that, for the first time in club history, a hiking group remained intact with no sweep or walkie-talkie needed.

Frank had cased the trail twice in the previous week and, avoiding inundations on the customary path, led us on the lower, southern end of the Billy Goat bordering the raging Potomac. The leader's pace (mirabile dictu!) was such that even the slowest could keep up and there was time to enjoy the abundant wild flowers - bluebells, Jack in the Pulpits, blue phlox, spring beauties - and the ever-present wild life - geese, heron, turtles. (A red-breasted purple-bottomed, black-legged mystery bird was sighted which turned out to be Bird Colonel Chris Waln.)

There was a lot of slipping and sliding on the muddy terrain but no casualties. Strong Man Jamie Miller assisted some of the "weaker" sex in a free-fall descent from a rocky crag while never-still Larry Pease ran circles around the group but seemed always to end up alongside.

Returning to the tow path at Angler's Inn, the hikers bushwacked to the palisades where we lunched while watching the usual rock climbers on the opposite shore and the kayakers below.

After lunch, some hurried off to do Saturday chores. A lucky few continued the hike with a side trip on the bridges below Great Falls for a sensational view of the turbulent rapids beneath their feet - a view Dot Mills and Bill Anderson said had to equal that of Niagara Falls and Sue Walsh declared to be the highlight of the hike. It was a wonderful ending to a perfect excursion.

Thanks to Frank for his leadership and (especially) his measured pace!

APRIL ANNUAL MEETING by Shirley Rettig

At least two records apparently were set at the April meeting at Barbara and Fred Leonhardt's home: the total attendance was 94 by official count and the number of applicant members accepted for full membership was 19.

At the business meeting, outgoing President Bill Anderson passed the (foam rubber) torch of office to MaryJane McCarthy. Liz Triau, Myron Marquardt and John Smith assumed office as new ExCom members. Mary Jane introduced Serge Triau as the new Veep.

Those elected to full office are Charles and Genee Boykin, Joe and Annabelle Blum, Charlotte Couture, Rosalie Ciccotelli, Ned and Jackie Flaherty, Don and Marijane Harper, George Hicko, John Mathews, Joy McKnight, Robert Peterson, Edith Rabinovitz, Mary Riley, Nathan Seeman, Nancy Sexton and Sue Walsh. Welcome, all!!

Mary Jane presented the outgoing president with a certificate and an enormous bottle of champagne with the suggestion that he not fade away but sip away during his retirement years.

As usual, Barbara provided a truly awesome array of edible goodies. All this while working, too! Perhaps someday she will give up chemistry and take up catering. This may be the last PVS meeting at the Leonhardt home on Jongroner Ct. as they are planning to build a new home in the Kentlands development.

Our thanks to Barbara and Fred for hosting this record-breaking meeting. Please keep us in mind when you're settled in Kentlands. (Thanks also to June Read for much appreciated assistance to the chef!)

— !! SKI TRIPS !! —

SKI TRIP LEADERS MEETING

A meeting for ski trip leaders for the 1993-1994 ski season will be held at the Huggins' home at 9916 Betteker Lane in Potomac, Maryland, on Sunday, May 23rd at 2 P.M. Anyone wanting to lead a ski trip for the upcoming season should attend the meeting. Phone 424-5725 if you plan to attend.

NEW ZEALAND'S SOUTHERN ALPS PLUS TWO DAYS HAWAII

. August 13 ---- August 31, 1993

Leaders: Ray McKinley/Nancy Sexton

Fourteen nights in New Zealand, called by James Michener the most beautiful place in the world. We'll have ample time to ski in this intermediate skiers' paradise and to sightsee. We'll stay in three luxury hotels throughout the South Island and sample seven ski areas. For experts (and, often, intermediates) heliskiing will be available on 5 days. All will enjoy the 13 km run down the Tasman Glacier.

There will be lots of time for sightseeing, too. We have 8 nights in a 4-star Queenstown hotel overlooking the lake. A lake cruise, sightseeing tours of historic Arrowtown, a sheep station visit and barbecue are all included. Optional tours to Milford Sound for white water boating, for bungee jumping, and return via Australia are available.

We'll end with 2 glorious days in Hawaii. Call Ray or Nancy for more information: (703) 527-7126.



THE KNEE

by

Ray McKinley

It may seem like spring, but it's not too late to ski. Bing Poon is just back from Snowbird, and at least half a dozen resorts have June closings planned.

Arapaho Basin and Mammoth have July 4th ski races planned. Killington also continues its lengthy season. When spring rains dampen spirits, Killington PR people respond, it doesn't rain at Killington, they get "immature snow."

In a cost-cutting measure, Jan and Bob Marx hand-delivered TOOTs to attendees at Bette Walker's PVS dinner. It's my first-ever TOOT with mashed potatoes on the Knee.

Follow up on the Blizzard of '93. Two days afterward, Rosy Soler slipped on some unseen ice and tore ankle ligaments. She's in a cast.

Regarding casts, I reported Malda Flaed skiing with a wrist cast and thus one pole. Late in the season, skiing well and relaxed, Malda attempted to plant her non-pole. As she fell, her cast hit her forehead and knocked her out. She's now fine.

Also fine is Ray Garrett, now back at work after prostate surgery. He strongly recommends the PSA test for every man among us.

Not so fine is Joan Flake. Leg soreness resulted in X-rays. Joan has a fractured hip. (Personal note: when I die, I'll be an ex-Ray.) In another hip matter, Eleanor Peterson is having further hip surgery.

PVS is about to get new ski pins. While searching for his old PVS pin, Bing Poon found a pin from Charnita. That's kinda Kneeta.

Done with travel agent school is Nancy Laymon. Her daughter is in firefighting school and will soon be a Fairfax County--er--fireperson.

94 people at the annual meeting! As a result, Fred and

Barbara Leonhardt are selling their home--and building a new one at Kentlands.

A special tip of the ol' Knee cap to now ex-Pres Bill Anderson. He ran great meetings and tells and takes jokes better than anyone.

A tough act to follow for Mary Jane McCarthy. However, Mary Jane's up to any, ahem, scrutiknee. Her favorite food is Death by Chocolate, and she coined the phrase "a dirty mind is a terrible thing to waste."

Bill Anderson may be funknee, but he's a lousy source. I used his data (without attribution, as the Knee is wont to do) that Terry Morton's restoration projects underway in Sarajevo were destroyed. Wrong. Terry's work is on an island off Croatia and, while delayed, is still underway. Kneea culpa.

A post card from PVS' German contingent, the Stecher s, means more Kneea culpa. Bill is a doctor in Kaiserslautern. David and Rachel Abraham were not the only PVSers to ski Europe last winter. Bill and Elke do it all the time. However, their card was from Breckenridge!

From the Steamboat Springs Eternal department. Leader Dick Comerford almost missed the post-trip party. He was in Steamboat planning the next trip. And Tom Aguilar returned from Steamboat an hour before the party. It was Tom who mused that at Deer Valley you can hire someone to ski for you.

Congrats to Marianne Cook. She just turned 80 and still plays a mean piano. In 20 years, she's booked to play for Willard Scott.

Delayed reaction. When Olga Gilloegly and Bob Marx met at the PVS meeting at Olga's they knew they had met before. It was 20 years earlier on a plane. They discussed skiing and Bob suggested PVS.

Jim Slack and Mary Ward's new ranch and home is in Catharpin, Virginia. It's pronounced like three words--cat harp in. I always pronounced it catharsis.



COOK'S CORNER

by
Nancy Garrett

There have been many events in the past few months and new and interesting foods have been served. While your cook has been out of touch, the rest of you have kept right on cooking, eating, and enjoying. So that all can taste, a few recipes are presented for you to try. Coming in the next few months are recipes from the wonderful Spring Dinner at Bette Walker's and other recipes.

JEZEBEL Marilyn Clark

Mix together well and let set overnight in refrigerator:

- 1 jar apple jelly
- 1 jar pineapple jelly
- 1 small can dry (powdered) mustard
- 1/4 - 1/2 jar horseradish

Spread mixture over 8 oz cream cheese. Serve with mild crackers to scoop. Spicy and delicious!!!

VIDALIA ONION AND CHEESE SPREAD Genee Boykin

Mix together:

- 1 cup Vidalia onions, chopped
- 1 cup Swiss cheese, shredded
- 1 cup mayonnaise

Pour into baking dish. Bake at 325° for 20-25 minutes--or until lightly browned and puffy. Serve with crackers.

EGGPLANT DIP Karen Felker

Peel, dice, and saute:

- 1 lb. eggplant
- 1/4 cup olive oil

Remove eggplant from pan and mash.

In same skillet, saute:

- 1/2 cup diced onion (Add more oil if necessary)

Add to onion and cook 5 minutes:

- 1/2 cup Hunt's tomato sauce
- 1/2 cup diced celery
- 1/2 cup chopped green pepper

Chop and add to onion mixture:

- 3 olives
- 1 teaspoon chopped almonds

Mix eggplant with onion mixture and add:

- 1 Tablespoon vinegar
- 1 teaspoon salt
- 1 teaspoon black pepper
- 1/2 teaspoon garlic salt

Cook for 20 minutes to allow all flavors to blend. Chill several hours and serve with melba toast or crackers.

PUMPKIN MUSHROOM SOUP Marilyn Clark

Saute until tender:

- 1 Tablespoon margarine
- 2 chopped shallots
- 1 clove garlic, minced
- 1/4 cup chopped parsley
- 1 lb. (approximately) fresh mushrooms

Pour mixture into bowl of food processor, add and puree:

- 1 (16 oz.) can pumpkin
- 1/2 cup light cream

Gradually add:

- 1 cup chicken broth
- Dash black pepper
- 1/4 teaspoon mace or nutmeg

Pour mixture back into pan and gently heat to boiling. To suit your taste, add salt and adjust seasonings. Serve with parsley sprig and center slice of mushroom for garnish.

JOSIE'S TREATS Lu Beale

Mix together well:

- 2 cups wholewheat flour (Add more as needed for right consistency)
- 1 cup cornmeal
- 2/3 cup Brewers or nutritional yeast
- 2 teaspoons garlic powder
- 1/2 teaspoon salt
- 2 egg yolks
- 3 boullion cubes dissolved in 1 1/2 cups water

Roll out dough on cookie sheet. Crosshatch into small squares. Bake 20 minutes at 375°. Turn off oven and let dry out. Serve with doggie cocktails. Not only tasty, but flea repellent.

CALENDAR OF COMING EVENTS

- May 6 ... Midweek Bike Outing. See page 2.
- May 8 ... Fun Run/Brunch with the Clarks. See page 2.
- May 11 ... DOGS. See page 2.
- May 18 ... May Meeting at Charlotte Eddy's. See page 2.
- May 22 ... Luau at the Walns'. See page 2.
- May 23 ... Trip Leaders Meeting at the Huggins'. See Ski Reports-page 5.
- May 25 ... ExCom at Slack/Ward home.
- May 29 ... Bike Trip:St Michaels. See page 3.
- June 5 ... Spring Hike. See page 3.
- June 15 ... June Meeting at Bette Lawrence's.
- June 22 ... ExCom at Bob Harmon's.
- June 26 ... Tidewater Picnic at the McGraths'. See page 3.
- July 9 ... Evening at Wolf Trap. See page 3.
- July 17 ... Steak & Swim at the Elrods. See page 3.
- July 25 ... Tubing on Shenandoah. Shirley Rettig. See future TOOTS.
- July 27 ... ExCom at the Browns'.
- Aug. 7 ... A Grand Day at the Flakes. Limited.Call the Flakes (301-762-6890)
- Aug 13 ... New Zealand Ski Trippers depart. See page 3.
- Sept. 2 ... Another Evening at Wolf Trap.Jesus Christ Superstar.See page 3.
- Sept.21 ... Monthly Meeting at the Harpers'.
- Oct. 2 ... Oktoberfest at the Ward/Slack home.



JUNE DOGS - June 8th This is a change in the preannounced late June date. For info, call Tenge/Smith (301-299-8376)

LATE NEWS: Eleanor Peterson and Dean Worcester are recuperating successfully from recent surgery;Eleanor, hip replacement, Dean, rotator cuff. Look for both on the slopes next year!



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