

VOLUME XXXI

Potomac Valley Skiers, Inc.

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NUMBER 9

WASHINGTON

MARYLAND

VIRGINIA

PRESIDENTS

MESSAGE

By now everyone knows that I am a strong supporter of our PVS sanctioned ski trips, as well as all of our ski activity. So I am going to promote each of our scheduled trips for the 1996-97 ski season, over the next few monthly messages. The first one out of the chute is the STEAMBOAT trip in early December, being run by Ned and Jaclyn Flaherty. STEAMBOAT has become my favorite ski place over last few years, as Liz and I will be going for the fifth time in five years in early December and have enjoyed great snow each time. I believe if someone were going to architect a new perfect layout for ski a mountain, they would probably design it just like STEAMBOAT. Besides the great mountain you can not beat the over all accommodations (and rates in early December) of the Sheraton Hotel plus all the other convenient activities in the immediate area. I understand there are still 3 or 4 openings for this trip so don't delay and sign up now.

Being that summer is over we should all start thinking seriously about getting in tip top shape for the coming ski activities. It is a good time to start walking or hiking a couple miles each day and start or extend your biking or work out exercises each day. For those of us who have been working out on a regular basis, it is time to crank it up a notch or two so that we will be ready for that first run down the mountain.

Just a reminder that the first general monthly meeting after the summer break is at the Ewings' on September 17, 1996. See you there.

FALL

Start the fall season by coming to the monthly meeting! September 17, 1996, 8 p.m. at the home of Ron and Nancy Ewing, 11535 Clara Barton Drive, Fairfax Station, VA, 22039. Telephone 703-250-1619.

DIRECTIONS: From Maryland take I-495 Beltway to Braddock Road West (Exit 5) to Route 123 (Ox Road). Turn left (south) on 123 and go approximately one-half mile to Clara Barton Drive. Turn right on Clara Barton and go 1.3 miles to the Ewings".

From Virginia, choose your favorite way to get to Route 123. For those not familiar with the area, you may also wish to take the Braddock Road exit from the Beltway.

COMING EVENTS

BIKING THE CAPITAL CRESCENT TRAIL - THURSDAY SEPT 12, 1996

Join PVS for a bike ride on Washington's newest bike trail which was once a railroad spur bringing coal from Silver Spring to the power plant in Georgetown. We will ride from Bethesda to Georgetown for lunch and then return to Bethesda for a distance of about 15 miles. We will meet at 10:30AM at the Montgomery County park (Bethesda Pool) on Little Falls Parkway between River Rd. and Wilson Lane. For further info or to check if the weather is uncertain, call Shirley Rettig at (703) 836-0147.

LADEW TOPIARY GARDENS/HERSHEY WORLD WED. SEPTEMBER 18th

We will meet at the Fair Lanes Bowling Alley on Shady Grove Road at 9 A.M. to car pool to the Topiary Gardens. Tour cost of house and gardens, Adults \$8, Seniors \$7, Gardens only Adults \$6, Seniors \$5. The Gardens have international fame, and were designed and developed by Harvey S. Ladew to provide an array of color, texture and form for each season. Mr Ladew planned 15 flower gardens each on a different theme, ranging from a formal Rose Garden and perennial borders, to a Cottage Garden, Water Garden, and Berry Garden. The crowning glory of the 22 acres is the topiary -- trees and shrubs trained and trimmed into ornamental shapes. The Gardens are open 10:30 A.M. to 5 P.M. If the group wants to spend some additional afternoon time at Ladew Gardens, we can postpone our afternoon visit to Hershey World to another time. We will see how it goes.

Interested people should call Charles Huggins (301) 424-5725 to let him know your coming.

Oktoberfest

SATURDAY, September 21", 1996 at 3:00 p.m. Rain or Shine When:

18th annual PVS Oktoberfest featuring beer, sausages, sauerkraut, pretzels, potato What: salad, & pflaumen kuchen. Oompah music, too, for dancing of feet, clapping of

hands, and cavorting of spirit.

Coordinator Jan Marx at 703-451-9158 by Monday the 16th of September to reserve Call: your place (limited to 60) and to sign up for bringing a potato salad, kuchen, or other Bavarian delectable. No-shows will be responsible for their share of the cost.

Approximately \$10.00 per person. Cost:

Your own eating utensils and plate. Your favorite beer mug is, of course, always Bring: welcome.

Lederhosen and Dirndl. Even Pferdekleidung.

Optional: Mary Ward & Jim Slack's Termineigh Horse Farm & Nosh Bar, 4580 Sudley Road, Where:

Catharpin, Va.

Directions: Take I-66 west from the Beltway. Exit at 47B (Manassas Battlefield) onto Route 234 North (Sudley road). Go 5 miles to Catharpin (Alvey's Community Store, Exxon Station, & Post Office and White Oak Nursery). At the guard rail 0.5 miles later, turn left onto the gravel driveway. (If you get to Old Field Drive on the left, you just went by our driveway. If all else fails, call 754-8814 from the payphone at Alvey's and we'll come get you.) We are the brick house at the end of the driveway.

MID-WEEK HIKE - SUGARLOAF MOUNTAIN - WED. SEPT. 25th, 9:30 A.M.

Jackie Wilson and Mary Riley or backup Shirley Rettig will lead a 5-6" mile circuit hike on Sugarloaf Mountain south of Frederick. Wear sturdy boots as there are some ups and downs. Bring lunch for eating at a rest stop on the hike. For further information and to let us know you are coming, call Charles Huggins (301) 424-5725.

Directions: Exit Beltway on to I-270 north for about 20 miles to right on Rte. 121 (Clarksburg Exit). Proceed to traffic light, and turn left on 355 toward Frederick. Continue for about one mile and just past the entrance to Little Bennett Park turn left on Comus Road. Follow Comus Road to the foot of Sugarloaf Mountain to a circle where 5 roads meet at the entrance to Stronghold Properties. We will meet here at 9:30 A.M.

Frederick hikers should proceed south on I-270 to Rte. 109 (Barnesville Hyattstown) exit. Proceed west on 109 to Comus road and right on Comus Road to Sugarloaf Mountain.



MORE FALL TREKKING THROUGH WOODS AND MOUNTAINS!

WHERE: Cunningham Falls/Catoctin

WHEN: Saturday, October 5, 1996

This will be a moderate-level 6-mile hike from Catoctin Mountain foothills to Cunningham Falls and Recreational Lake. Lu Beale will coordinate and lead. Call Lu at 202-363-3521 for information and to let her know you are coming.

Meet at the Visitors' Center in Catoctin Mountain Park at 11:30 a.m. Bring lunch and beverage. Directions: Take 270 North to Frederick where you follow U.S. 15 North to Exit on Route 77 near Thurmont. Go West about 3 miles to the Visitors' Center (NOT the Administration Office which comes first.)

You may also arrange car pools from Fair Lanes Bowling Alley on Shady Grove Road, leaving there at 10:30 a.m.

FOLIAGE HIKE THROUGH THE MOUNTAINS

WHEN: October 12 and 13, 1996

WHERE: Ski home of Betty Lawrence at Blue Knob, Pennsylvania.,

Leaves are at their height of color here earlier than in Shenandoah. Eighteen people can be accommodated. Since Monday is a holiday, people may stay one or two nights. Cost is \$10. a night per person. Everyone will bring food to share.

Call Betty Lawrence to reserve a place: 703-759-0471.

OCTOBER 19, 1996 - Fall Stroll and Buffet dinner at the home of the Leonhardts'. This event now has a wait list but call Barbara Leonhardt if you're interested in case there are cancellations. 301-963-9111.

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NEW WEEKEND EVENT SATURDAY NOVEMBER 2nd

On the first Saturday afternoon in November, we will tour and taste the wines at Berrywine Plantations/Linganore Winecellers. The 230 acre plantation was founded in 1971 by Jack and Lucille Aellen. Winery operations began in 1976, followed by the creation of Maryland's first viticultural area in 1983. The winery is located on Glissans Mill Road near Mt. Airy, Maryland, and features Linganore wines (classical wines), Orchard crest wines, Berry wines, and Plantation wines.

After the the Winery Tour/Tasting, we will drive over to Thurmont and stop at the Catoctin Orchard Store where apples and McCutcheon's jams and jellies can be purchased. Following the store stop, we will have a buffet super at the Mountain Gate Family Restaurant in Thurmont. The Mt. Gate is famous for their desserts (Homemade pies and cakes). Twenty four kinds of pies are usually available. Fat free puddings and jello with fruit are available for those on a low fat diet. The buffet will give everybody a chance to watch fat or load up on as many calories as they desire.

This event will be limited to 40 people, and the cost will be approximately \$11. Interested people should contact Charles Huggins (301) 424-5725 to reserve a place. Time, travel directions, and the meeting place for car pooling will be in the Oct. Toot.

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BEER TASTING EXTRAVAGANZA

Saturday, November 9, 7:30 p.m.

At George Hicho's, 7404 Cliffborne Court, Derwood, MD, 20855. This event is limited to 30 people. For reservations, call Sue Walsh, 301-589-7159, or George Hicho, 301-963-1836.



DINNER AT THE ARTS CLUB



This very popular PVS event will be held on Saturday, November 16, 1996 at the Arts Club of Washington, the home of President James Monroe, 2017 Eye Street, N. W. The cost will be \$55.00 per person which includes cocktails, hors d'oeuves, a seven course banquet and after dinner cordials and coffee. The festivities will begin at 6:30 in the evening. So dress-up in your finery (black tie, optional) and grace the elegant historic rooms of the mansion, as well as the walled garden, weather permitting.

Mail checks: payable to Bill Anderson on or before NOVEMBER 11th.

February 6-13, 1997, You're Invited to Join Nancy & Ray McKinley To

Ski Utah's Best

We'll Have a Ball at **Park City** and **Deer Valley**, the Two Best Ski Resorts in Utah and Perhaps the West. Share 8 Days and 7 Nights (10 Night Option to Feb 16) with us, a Superb, Slopeside Resort with Splendid Meals, Great PVS Friends and an **Unbelievable Price**. Perfect Powder and Grooming Make a Memorable PVS Ski, Ski, Ski Vacation.



> Stay at the Slope in Park City, Host of the 2002 Winter Olympics-No Bus to go Skiing! Utah's Largest Ski Area, 3,100 Foot Vertical, 2,300 Acres-Comparable to Steamboat, 15 Lifts-3 Quads, Longest Gondola in US, 23,000 Skiers/hottr Uphill. Great for All Skiers, Outrageous Powder Skiing in Jupiter Bowl & a 3.5 Mile Beginner Run.

> Ski at Deer Valley the St. Moritz of America, Only 1.5 Miles Away, Impeccably Groomed Slopes, 15 Lifts Including 3 Quads, on 3 Mountains. "Ski Country" Rated Best Food in US and Best Grooming. A New Black-Diamond-Only Trail Map Includes 3 Bowls.

- > 7 Nights 4-Star Lodging at Shadow Ridge Resort at the Ski Area Base (10 Night Option) with Sauna, Hot Tub, Pool, Room Service, Concierge. Your Choice of King, 2 Queen or 2 Single Bedded Rooms or Studio with cozy Fireplace and Kitchen.
- > 5 of 6 Day All Area Lift Pass (plus 2 of 3 Day Option). Fly Close-in National To Salt Lake.
- > Air only \$289! Breakfast & Apres Ski Daily, 3 Memorable Dinners, Pre & Post Trip Parties.



All Inclusive Price, Including Transfers, Granuties, Baggage Handling.

Only \$1,297 (10 Days \$1,658) Seniors \$1,087* Land Only \$1,008 (pp double)

Our Flyer was in the July TOOT. Call us for a copy. Limited Space Remaining—To Assure a Spot, Send \$200 now (pay to Ray McKinley), to the McKinleys, 2326 N. Upton Street. Arlington, VA 22207. Please note room choice and 7 or 10 night option *Final Price Depends on Age and Areas Skied. Call us at (703) 527-7126

PVS FRANCE 1997

Still a few openings to go to France with PVS. Did you see that *Skiing Magazine* for September 1996 rated Val d'Isère the number one ski area in Europe in the article *Tops of the Alps, the best resorts in Europe?*

The following are going with the Felkers:

Serge Triau
Liz Triau
Sue Walsh
Dorothy Mills
Dina Taylor
Glade Flake
Joan Flake
Charles Boykin

Genee Boykin

Don Dillon
Kathy Dillon
Bill Anderson
David Abraham
Rachel Abraham
Therese Saint-Louis
Reg Heitchue
Jean Heitchue
Marianne Cook

Roland Brockmeyer Lorraine Brockmeyer Walter Lukens Sylvia Lukens John Smith Pat Tengel John Newdorp Audrey Conner

Sladys Youngblood John Pulos Jim Slack Mary Ward Arlette DeLong Dick Comerford Christie Comerford

Sam Levine

and most have chosen the two-night stopover in Paris at the Clarion St. James & Albany, a change to another 4-star hotel. This one is within walking distance of the Louvre. If interested, call Knox and Karen Felker at (703) 931-6843.

Aina Thomas

Next Summer, 1997 join Nancy and Ray McKinley in South America when we

Ski Valle Nevado, Chile

Thus in mid-September we will visit Chile to assure that the resort and environs meet PVS standards. If this proves to be the case, we also plan to select hotels and touring locations. We know that Valle Nevado offers more than 26,000 acres (40 square miles) of skiing in the midst of the majestic Andes Mountains. If that isn't enough, it has been lift linked to two other valleys, La Parva and El Colorado, providing the largest ski circuit in the entire Southern Hemisphere. On our 1997 trip, we plan to ski for a week and spend three or four additional days in lovely, peaceful Santiago, the European styled capital of Chile. From there, we expect to visit Valparaiso, Chile's largest seaport, Vina del Mar the year-round beach resort and playground of South America's rich and famous, and Chile's picturesque wine country. We will have firmer ideas when we return late in September. If you have any questions do not hesitate to call us at (703) 527-7126.

Despite this being a 1997 trip, early planning is essential. There are only three hotels at Valle Nevado (and consequently no liftlines). We expect the 1997 trip will cost \$2,300 to \$2,400—with an \$80 to \$100 discount for seniors. This includes meals at Valle Nevado and lift tickets. If you want to assure a spot, send your check for \$100 (completely refundable through February 1997) to the McKinleys, 2326 North Upton Street, Arlington, Virginia, 22207-4045. Please make your check payable to Nancy McKinley.



GOING FAST!!! Places on the ski trips, and they are now open to non-PVSers. There are some openings for Steamboat and Snowmass so check with the trip leaders ASAP.

SKI TRIP SUMMARY:		
DATE	PLACE	TRIP LEADERS
Dec. 5-12, 1996	Steamboat Springs Colorado	Ned and Jaclyn Flaherty 301-929-9664
Jan. 11-18, 1997	Snowmass Colorado	Dina Taylor 301-663-6089
Feb. 6-13, 1997	Park City	Ray & Nancy McKinley 703-527-7126
Feb. 22-Mar.1, 1997	Heavenly Valley California	Shirley Rettig 703-836-0147
Mar. 7-16, 1997	Val d'Isere, France	Knox & Karen Felker 703-931-6843
Summer 1997	Valle Ne√ado, Chile	Ray & Nancy McKinley 703-527-7126

PAST EVENTS

TARARA VINEYARD AND WINERY -- By Charles Huggins

We had three unexpected cancellations, but 10 folks showed up for the July 25th 11 a.m. tour of the wine cave. All of us were impressed with the stainless steel cylinders used to ferment the wines in the 6,000 square foot wine cave where the cave offered a temperature and humidity controlled environment for aging the wines. After the lecture ended, we climbed up the concrete ramp out of the cave into the wine tasting room to taste nine wines. Reserve Cabernet Sauvignon was our favorite, and a bottle was purchased to go with our lunches which were eaten on the wooden deck. Betty Byrne had brought a red checkered table cloth and we spread it over two square tables placed together in the shade. An over abundance of food soon appeared on the table cloth. Jean Chybinski shared her fried chicken, Norm Engelman passed chunks of cantaloupe around, and Betty Byrne shared several varieties of fruit. Jack Peoples with a little help eventually killed the bottle of wine, and we got ready to hike.

Owner Margaret Habert advised us not to hike down by the river because of the over abundance of poison ivey. She gave us an alternate route through Tarara's 475 acres. Dina Taylor quickly decided that her shorts were not for hiking and departed for home. Nine of us hiked through a field and up to the ten acre man made lake, and then we attempted to circle the lake. About 2/3 of the way around the lake, the path narrowed, the vegetation grew more dense, and Marvin Hass decided it was time for him to turn back as bare legs with shorts didn't seem appropriate for the upcoming environment. The rest of us continued on, and about 3/4 of the way around we came to a small clearing where water was coming down the hill into the ten acre lake. We promptly hiked up the hill to discover a road on top and a one acre lake from which water was flowing out and down the hill into the lake below. We decided to follow the dirt road which went around a house and then down to the entrance road to Tarara. We then followed the entrance road back to the parking lot where Marvin Hass was waiting our arrival. Everybody agreed that we had a great time, but we quickly jumped into our air conditioned cars to escape the hot afternoon sun and headed for home.

BOATING WITH THE FLAKES by Ray Garrett

On August 10, about 40 PVSers gathered at the bayside home of Glade and Joan Flake to enjoy a beautiful day by the water - blue skies, light breeze, and moderate temperatures. The setting was perfect - a lovely home, a large patio for partying, nice grass lawn by the water, and a long dock with lots of seating as well as berths for the Flake's four boats - all overlooking a small lake which opens onto the Chesapeake Bay.

As guests arrived, they were greeted with a variety of hors d'oeuvres and munchies as well as a large selection of beverages. Rides on the Flake's impressive 40-foot sailboat began early in the afternoon - very ably captained and crewed by the Flake's son and his finance and the Flake's daughter. Guests on the sailboat got to enjoy a ride several miles out into the Bay and Severn River with great views of the Bay Bridge, Thomas Point (cont.d)

Light, and the Naval Academy. Guests on one trip were even treated to an exciting, unplanned close encounter with a large power boat (more on this elsewhere in the Toot). Captain Glade took a small group out for a ride in his power boat (it was reported to be a fun, but occasionally wet, ride).

While some were enjoying boat rides, others took advantage of the opportunity to tour Reg and Jean Heitchue's new bayside home which is currently under construction just 1/2 mile from the Flakes'. Construction is well enough along to tell that it will be a large, lovely home with lots of windows and decks for enjoying the impressive view of the Bay.

As the boat rides and tours came to an end, a small band began playing pleasant "oldies and goodies" on the patio. Shortly thereafter, supper was served - bar-b-que, beans, salads and desserts - all delicious!!! Aina Thomas even prepared a special cake to celebrate Lu Beale's birthday. The cake was tasty and Lu will have a special wish come true -'cause she blew out all the candles (2) - several times.

After eating, some took advantage of the band to enjoy dancing - while others retired to the dock to relax and enjoy the water. A perfect day came to a perfect ending with gorgeous views of the sun setting over the water. Many thanks to Joan and Glade for a day on the water that will not soon be forgotten!!!!!

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Irene Farrell wants to thank PVSers for all the cards, notes and calls following her recent emergency surgery. "Sure helps lighten the road to recovery", she reports. Irene is coming along well and hopes to see us all soon at assorted PVS activities.

AND, OH YES, please note that the BRSC Ski-A-Ree will be at Sugarbush Vermont beginning Jan. 25. More details later.



THE KNEE

Ray McKinley

The end of summer is upon us. Leaves will soon be turning, and many are

sad. But not PVSer's. Happy Knee Year! It's just startin' for us. And I, for one, am raring to go.

Old news first. Last month's TOOT distribution was, as an old buddy used to say, "sporting." To prevent Bette Walker from having to hand address all the TOOTs, Charlie Huggins provided her address labels from last year's Sun Valley trip. The McKinleys also provided labels (in script type) from our trip lists.

Some were on both lists and some on neither, so <u>Bette</u> still had to hand address many TOOTs. Bottom line: PVSers received two, one or zero TOOTs. If you didn't get a TOOT last month, call <u>Bette</u> at 202 333-0766 and she will get you one. As they say, TOOTs sweet! The problem is fixed—unless you're not reading this...

Last month's TOOT was ably edited by first lady <u>Liz Triau</u>, whilst editor <u>Jessma Blockwick</u> was traveling. <u>Liz</u> now realizes the tremendous effort <u>Jessma</u> puts forth monthly. A tip of the ol' Knee cap to both.

Here's a Knee word to the wise. Tossing your salad is better than tossing your cookies.

Because of his efforts at Sun Valley, <u>Jack Peoples</u> is now the Resort's rep to college alumni associations. The Knee asked <u>Jack</u> where his deal was set up. "It happened in Sun Valley."

For their 25th Ankneeversary Janet and Chris Waln spent a week in Hawaii. They now expect to be back in the DC area by October. They will arrive by sailboat! They have purchased a 40 footer which they will sail up from North Carolina. Barbara and Fred Leonhardt are also back from Hawaii—on a purported business trip!

Back from a business trip (ahem) to Rio de Janeiro is <u>Bob Marx</u>. While there he met the "Girl from Ipanema" who is now the "Woman from Ipanema." <u>Bob</u> claims her daughter is now "tall and tan and young and lovely." A business trip...

Unfortunately, some wretched things are

happening to PVSers. Our Rehobothites, Bob and Vivian Barry were rear-ended. Both suffered whiplash and Bob jammed his already tender Knee er knee. They are on the mend, albeit slowly.

In mid-August, Irene Farrell had minor, outpatient urinary tract surgery. Apparently the surgeon misconnected "a bunch" of stuff. Irene was rushed back to the hospital for further surgery (because if you don't have it you'll die.) She was in intensive care for 5 days and remained hospitalized 4 more days. Serious stuff. But Irene is charging back. She is already walking several miles a day and is primed for ski season. Right on!

Finally, <u>Jackie Wilson</u> came out second to her chain saw in what wasn't even a close match. She had 64 stitches in her arm. They are out now and <u>Jackie</u> still has winter ski plans. Right on too!

Recently Marianne Cook tested out a Charles Town, WV antique shop's piano with a few bars of "True Love." Moments later she heard the next bars. She returned to find a pianist visiting from California. It was a pianist Marianne had played with, but not seen in 35 years. Right on. And left on, and beautiful music coming out.

Penny Hanshaw and Dina Taylor are both visiting Alaska. Dina is on vacation and Penny is helping to bring her new grandchild into the world. In Alaska, many towns have 10 times as many men as women. However, as one native observed, the odds are good, but the goods are odd.

John Newdorp and Audrey Conner rode out Hurricane Bertha at Cape Hatteras. They even walked to the beach in 80mph winds. Right in! The Knee would have deserted at first inkling and rode out Bertha in Chicago.

They can relax now. New members Don and Kathy Dillon have just completed a family reunion at their Bethany Beach digs. It's hard to see any apprehension—it was only 65 people.

Our October hostess, Carol Bridgers, is having her reunion out west, with each of her kids.

Minnesota has just replaced the word "squaw" on all maps. It's not politically correct. Jim Slack and Mary Ward wonder if we will soon ski in California at "Oppressed and Exploited Native American Female" Valley ski area.

CALENDAR

Sept. 8 ... Pre-Steamboat Party at the Flahertys'. Sept. 12 ... Capital Crescent Bike Trip, page 2. Sept. 17 ... Monthly Meeting at Ron & Nancy Ewings', page 1. Sept. 18 ... Topiary Gardens Tour, page 2. Sept. 21 ... Oktoberfest, page 2. Sept. 24 ... ExCom at Bette Walker's. Sept. 25 ... Hike on Sugarloaf Mountain, page 3. Oct. 5 ... Catoctin/Cunningham Falls Hike, page 3 Oct. 12 ... and 13. Hiking at Blue Knob, page 3. Oct. 16 ... Appalachian Trail hike. Oct. 15 ... Monthly meeting at Carol Bridgers 19 ... Foliage walk and buffet dinner, page 4. Oct. 22 ... ExCom at the McKinleys' Oct. 1 ... 2 & 3, Ski Expo at Ballston Commons Mall. Nov. Nov. 2 ... Winetasting Tour, page 4. 9 ... Beertasting Extravaganza, page 4. Nov. Nov. 16 ... Arts Club Dinner, page 4. 19 ... Monthly meeting at Bette Walker's party room. Nov. 23 ... Annual Chili Hike. Limited to 30. Call Nov. McKinleys, 703-527-7126. 17 ... Monthly meeting at the Heitchues'. Dec. Dec. 26 ... Excom at Clarks'. Jan. 25 ... Pre-Park City Party 26 ... Hillwood Tour Apr.

Bette Walker #806 2801 New Mexico Ave., NW Washington, D. C. 20007

