



VOLUME XXV *Potomac Valley Skiers, Inc.* SEPTEMBER, 1990
 NUMBER 9 WASHINGTON MARYLAND VIRGINIA

President's Message

As summer comes to a close and we begin to think of the upcoming ski season I need to complete the unfinished business of thanking the many club members who have either hosted or coordinated our meetings and events.

All too frequently we get involved in the activity and do not adequately express our appreciation for the efforts involved. So THANKS again to all you wonderful volunteers. We couldn't function without you!

Also, as summer comes to an end, in addition to making your ski trip plans, it is time to start getting in shape for the coming ski season. WALK, RUN, BIKE, HIKE. EXERCISE. All these endeavors will pay dividends on the slopes later in the year.

Time to get ready!

Dick Comerford, President



SEPTEMBER MONTHLY MEETING

WHERE: Home of Myra and Ken Evans
 3146 Cobb Hill Lane
 Oakton, Va. 22124 (Tel: 703-620-0545)

DON'T MISS THIS SEASON OPENER

ENTERTAINMENT... REFRESHMENTS
 BUSINESS... PLEASURE



NEW AND IMPROVED DIRECTIONS TO THE EVANS'

From the Beltway, take I-66 West. Take the Third Exit--Route 50: Winchester/Dulles. At the first traffic light (West Ox Road), turn Right and go about one mile to Waples Mill Road. (There will be a sign saying To Vale Road, but sometimes it is hidden by a tree.) Turn Right onto Waples Mill and at the stop sign, turn left. You will go about 100 yards and make a sharp right onto Vale Road. Go another mile to Cobb Hill Lane and turn left. We are the second house on the left. If you are coming from Fairfax, just come down Route 50 and follow these directions.

COMING EVENTS



CRABFEST AT BARBARA WINGROVE'S Sunday, September 9th.

1:30 P.M. for fun and games. 4:00 P.M. for feasting.

The deadline for this event is Sept. 4 and is probably past by the time you receive this but don't say you didn't have plenty of time. Any questions, call coordinator Ruth Schrider (301-770-3438).

Directions: Take Beltway #495 north to 270 N. Take Montrose road Exit. At light at exit, turn left on Montrose Road. Next traffic light turn right on Seven Locks Rd. Proceed through next traffic light and take second left onto Ritchie Parkway. Go through next traffic light and take the 4th left onto Scott Drive. A sign will say "No trucks - restricted bridge ahead." (If you pass the high school, you've gone too far!) Go over the wooden bridge to next stop sign. Turn left onto Overlea Drive to 9211. (First driveway on left.)

WEEKEND AT REHOBOTH BEACH - September 21 -23



For all you lucky participants, the directions to your quarters are printed below. Any questions, call coordinators Bob and Vivian Barry (703-560-3127)

Directions: Take U.S. 50 East across the Bay Bridge to Maryland Rte. 404. Turn left and continue thru Denton to left on Rte 16. Continue to right on Route 1 (Delaware) and follow signs to Rehoboth Beach.

To the Brown home on 23 Robins Lane (Tel:302-227-6762): Take Rehoboth Avenue to boardwalk, make u-turn and come back one block to make a right on First St. Drive to North Shores past Henlopen Hotel on Surf Dr. and then Ocean Dr. to Farview. Turn left on Farview Rd, then left on Robins Lane and on to #23.

To Barry's Gull Cottage at 116 Chesapeake St. Take Rte 1 across the Lewes-Rehoboth Canal, turn left on Cullen St. (a glass shop and Dairy Market are on the corners) and then take a second immediate left onto Bayard St which deadends on Chesapeake. Turn right and proceed to #116.

To Barry Townhome - 442 Spring Lake. Take Rte. 1 across the Lewes-Rehoboth Canal and turn right into Spring Lake (across from Amoco and small shopping center) and then first left to #442.

OKTOBERFEST - Saturday October 6. 3:00 P.M. RAIN OR SHINE!

This annual October merrymaking will be hosted this year by Myra and Ken Evans, 3146 Cobb Hill Lane. Oakton Va.

There will be sausages...potato salad ...pflaumen kuchen and other German favorites plus potables plus Tyrolean oompah, oompah to stomp to. PLEASE BRING POTATO SALAD, CABBAGE SALAD OR KUCHEN. CHECK WITH MYRA. Utensils, plates, etc. provided. Cost: \$9 to \$10 per person.



Reservations limited to 50. Call coordinator and hostess Myra Evans (703-620-0545) by October 2nd to reserve a place. (Use answering machine, if necessary.)

Directions: The Evans are also hosting the September meeting described on page 1. Please turn to that page to find directions to the Oktoberfest.

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COMING EVENTS

PICNICKING AND BOATING WITH DEAN WORCESTER

When: October 13. (Rain date: October 14)

Time: 1:00 P.M.

What: BOATS...BOATS...BOATS...AND OTHER WATER SPORTS
PLUS PICNICKING WITH FRIENDS.

Coordinator: Jean Heitchue (703-860-9190) Guest list limited.

Bring your own burger, or whatever, to grill, plus salad or dessert to share.
Check with Jean. There will be a small charge for beverages, etc.

DIRECTIONS TO DEAN'S AT 256 LONG POINT RD. CROWNSVILLE, MD:

Approach Annapolis on Route 50. Turn off at first Annapolis exit (also labelled "Parole"). Stay right--road loops back under highway and becomes Route 178, General's Highway. Stay on it for about five miles. At the seventh stop light turn right onto Herald Harbor Road (Texaco and Gulf stations at intersection). At first stop sign turn left (still Herald Harbor Road). Follow winding street past Herald Harbor Mini-Mart and Fire Station, make no unnecessary turns. A sign indicates when it becomes Long Point Road; continue for 1/2-mile to 256, on your left.

Since parking is not allowed on narrow Long Point Road and space is limited, you'll have to unload your car, park it near the Mini-Mart, and be shuttled back. And forth. (Telephone 301-987-6017)

FALL HIKE WITH DINNER AT THE STRASBURG HOME OF SHAHR SAD AND JAMIE MILLER

When: October 20th. RAIN OR SHINE.

What: Hike in the Massanutten mountains near Strasburg with dinner afterwards prepared by the inimitable Shahr Sad.

This event is limited to 40 so sign up now to be sure of a place.

Call coordinators Bob and Jan Marx (703-451-9158) and watch for full details in October TOOT.

PVS OFFICERS

President Dick Comerford
Vice President ..Bill Anderson
Secretary... Irene Farrell
Treasurer .. Margaret Wyckoff
Membership . Marilyn Clark
Program Chairman..Ray McKinley
TOOT Editor ... Lu Beale
TOOT Production. Jan & Bob Marx
Movie Mogul .. Rosemary Soler
Answering Service ..The Marxes
(703-451-9158)

EXCOM

Second Term

Bill Anderson
Myra Evans
Dina Taylor

First Term

Bill Brown
Howard Hensley
June Kelsay



THE KNEE

by
Ray McKinley

September and our first fall meeting upcoming. Time to think skiing again.

Thus, I wasn't surprised a few weeks ago to read of two inches of snow in the Sierras. What did surprise me, to say the least, was to learn that on August 14th, Steve Grenleski, Jack Peoples and Charlie Huggins went to Ski Liberty. Snowmaking has improved and it was a cool August but ... (They went up to see the installation of a new lift)

And there is skiing. As you read this, Joan and Glade Flake are skiing with a large group of Ski Patrollers in Vallee de las Lineas in Argentkneea.

We had a great time at the Flakes' August event. I was impressed that they had an azalea plant still (or, perhaps, already?) in bloom. I was more impressed by the name of their sailboat - Snowflake.

Things are coming along just fine in the planning of our November 3rd (annual?) 25th Anniversary Dinner. The last meeting of the party committee ended with a lengthy discussion of SCWDC's 50th Anniversary book. Chairwoman Mary Jane McCarthy sent a draft of the agenda to Master of Ceremonies Bill Anderson with the following note: "Any confusion on this? If so, don't call me, spread your confusion."

And Marilyn Clark who is one of the choralmeisters forgot the name of one of the songs. It was "Try To Remember." Perhaps Frank Shelburne should be called in to help with the music. He was recently observed playing "The Happy Wanderer" on the harmonica at a Wanderbirds party.

President Dick Comerford missed the August ExCom meeting. He and Betty were in Las Vegas celebrating her 44th birthday.

A bit further afield, Bob Harmon is off on a trip to Egypt and Turkey. Careful, Bob, layovers in Bagdad can be lengthy.

The mid-east situation has impacted PVS. Joe Lewis' hip surgery, scheduled to be

done at the Bethesda Naval Medical Center has been postponed because of lack of medical personnel. And Dick Clark was pressed into serving as best man at son Cam's wedding. His predecessor as best man is in the army and is currently in Saudi Arabia.

John Smith is recovering from recent surgery as is Jim Slack - from last season's. Jim hopes to return to the hospital just one more time this fall and be ready to ski this winter.

Fred Leonhardt recently completed scuba diving lessons in preparation for a vacation in Hawaii. Looking for softer ice, I presume.

My notes say the Copes went to a barrel tasting. Sounds wretched. Ah, there's more ... a barrel tasting of California wines. They bought some wine futures. The Knee buys wine pasts.

Due to a recent article in the American Association of Retired Persons (AARP) bulletin, the "Over the Hill Gang" membership increased by some 20 per cent. February's Washington Post article about PVS had a similar effect on our membership.

One of PVS's elder members was chatting with Karen Felker and noted that skiing at age 70 was better than being buried. Karen asked "How do you know?"

Have you ever skied with anyone famous? Let us know about it. Several years ago (actually a bit more than several) I skied at Sunapee with then Governor of New Hampshire John Sununu (which I believe rhymes with banana). In Park City I watched Stein Erickson fall on "Single Jack." He came up with a bloody nose. Well, no one is perfect.

Dot Mills was complaining about the lack of enough daylight hours to complete ones tasks. Karen Felker suggested she read the Washington Post in the evening rather than morning. Dot did so and claims she now gets 2 more hours daylight per day.

The Knee is also best read in the evekneen. *****

PAST EVENTS

A LOVELY DAY WITH THE FLAKES by Lu Beale

On August 11, the fabulous Flakes, for the nth time, launched their 34 foot Hunter, the Snowflake, from its berth in front of their Chesapeake Bay home to take 25 PVSers for their annual spin around the bay.

As usual, both Snowflake and its attendant motor boat were captained and crewed by the children of the hosts - Anthony (24), Jennifer (22), Robert (23) and Jackie (21) and their friends. Surely the courtesy and cheerfulness of these Flakes - off-the-old-blocks are among the enduring attractions of this event which has been a favorite for so many years.

The visitors relaxing on the dock between boat departures kept cool sipping appropriate beverages and kept hunger pangs in check by snacking on a variety of tidbits including the giant pretzels Bill Anderson offered in two commercial size containers. Lazily they visited with one another while some explored the 3-story water front house that replaced the old garage.

Finally it was supper time and all gathered around the 2 charcoal cookers to broil their individual entrees. The Barrys feasted on a sirloin steak sized for two. The Wyckoffs had "half smokes." The Leonhardts shaped their hamburgers in Tupperware molds. The Thomases brought hamburgers from McDonalds. Dina Taylor and Mary Jane McCarthy had shish kabobs. Ray McKinley and friend Nancy had sausages - unidentifiable but very sexy looking.

All entrees were accompanied by the usual matchless array of PVS salads and desserts.

Guests and hosts feasted until the light began to fade and it was time to load the cars and make a run for home to beat the rain that was forecast but never came.

Thanks to the Flakes, one and all, for our lovely day!

FIRST ANNUAL AUSTRALIAN WINE TASTING by Bill Brown

It was a warm and muggy evening as 12 PVSers and guests made a trek to the outback to visit the Waddick Station in Alexandria. We were warmly greeted at the corral by the dingo Jondi and the gracious hosts, head Ringer John and his Jill-a-roo, Dorie.

The lucky dozen were soon being introduced to a new experience and lexicon in the wine tasting arena. Tried any Long Flat White or Red or Coonawarra Cabernet Sauvignon lately? If not, you may be missing a good bet.

A new taste for most was a Shiraz 85 from Best Great Western Vineyards. A number of participants thought this simple but very pleasant wine may have stolen the show from the world class Penfolds Cabernet Sauvignon and Grange Heritage. However, by this point in the evening, some tasters' objectivity had been called into question, especially that of former PVSer Marvin Stephens who had attended a Virginia wine growers tasting earlier in the day.

Each wine was accompanied by an appropriate tid bit from the hosts' kitchen and there was no question that these were world class and candidates for the next PVS cookbook. For example, dessert samplings included creme de cacao-flavored tarts and luscious lemon cream-filled strawberries to accompany a Peter Lehmann- Botrytis Semillon Sauterne. (See how many new terms you have already learned?)

The last of several delicious cheeses accompanied an excellent Port (Yalumba Clocktower) after which we all departed with no thought of the humidity or the kangaroos. Many thanks, Waddicks!

COOK'S CORNER



by

Nancy Garrett

The cook took a vacation this summer, but now September is here and I am back, ready to bring lots of special recipes

to you. The star this month is from a friend of Lu Beale's who was served a marvelous cookie at Neiman Marcus. She asked if the recipe was available, was told yes, but that there would be a charge of two-fifty. That seemed reasonable, so she took the recipe. When the bill came, it was for \$250. She feels she paid enough to provide it to everyone she knows. Lu very kindly shares it with us. I hope you will share it with all your friends.

NEIMAN'S \$250 COOKIE RECIPE

Lu Beale

Cream together:

- 2 cups butter
- 2 cups sugar
- 2 cups brown sugar

Add:

- 4 eggs
- 2 teaspoons vanilla

Mix together with:

- 4 cups flour
- 5 cups blended oatmeal (measure and blend in blender to powder)
- 1 teaspoon salt
- 2 teaspoons baking powder
- 2 teaspoons baking soda

Add:

- 24 oz. chocolate chips
- 1 8-oz. grated Hershey chocolate bar
- 3 cups chopped pecans or walnuts

Roll into walnut-size balls. Place 2" apart on cookie sheet. Bake at 375* for 6 minutes. Place on wire rack to cool. Makes 112 cookies. Recipe can be halved.

The next recipe is a new and different way to use cabbage. Serves 8 - 12.

SUMI SALAD

In a skillet, saute until lightly browned:

- 2 Tablespoons olive oil
 - 1/2 pkg (2 1/2 oz.) sliced almonds
 - 1/4 cup sesame seeds
- Set aside until cool.

Finely shred:

- 1 head cabbage with core removed

Finely chop and add to cabbage:

- 2 bunches green onions

Add to cabbage and onions:

- 1/4 cup sunflower seeds

Whip together until dissolved:

- 1/4 cup sugar
- 1/2 cup rice vinegar

Add to vinegar mixture:

- 1 cup oil (half olive - half vege)
- Seasoning packets from 2 packages Ramen oriental soup (chicken flavor)
- 1/2 teaspoon pepper
- 1 teaspoon salt

Just before serving, add almonds to cabbage mixture. Crumble noodles from Ramen soup packages. Add dressing. Mix together well. If you have left over, add sunflower seeds for crunch.

SPICY BEEF SPREAD

In large skillet, brown and drain:

- 1 lb. ground beef (fine grind)
- 1 onion, chopped
- 2 large cloves garlic, minced

Add and cook on low for 10 minutes:

- 1 (8 oz.) can tomato sauce
- 2 Tablespoons catsup
- 1 teaspoon dried oregano

Skim off any fat that may surface.

Add and stir until melted:

- 1 (8 oz.) package cream cheese
- 1/3 cup parmesan cheese

Serve hot in chafing dish. Best with sesame crackers.

!! SKI TRIPS !!

MONT SUTTON - January 13 - 20,1991

CRESTED BUTTE AND TELLURIDE - February 17 - March 3,1991

STOWE, VERMONT - March 17 - 22, 1991

Jack Peoples (301-840-2213) is leading the above three trips. He says there is still space on all three but the deadline for all of them is September 28th.

★ ★

COUCHEVAL AND VERBIER - February 22 - March 9,1991

See flyer in this issue of TOOT describing this fabulous trip abroad.

★ ★ → Note that the deadline for signing up is September 26th. Trip will not go without 20 participants and rooms not booked by October 1st will be released. Call leader Steve Grenleski (301-384-9013).

CANAAN VALLEY - SKI-O-REE - February 1 - 3,1991

LAKE TAHOE BRSC WINTER CARNIVAL - February 24 - March 3,1991

For information on either of the above two trips, call Jan Marx (703-351-9158)

SNOWMASS - COLORADO

Barbara and Fred Leonhardt are renting out their condo at Snowmass in Aspen, Colorado for the week of February 16 - 23, 1991. Call the Leonhardts for details. (301-279-9056)

BEACH PARTY SKI LIBERTY-AUGUST 10, 1990

Charles & Sara Huggins, Jack Peoples, and Steve Grenleski represented PVS at this function. A long table of appetizers including shrimp, cheeses, "veggies", fruits, and chips greeted the guests, along with beverages of beer, iced tea, and lemonade. While we were enjoying these, shish-ka-bobs were being cooked and an array of salads and fruits put out on a table at the other end of the room.

New for the upcoming 1990-91 season is a second quad chair for Liberty Bowl. Everybody was taken by Van to the back side of the mountain, and had the opportunity to examine the new chair lift. Construction was still being done, and a new trail was being cut from East Wind to the bottom of the mountain. As you face the mountain, the new quad chair is just to the left of the old one. Both Liberty and Roundtop have standardized their rates, and one ticket can be used during the same day at each area. It is now possible to ski Liberty in the morning, and then Roundtop in the afternoon. The bad news is that the senior age has been raised to 70, and lift tickets are now half price.

SKI EUROPE WITH PVS IN 1991

Friday, February 22 -- Sunday, March 10th

* * *

The Potomac Valley Skiers invite members and friends to join in two weeks of skiing in the French and Swiss Alps. As a result of member responses to the Trip Planning Committee survey this trip offers the following:

- o Late season dates when snow conditions should be good.
- o Two large and popular ski areas.
- o Use of airline certificates awarded to last seasons skiers.
- o Option of spending extra time in Europe on one's own.

COURCHEVAL 1550

Trois Valles Region of France
(Saturday, February 23rd - Saturday, March 2nd)



Flocons***

Without exaggeration, our first week opens up one of the most superb ski areas in the world for your pleasure. The three inter-connected valleys (Courcheval, Meribel, and Val Thorens) offer a ski adventure second to none - with 190 lifts, 320 miles of runs, and 6,270 vertical feet. We will stay at the 3-star Hotel Flocons near the lifts.
Mountain Facts - Resort Altitude = 5115 feet.
Highest Skiable Mountain = 10,890 feet.

VERBIER

Four Valleys Region
(Saturday, March 2nd - Saturday, March 9th)



For our second week we motor to the lovely Swiss village of Verbier located between the Matterhorn and Mont Blanc. Situated at 5,000 feet, the village presents another of the very large ski areas of Europe with 85 lifts and 200 miles of ski terrain.

We have selected the Vanessa, a premier 4-star centrally located hotel noted for its elegant dining. The Hotel is newly rebuilt, but with an old Swiss atmosphere, and includes a sauna and whirlpool.
Mountain Facts - Resort Altitude = 5000 feet. Highest Skiable Mountain is 10,980 feet. Vertical Drop = 6,690 feet.

Because this trip is in the popular "high season", reserved Hotel rooms are limited to twelve. Rooms not booked by October 1st will be released from the block by the Hotels.

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SKI EUROPE WITH PVS IN 1991

Page Two

The Package Includes the Following:

- o Scheduled round trip air travel (Air France) Washington/Dulles to Geneva.
- o Transfers by Deluxe Motorcoach.
- o Resort Hotels as described above including breakfast and dinner, rooms with private bath or shower, double occupancy.
- o Hotel room in Paris suburb of Roissy for night of March 9th.

Payment Schedule

1st - With Application \$	100.00
2nd - September 26th	400.00
3rd - November 7th	500.00
4th - December 12th	<u>1,195.00</u>
TOTAL COST	<u>\$2,195.00</u>

Cancellation Requirements

Prior to October 31, 1990:
\$75.00 per person
After October 31, 1990:
100% of payments made less
any funds recovered.
Insurance is suggested.

Cost Notes:

- o PVSers having airline certificates and getting their own tickets deduct \$475.00 from the 4th payment making it \$720.00.
- o Total cost of package is subject to adjustment if exchange rates, airline tickets, etc., are substantially affected by international events.

Make checks payable to and mail to:

STEPHEN GRENLESKI
13422 TAMARACK ROAD
SILVER SPRING, MARYLAND 20904
Telephone: (301) 384-9013

SKI EUROPE WITH PVS IN 1991 APPLICATION

NAME _____ MALE _____ FEMALE _____

ADDRESS _____ NON-SMOKER _____ SMOKER _____

CITY _____ STATE _____ ZIP _____

TELEPHONE: (HOME) _____ (WORK) _____

ROOMMATE PREFERENCE _____

PACKAGE SELECTED: LAND & AIR _____ LAND ONLY _____

I acknowledge that PVS, their officers and trip leader are acting as agents in making these arrangements and assume no responsibility for any injuries nor any additional expenses caused by weather or any other events beyond their control.

SIGNATURE _____ DATE _____

CALENDAR

- Sept. 9 ...Crabfest at Barbara Wingrove's. See page 2.
- Sept. 16 ...BRSC Fall Meeting in Baltimore.
- Sept. 18 ...Monthly Meeting at the Evans. 8 P.M.
- Sept. 21 ...Weekend at Rehoboth Beach. See page 2.
- Sept. 25 ...ExCom at Dina Taylor's.
- Oct. 6 ...Oktoberfest at Myra Evans. See page 2.
- Oct. 13 ...Boating with Dean Worcester. See page 3.
- Oct. 16 ...Monthly Meeting at the McNeils. 8 P.M. *Bob & Marjorie*
- Oct. 20 ...Annual Fall Hike/Dinner with the Millers. *See page 3*
- Oct. 23 ...ExCom at Myra Evans.
- Nov. 3 ...ANNIVERSARY DINNER
- Nov. 20 ...Monthly Meeting at June Kelsay's 7 P.M.
- Nov. 27 ...ExCom at Bill Anderson's.
- Dec. 18 ...Monthly Meeting/Annual Gluwein Party at the Heitchues.

January 5, 1991 ... Winter Steak & Swim at the Elrods. Limited
to 25. Margaret Wyckoff coordinating. (301-589-5532)

Bob and Janet Marx
8312 Oakford Drive
Springfield, Va. 22152

