

Volume 48 Number 11 Potomac Washington Valley Skiers, Inc.

November 2013

www.pvskiers.org info@pvskiers.org

President's Message:

Hello Fellow PVSers.

It was great to see so many of you at the recent meeting at John and Gisela Storm's home! It got me to thinking of the potential for other gatherings of our fun group. This past year or so we've had the pleasure of meeting our PVS friends at some very neat venues: we have been to France, Colorado and Utah to ski, dipped in the pool and eaten filet mignon at Steak and Swim, polkaed at Blob's Park, luxuriated in beautiful tones at chamber music and harp concerts, played golf at Massanutten, and even ridden bikes across the Woodrow Wilson Bridge. Twenty-seven of us took over Culinaire for a super lunch.

Coming up we have a tour of Fredericksburg and next year's ski trips to Snowmass, Vail, Alyeska, and Cortina to look forward to. And, with Mother Nature's blessing (she looks very cooperative this year so far!), we'll do some local skiing.

We get so much pleasure out of experiencing new things and sharing them with our PVS friends, I offer these words of encouragement for you to think about other events that we can do together. Then give our Program Chair, Ray McKinley, a call or email (raymckin@gmail.com or 703 966 6632) to talk about it. Maybe we can put together a group for a nice walk in a local park, a trip to Wolf Trap next summer, a show at a local theater, or a bike ride to name a few ideas. It's easy and Ray will be happy to walk you through coordinating an event. Think about it and let your creative side show!

See you at the next meeting!

Nancy



Brian Eardley
will tell us "What's New in Equipment and
the Ski Industry"

November 19 --- 7:30

At the Ski Center in DC

4300 Fordham Road NW Washington, DC 20016 (202) 966-4474

http://www.skicenter.com/hours.aspx

Snacks start at 7:30 and Brian will begin about 8:15

Parking is free with validation of the parking lot ticket in the Ski Center. The shop normally closes at 6:00 PM, but it will reopen at 7:00 PM for our 7:30 meeting. Take a ticket from the machine as you enter the parking lot. Enter the Ski Center from this lot. There also is parking on the street and in an open lot on 49th Street.

Directions on page 2

(202) 966-4474



Directions from I-495 inner loop and American Legion Bridge.

From Beltway and River Road –

Take River Rd. southeast toward Washington, DC for 3.5 miles, then right at Little Falls Pkwy (traffic light at end of commercial section, just past a Citgo gas station), left at 1st light (Massachusetts Ave.), then right at 3rd light (49th St), 1/2 block and left into the gated parking lot.

Directions from I-495 outer loop.

From Beltway and Connecticut Ave. -

Take Connecticut Ave. south toward Washington, DC for 2.6 miles to Chevy Chase Circle. Take 3rd right off of circle (Western Ave) and go 2 miles to the next traffic circle (Westmoreland Circle). Go 3/4 of the way around and get off on Massachusetts Ave. toward Washington, DC. Go right at 2nd light (49th St), 1/2 block and left into the gated parking lot.

Directions from Key Bridge (Take GW Parkway to Key Bridge, if coming from I-395).

From Key Bridge - Go left onto M Street. After 1/2 mile, keep to the right where the street name changes to Foxhall Rd. Go 2 miles until it ends at Nebraska Ave. Go right, take Nebraska Ave to Ward Circle (at American Univ). Get into the outer part of the circle and go 3/4 of the way around, taking Massachusetts Ave. headed northwest. Go 3/4 of a mile until you see Crate & Barrel on your left. Make the next left at 49th St. then 1/2 block and left into the gated parking lot.

The Executive Committee of PVS has appointed Paul Levy to take over Liz Warren-Boulton's term, which runs until April 2014.



Profile of Paul Levy - completing the second-year of Liz Warren-Boulton's term.

Paul was born and grew up in Boston where he entered the Army Air Corps during WWII. He served on a B-24 bomber crew with the 8th Air Force in England. After the war, Paul decided to further his education obtaining a B.S. degree from BU School of Management, MBA and an MS degree in Mathematics from NYU. His professional career was equally split between the private sector and the Federal Government in the fields of Operations Research, computer simulation, statistical design and analysis and program evaluation.

Paul became addicted to skiing in the early 1950s after experiencing a ski weekend at Bromley, VT. Despite the cold weather, icy slopes, narrow trails and 7ft. skis, he knew that skiing would become a part of his life. It was realized when he got a taste of western skiing in Aspen. A crowning achievement in his skiing career occurred in NASTAR racing when, in 1994, he placed 10th in the state of MD in his age group. He has also done snow cat skiing in both the U.S. and Canada. Although he has reduced his skiing activity, he is dedicated to maintaining a healthy life style through diet and exercise.

In 1988, he became a member of the Over the Hill Gang and joined the Chesapeake Chapter, which subsequently became the Capital Golden Skiers. In addition to being CGS vice president, he has also conducted ski trips, scheduled social events, and managed the distribution of the CGS newsletter.

October PVS Meeting at the Home of John and Gisela Storm



Guests were greeted by grinning spiders and colorful orange lights at the Virginia home of John and Gisela Storm at our club meeting on Tuesday, October 15, 2013. A warm welcome was followed by plentiful food and beverages that led to lively introductions and conversations. New friendships were made, and old ones renewed.

Nancy McKinley, our club president, called the business meeting to order. She applauded the Storms on their hosting debut and congratulated everyone for making their way to a new venue, especially in the dark skies of fall! She introduced Maureen McGee, DC representative for Snowshoe Ski Resort, who spoke later about details and amenities for this ski destination, about four hours from Washington.

Ray McKinley, program chair, began the listing of remaining October events by asking Barbara Leonhardt to review plans for the boat trip from Annapolis, to be held on Thursday, October 17. Ray mentioned that the Blue Ridge Ski Council (BRSC) would be meeting in Springfield on Friday, October 18, a Fall Festival and Ski Swap are scheduled for

the October 19 weekend at the Liberty ski area, and, on Tuesday, October 22, the ExCom meeting would be by phone. And, Ellie Thayer reported that the Tuesday, October 29 event at Culinaire (the restaurant of the Culinary School of the Art Institute of Washington) could accommodate six to eight more people and would be well worth a trip!

Saturday, November 2, is the date for the club trip to Fredericksburg, Virginia. Tuesday, November 19, is the annual November meeting at the Ski Center of Washington. It was mentioned that meetings are generally held on Tuesday evenings, but in January and February are held on Sunday afternoons. There was discussion about having more afternoon meetings, but no decision was made.

Our holiday party will be held on Tuesday, December 17, at which time members bring the food. More information will be forthcoming closer to the event. If anyone is interested in hosting or has a suggestion for a site, please let Ray know!

Carolyn DeVilbiss (standing in for Ski Trip Committee chair, Rosemary Schwartzbard, who was in Croatia) reviewed the schedule of ski trips and asked trip leaders to report on their trips.

- 1- Snowmass, January 15-22, 2014 (Carolyn DeVilbiss & Louann Eadie) currently has 32 signups.
- 2- Vail, February 1-8, 2014 (Inge Lesjak) still has room for signups, but the deadline is approaching.
- 3- Alyeska, February 25-March 4, 2014 (Kerry & Marianne Hines) sign-ups will close the end of November; currently is in need of a female roommate for a participant.
- 4- Cortina, March 7-17, 2014 (Dick Comerford) romantic Italy awaits you!



Prior to the close of the meeting, it was mentioned that a memorial service for Jack Peoples would be held on Nov. 2.

Everyone was wished a "Happy Halloween" and safe journey until next we meet. Offers to stay and help with the dishes were appreciatively declined by the Storms.

Submitted by Marianne Soponis

THE GREAT CHESAPEAKE SCHOONER RACE

October 17, 2013

For skiers, not much can compare to first tracks on powder snow, but seeing the beginning of the Annapolis to Norfolk schooner race comes pretty close.



Seventeen PVSers journeyed to Annapolis, Maryland, for that experience on October 17. As we boarded a double-deck ship for a cruise



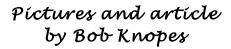
on Chesapeake Bay, clouds we had watched warily during our drive to Annapolis dissipated, and we left dock in glorious fall weather. Last to board was Sharon Mulholland. She was cheered on as she ran along the dock, reaching the ship just as the gangplank was being raised.

The day was perfect and the sea calm as we sailed past the U.S. Naval Academy and out into the Bay. The crew of the first schooner we encountered was pulling on lines to raise a sail, readying for the start of the race.

Before long, we were surrounded by fully rigged sailing ships, large and small, maneuvering to get into position to be first across the starting line. The race was in two parts: a batch of smaller schooners started first, followed by the bigger, square-rigged ships. The most impressive of these was the Pride of Baltimore, with more sails than I could count. As it neared us, sailors were still high above the deck, working on the rigging.

A bar served drinks, but no food was available on board. PVS sailors brought their own lunches but most were too engrossed in the spectacle to eat.

Thanks to Barbara Leonhardt for organizing this wonderful outing and to Fred, who took credit for the perfect weather.





Lunch Extraordinaire at Culinaire

October 29, 2013



John Smith, Fred and Ruth Healey.

Twenty-seven PVSers and friends lunched at the Art Institute's Culinaire Restaurant in Rosslyn on a beautiful fall day. The weather, the surroundings, and the food far surpassed the terrible traffic on the beltway. Nonetheless, everyone arrived in good time, forgot about the traffic, enjoyed their meals, partook of the lively conversation, and admired the hanging origami bird mobile.

Our choices for a first course were acorn squash chipotle soup or autumnal salad. For an entrée, it was difficult to decide among the seared duck breast, spicy fish, and giant buffalo burger. Despite the difficulty, everyone eventually made a choice and there seemed to be no complaints. The meal ended with either coconut cream pie or gingerbread with maple bacon ice cream. The student cooks and servers performed masterfully. And, as always, the PVSers enjoyed themselves.

Happy eaters. Note window for viewing progress in the kitchen.





Ellie Thayer and son, Michael Roll, who is director of the culinary school.

Article and photos by Ellie Thayer

In Memory of Jack Peoples



Jack Peoples passed away on October 3, 2013 at the Alice Byrd Tawes Nursing Home in Crisfield, Maryland. Jack was 86.

Jack Peoples was born and grew up near Paterson, N.J. He graduated from Bucknell University in 1950 and joined Wyeth Laboratories where he worked in sales management for 36 years until his retirement in 1987. Jack worked in Uniontown in western Pennsylvania from 1957 to 1967.

Jack and Delores Peoples raised seven children, and the family learned to ski at Seven Springs, which was forty-five minutes from Uniontown. Jack was very proud of his children. Four became expert skiers. Son Barry was on the University of Colorado ski team and daughter Patty was on the U.S. Olympic Bicycle Team. All but one daughter, who did not wish to attend, finished college.

Wyeth Laboratories transferred Jack to the Washington area in 1967, and he purchased a home in Gaithersburg, MD. Jack was very active in the Gaithersburg Lions Club. He served as President and helped raise thousands of dollars for their eye program.

Jack joined PVS in March of 1984 and was a member until 2007 when Alzheimer's Disease caused him to leave the club. Jack's son, Barry, moved him to an apartment in Kensington, a short distance from his house, in order to look after him. Jack's Alzheimer's progressed and Jack was not eating properly. As a result, five and a half years ago Jack's daughter, Sharon, moved Jack to her and her husband's home in Westover, MD. Jack took a very hard fall one and a half years ago, leaving him a paraplegic, and he finished the last year and a half of his life in the Alice Byrd Tawes Nursing Home in Crisfield.

Jack served on ExCom in 1991 and 1992. He is best known in PVS for his ski trip leadership. His seven trips in early January to Mt. Sutton, with nearly one third of the club membership participating, will always be remembered. Lodging was slope side in the thirty-room La Paimpolaise. Club members lived together, skied together, ate their meals at La Paimpolaise, and provided their own evening entertainment. The close camaraderie created friendships that have lasted a lifetime. These unique trips were described in a half page article in the Monday, February 5, 1990, Washington Post written by Lu Beale. Outgrowth from the Sutton trips led Barbara Leonhardt to start a similar trip to Snowmass staying at the Snowmass Mountain Chalet, a trip which Carolyn DeVilbiss and Louann Eadie are now running. In addition to the seven Sutton trips, Jack ran trips to Stowe, Waterville Valley, Sugarbush, Crested Butte, Mont Tremblant, Killington, and two trips to Banff in western Canada. He also led PVS to the BRSC Ski-O-Ree three-day outing at Blue Knob in January 1993.

One of his dear friends, Betty Lawrence, remembers Jack this way:

I remember Jack for his good humor, love of life, dedication to his children, and a willingness to always help others. I especially remember one of Jack's Sutton trips where there was a blizzard that prevented the train from leaving. We then had a harrowing bus trip back at midnight through Manhattan. Jack made it happen! Jack, I hope that you will always look down on us as your true friends.

A memorial service will be held Saturday, November 2, at 2PM at Bradshaw & Sons Funeral Home in Crisfield, MD. The Rev. Robert Daniels will officiate. In lieu of flower donations, memory donations may be sent to Coastal Hospice, P.O. Box 1733, Salisbury, MD 21802-1733.

by Charles Huggins



November 2013

Now that we are getting close to ski season, it is time to pull out the instruction books and begin to think about technique. To help you get in the mindset of skiing, I am reprinting ski tips Cara Jablon included in her President's message last year. I am also recommending that you take a ski lesson this year. I try to take a lesson each year.

CARA'S SKI TIPS

KEY GENERAL POINTS TO KEEP IN MIND WHILE SKIING:

- <u>1</u>. Proper angulation is critical the hips should be angulated into the hill, while the upper body looks down the fall line. The upper body should not follow the skis, i.e., if the skis are positioned across the fall line, the upper body should be facing down the fall line.
- 2. The weight must stay balanced and forward (sitting back in the bumps is a big problem). The proper body position is "moving the hips over the balls of the feet." Make sure that you do not crouch, or bend over at the waist.
- 3. As you turn, release your body laterally down the hill (this is a movement of the body up over the skis and down the fall line it eliminates the need to shift weight to the new downhill ski). On the bumps, it almost feels like you are throwing your body down the hill.
- 4. Make sure that you are moving from edge to flat to edge. Complete the turn on flat skis before reedging.
- 5. Keep your poles forward
- 6. As you turn, apply pressure to the tops of both boots if you can't pressure the ski that is advanced, move it back somewhat. A carved turn requires considerable and constant pressuring of the tops of the boots.
- 7. For hard snow (i.e., ice), use very gentle movements in edging and applying pressure, and use less edge; in other words, apply the brakes slowly.

ADDITIONAL TECHNIQUES FOR BUMPS:

- 1. As you mount the bump, your lower legs should flex (go down) to absorb the bump. This movement downward should start before the pole plant (you are reaching downhill with the pole plant). Stay in the down position until you reach the fall line, and then come up and extend your legs. Move smoothly from one turn to the next.
- 2. Make sure the skis are pivoting together (this also applies to a turn on a groomed slope).
- 3. Keep your skis closer together in the bumps.
- 4. There is less edging in the bumps; the skis should be flat as you make the turn. There appears to be a variance of opinion as to how much edging is required at the end of the turn in the bumps; the terrain may determine the amount of edging that is needed.
- 5. Keep your chin up and try to look ahead to as many bumps as possible.
- 6. In icy conditions (the ice is usually in the valleys between the bumps) ski from the side of one mogul to the side of another to avoid the ice.
- 7. As you make a turn, make sure that you switch the forward ski (i.e., when you are pointing your skis to the right, the right ski is slightly advanced; when you are pointing your skis to the left, the left ski is slightly advanced).
- 8. If you encounter monster, irregular bumps where you can only ski the valleys, use a different technique start in an "up" position, go "down" as you complete the turn, and then come "up" as you start the next turn.

--Rosemary Schwartzbard, rosemaryschw@gmail.com

Snowmass 2014 Wednesday to Wednesday, January 15-22, 2014

We're going back to Snowmass!! Join us for a return trip to this "Old Faithful" ski resort. Once again, we will be staying at our beloved Snowmass Mountain Chalet. Reserve your space now for this PVS favorite!

- Snowmass offers direct access to 3,100 acres of slope-side skiing just outside the door.
- The skiing terrain totals more than 5,000 acres with interchangeable lift tickets and free bus service to Aspen Highlands, Ajax

Mountain, and Buttermilk ski areas.

 Slope-side lodging at Snowmass Mountain Chalet includes a daily family-style breakfast and daily soup lunch, greatly appreciated by trip participants and other guests, many of whom return year after year. This small hotel, with its welcoming staff, is unique for its convenience and friendly ambiance.



• The trip will include airfare (or land only), van to and from airport, hotel gratuities, ski passes (at a great rate), pre-trip party, hotel apres ski parties, and group dinner to celebrate our trip!

Trip costs:

Full Snowmass trip package \$1,965
"Land only" \$1,432

Single Supplement +\$711 (greatly reduced this year)



PVS has reserved 21 rooms. Those interested can now register by sending \$300 to Carolyn DeVilbiss at 4508 Peacock Avenue, Alexandria, VA 22304 (note "PVS-Snowmass 2014" on the memo line)



Need a female to share a room.

Hurry, only a few rooms left.

Call immediately to secure the room/airfare.

For more information contact trip leaders: Carolyn DeVilbiss at 703-370-4865 h, 703-509-0189 c OR Louann Eadie at 703-860-0936 c, louann50@mac.com.

PVS/BLUE RIDGE SKI COUNCIL TRIP TO VAIL, COLORADO - FEB 1 - 8, 2014

Booking deadline is 10 November!

We will be staying at the ski-in/ski-out luxurious Cascade Resort and Spa, a AAA Four-Diamond ski resort in Vail, CO. In addition to an award-winning spa and health club, fine dining, ski-in/ski-out accommodations, outdoor pool, three outdoor hot tubs, and in-house ski rental and storage, shuttle service to Lionshead and Vail Village is available.



PACKAGE PRICE PER PERSON:

\$ 1,943.00 [from Reagan National Airport or from Dulles] per person Add \$ 788.00 for single supplement

Deduct \$ 445.00 for package without airline ticket

PACKAGE INCLUDES:

- Roundtrip airfare Washington, DC to Denver on United Airlines including applicable tax as of 4/3/13
- Roundtrip group transfers with complimentary bottled water, Denver Airport to the Vail Cascade Resort & Spa with 45 minute grocery/liquor stop en route
- Seven nights lodging at the Vail Cascade Resort & Spa in rooms with one king or two queen beds
- Complimentary access to the top-rated Vail Cascade Resort Spa
- Five of Seven Day Adult Group Lift Tickets valid at Vail, Beaver Creek, Breckenridge, Keystone and Arapahoe Basin (Transportation to alternate resorts is available at an additional fee)
- Complimentary Mountain Tour on Sunday
- Wine & Cheese Welcome Reception at Charter Sports on arrival day
- Ten percent discount on ski/snowboard lessons

BLUE RIDGE SKI COUNCIL ACTIVITIES

- Sunday Night Welcome Reception, Sunday, February 2nd 7:00pm –
 9:00pm
- Mid-Week Après-Ski Party, Tuesday, February 4th 4:00pm –
 6:00pm
- Farewell Dinner Dance, Thursday, February 6th 7:00pm 11:00pm
- BRSC RACE, Tuesday, February 4th, 10am-1pm. Black Forest Race Arena

LIFT TICKETS: Five of Seven Day Adult Lift Tickets Included

Add \$ 35.00 with final payment to upgrade to six of eight day lift ticket

Deduct \$ 325.00 for the package without lift tickets

Deduct \$ 20.00 for the five of seven day senior ticket (seniors 65+)

Deduct \$ 10.00 for the six of eight day senior ticket (seniors 65+)

ALSO: Season EPIC ski pass available at \$529! [ask for it]

http://www.snow.com/epic-pass/passes.aspx

Please make check out to Inge Lesjak and mail to: Inge Lesjak, 8123 Kingsview Court, Springfield, VA 22152

TRAVEL INSURANCE LINK:

http://www.travelsafe.com/travelinsurance/?ref=SPONJ01

CANCELLATION POLICY:

December 1, 2013 – Full forfeiture. All cancellations must be submitted in writing.

FOR INFORMATION/RESERVATION contact Inge Lesjak, Trip Leader, ingelesjak@aol.com

Alyeska, Alaska with PVS February 25 to March 4, 2014

Alyeska, Alaska http://www.alyeskaresort.com/ is Alaska's premier ski area, located just 40 miles from Anchorage International Airport. Mt. Alyeska's base elevation is 250 feet and the total vertical rise is 3,200 feet. The summit is accessed by the Aerial Tram and provides a panorama of the Chugach Mountains, with water views in one direction and glaciers in the other. Alyeska offers a mountain experience for all levels of skiers and riders, with 1,500 skiable acres, 113 acres of snowmaking, and average annual snowfall of 650 inches. Ski terrain composition is 11% Beginner, 52% Intermediate, and 37% Expert/Advanced.



Accommodations
are double
occupancy deluxe
rooms in the Hotel
Alyeska with ski-



in/out access. The hotel offers complimentary guest use of the saltwater pool, whirlpool, traditional sauna, and fitness room. The Spa offers an extensive variety of specialty and custom treatments.

Numerous activities are available through the Hotel concierge: Heli & Cat skiing; excursions to Portage Glacier (weekends only), Whittier & Prince William Sound, Anchorage, the Alaska Wildlife Conservation

Center, Turnagain Arm; and arranging dogsledding, flightseeing, cross-country skiing, snowshoeing. Possible Northern Lights (Aurora Borealis) viewing with cooperative sun flares.

A day excursion to Anchorage for the opening ceremony of Alaska's premier sporting event, the Iditarod Musher (Dog Sled) Race, is included. Highlights of the day are: the ceremonial start of the Iditarod, Dutch-treat lunch at the Glacier Brew House, tour of the Alaska Native Heritage Center, and the crazy "Running of the Reindeer."

Cost is \$1,550 per person for deluxe accommodations, round-trip air from Washington, bus transfers to and from Alyeska, Anchorage excursion, and pre-trip party. Flights to and from Anchorage are with United from BWI. Single supplement is \$645.



Options are available for daily breakfast buffet, room upgrades, and trip insurance. Lift tickets are not included; costs for 70+ = \$10.00/day; 60-69 = \$45/day or \$180 for 5-of-6 day; adult = \$60/day or \$240 for 5-of-6 day.

We currently have 19 participants. We have a woman who is looking for a roommate. If interested, call or e-mail us as soon as possible.

Trip Leaders: Kerry and Marianne Hines, mchines@erols.com, klhines@erols.com or 540-364-4810.

CORTINA D'AMPEZZO - 2014

PVS & BRSC (Blue Ridge Ski Council), March 7- March 15 ++++

PRICE - Approximately \$2,590 (Single Supplement - Approximately \$3,172)



Cortina is located in the Dolomites, the range that is included on the UNESCO World Heritage List for its extraordinary beauty and unique landscape. This World Heritage Site is widely regarded as being among the most attractive mountain landscapes in the world, one that you should not miss.

Cortina d'Ampezzo is a paradise for snow enthusiasts ranging from its early Olympic participation to its annual World Cup ski events. A location unrivalled by any other in the Alps; it offers a wide variety of slopes of every level of difficulty, with something to please everyone. Cortina is part of the Dolomiti Superski area, the world's largest skiing carousel that links 12 top ski resorts: one pass gives you access to 450 lifts and 1,220 kilometers of trails.

In addition to the beauty of the area and the vastness of its snow sports paradise, Cortina offers a taste of the good life with good food, great wine and the luxury of slowness and enjoyment. Soak up the international atmosphere on Corso Italia, the famous pedestrian street with classy shops, refined restaurants, art, culture, and tradition of Italy.

Included:

- -Air between Washington (IAD or BWI) and Venice via Delta Airlines via JFK, and round-trip transfers between Venice and Cortina
- -7 nights accommodations at a 4*+ Ancora hotel in downtown Cortina
- -Full breakfast buffet and six 3-course dinners (Ancora is known for its great food)
- -3 BRSC Parties: <u>Welcome</u> at the Olympic Ice Stadium; <u>Après Ski</u> at Tofana Ski Area by Cable Car; and Farewell Dinner Dance at OUR Ancora hotel with 4-course dinner, drinks, and dancing
- -Après Ski wine and cheese with the trip leaders on days between the BRSC parties
- -Regular trip insurance option for trip cancellation insurance
- -Fee-Based Sightseeing and Shopping Tours: Conegliano (+wine tasting), Bolzano, Innsbruck, Salzburg more details are being developed I have the individual prices email me

Other Considerations:

Optional post-trip extension to Tuscany staying 4 nights in Florence at the 4* Hotel Athenaeum, daily breakfast, tour of Florence, Delta return flight from Florence - \$550.00

Optional 2 nights stay in a 4* hotel in **Venice** – TBD – email me

Want more information, send email with <u>Cortina</u> in the subject and I'll send you updated information, without obligation to signing-up: Dick Comerford, <u>dick.comerford@verizon.net</u>, 571-426-3098, 703-777-9374



Biennial Dues Period, July 1, 2013 – June 30, 2015:

The 120-day grace period, allowed by PVS By-laws for remitting PVS dues, is over. Those who did not submit their remittance have unfortunately been removed from the PVS membership.

GETTING TO KNOW NEW MEMBERS:

Christine Genner:

I do prefer to ski at lower altitudes, like Sun Valley, and have done so for at least the last 10 years. I consider myself a high intermediate skier and have no need to be a daredevil any more, which means I am no longer to be talked into a race.

I also like to play tennis, but there is just too much to do and too little time for it all. I am sure we will have gatherings, and I will do my best to attend and meet my new club members.

George Birnbaum:

When I lived in Vienna, I skied in various ski areas in Austria and in Switzerland, such as Semmering, Kitzbuehel, St. Anton and Davos.

In 1952, I immigrated to New York and, after receiving a PhD in chemistry, I skied mostly in the East (Killington, Big Bromley, Sugarbush, and Stowe).

In 1964, I moved to Ottawa, Canada, and I skied in the East (Mont Tremblant) and in the West (Lake Louise, Whistler).

In 1994, we moved to Maryland and joined the Over The Hill Gang, which later became the Capital Golden Skiers club. Since then, we skied in Colorado, Utah, Idaho and California. Also, for the past 35 years, I have skied every year in Aspen with family and friends.

My wife, Celia, and I enjoy going to concerts, playing bridge, and traveling. Our most recent trip, in July of this year, was to Iceland.

Richard D. Parlow:

I have been a skier most of my life – started at age 7 back in Wisconsin with wooden skis and leather straps over my rubber snow boots. My, have times changed with all the new equipment and the many passing years – still like to ski and had six trips out west during the 2012-2013 season. Hopefully I will match this in the coming season and meet new friends within PVS.

My current residence is in Bowie, MD, where I have lived for many years, and was the launching point for much travel and many foreign adventures to all parts of the world, including ski areas. Other than skiing and travel to Hawaii, where one of my children lives, I am planning trips to Cuba, Italy, Miramar and Laos – a strange combination, but I still have the adventurous spirit.

Family wise, I have three children and five grandkids, four of the latter live in Richmond, VA, and one lives on the north shore of Oahu, HI. The Richmond group love to ski, and we will meet in WV for a week of skiing over the Xmas holidays – hope there is snow. My wife was a skier prior to her passing in 2008.

Career-wise, my first retirement was in 1998 from the National Telecommunications Administration, where I ran the federal government's spectrum management program. This was a very interesting career and involved all departments of the government, the White House and many foreign governments. I then worked for a mobile satellite company, had my own consulting business, and am currently on two private sector Boards dealing with satellite services and international regulatory matters.

I look forward to attending many PVS activities, which look both interesting and diverse.

Donald Vierimaa:

Don has been president of the Capital Golden Skiers from 2005 to present. He was raised in Minneapolis and worked in the aerospace, railroad, and trucking industries in engineering. He has one son and two grandchildren who live in Springfield, VA. He has been a widower since 2000.

Don's pastimes are: skiing, hiking, biking, boating, dancing, concerts, travel, science, and family. Don's favorite ski resort is Snowmass, and he is addicted to First Tracks there. His favorite state is Washington, and favorite country is New Zealand. He has a farm and lake cottage in Minnesota. He has visited every continent except Australia.

His favorite words of wisdom he has heard are:

- 1) From every good deed, something bad results; and from every bad deed, something good results.
- 2) Don't worry, nothing is going to turn out all right anyhow.
- 3) If money will solve a problem, it is not a problem.

Roster Changes: (dwarthen@verizon.net)

-Distributed in quarterly updated PVS Roster, 11/1/13.

TOOT Distribution to 178 Members:

-pdf: 149; Text (Att.): 1; USPS: 8

Thanks to:

- -TOOT Content/Proof Editor E. **Thayer**
- -TOOT Layout Editor J. Marx
- -TOOT USPS Volunteers

-D. Warthen - Electronic TOOT



THE KNEE

by Ray McKinley RaysKnee@gmail.com

My God! It's November, ski season is upon us, and the Knee is simply not ready. It's too early to think about skiing. Einstein was correct, time is relative, the older one gets, the faster it moves. I'm finally prepared for summer!

Lots of us had a great time on the <u>Barbara Leonhardt</u>-organized trip onto the Chesapeake Bay to see the start of the Tall Ships race. <u>Bill and Bonnie Sweeney</u> saw the other end of the race. They took a break from their boat trip around the Eastern US in Portsmouth, VA and watched two of the tall ships come in. Kneat!

According to Marvin Hass, skiing's venerable Warren Miller is about to turn 90 so he's a perfect candidate for PVS. Warren sold his company after completing his 55th ski movie in 2004. Miller noted that he considered himself lucky that the skiing industry was on "an expansion curve" when he took up the sport. He said that, although the boom in popularity was typically attributed to three advances — the motorized ski lift, Head skis ("because they turned a lot easier") and plastic ski boots, — he has his own theory. "I always thought it was when Maria Bogner invented stretch pants and put romance into skiing," adding that the style is due for a comeback. "There are a lot of good photographs around of stretch pants," noted Miller. Right on--and left on!

PLEASE send your Knee tidbits to my email address above. I'm nothing without you!

This looks like a great ski season. Favorable early-season conditions paid off for Arapahoe Basin and Loveland ski areas. Both were able to open in mid-October and have since been able to open new terrain much sooner than in previous years. A-Basin said they are opening new runs about two to three weeks earlier than normal. It's the third year in a row it's the first Colorado resort to open. (In 2009, Loveland opened on Oct. 7.) At Lake Tahoe, Califorkneea (although he really lives in Rkneeo, Kneevada) Bill Hager reports that many resorts are now open.

Kneepuns are clearly not natural and the

kneepun gene is recessive. Indeed, kneepuns are Japaknees. However, that's another story. I started this column as a kneeophyte, and it continues even today in my kneeoclassical style.

Most local ski areas outside the beltway have had nighttime temperatures in the 20s, ideal for snow making. We've had lots of snow in the NE and out west. Oodles (that's a technical term that means more than 4.512) of ski areas are now open. Nearby Charnita (aka Liberty Mountain (sic)) is known as Z Basin. Z Basin still expects to open not later than February 15.

A new "Vacation Spot:" Polli and John Brunelli are apparently the second PVSers to visit Cuba since the rules for Americans to visit have changed. Charles and Genee Boykin had gone there earlier. New member Marianne Jacobs cruised on the Danube. It's water skiing, she said. And Dick and Rosemary Schwartzbard are back from Croatia

Luck isn't following Bob and Cara Jablon. Bob is recovering from his leg surgery and will soon be rarin' to go. At the same time, Cara slipped and now has a fractured rib. That's OK, Cara, it only hurts when you laugh—or cough, or breathe. Ouch! Veep John Holt is fine after falling off a ladder before the last PVS meeting. The ladder is fine too.

New member <u>Frank Adamthwaite</u> will soon be heading out to Summit County, CO where he spends two months each winter. <u>Frank</u> thinks Vail is great but just too expensive; but not <u>Don Vierimaa</u>. He's soon off to Copper Mountain and Vail to ski with his extended Colorado family.

Instead of calling their bathroom John, Indianapolis's <u>Bonnie Sweeney</u> calls hers Jim. She says it sounds much better to say I got up in the morning and went to the Jim!

Great Thanksgiving Adventures: <u>Jack Chapman and Ellie Thayer</u> will spend their holiday by going to Iceland to see the aurora borealis. They spent last Thanksgiving taking a long weekend in Amsterdam; and the one before in Brussels. That's a kneet idea. Perhaps next Thanksgiving they should try a visit to Turkey.

The next time you visit <u>Marianne and Kerry Hines'</u> Delaplane home, you will see two rock pillars and a metal gate. It's to keep out visitors from the winery next door.

Many of our ski trips are set up by the BRSC. Brrrr. If you didn't know, BRSC stands for Cold in South Carolina.

2013 PVS Calendar:

Nov	02	Sat	A Trip to Historic Fredericksburg, 10:00 AM, FitzGerald, Fredericksburg, VA
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Nov 19 Tue PVS Monthly Meeting, 7:30 PM, Ski Center, Washington, DC Dec 12 Thu November/December ExCom, 7:30 PM, Conference Call.

Dec 17 Tue PVS Monthly Meeting/Holiday Party, 7:30 PM, Location TBA.

2014

Jan 05 Sun Snowmass Pre-trip Party, 3:00-5:00 PM, Eadie, Reston, VA.

Ski Trips:



January 15-22, 2014: PVS Snowmass, CO (Carolyn DeVilbiss & Louann Eadie)

February 1-8, 2014: PVS/CGS/BRSC Vail, CO (Inge Lesjak)

February 25-March 4, 2014: PVS Alyeska, AK (Marianne & Kerry Hines) March 7-15++++, 2014: PVS/BRSC to Cortina, Italy (Dick Comerford)

Useful Ski "Links"

Potomac Valley Skiers......potomacvalleyskiers.org

BRSC Sanctioned Trips.....skicouncil.com/tripsbydate.htm

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